

# Summer 2024 Program Guide



# OGDEN PARKS AND RECREATION

Summer 2024

May - August



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Ogden Parks and Recreation

269 Ogden Center Road

Spencerport, NY 14559

(585) 617-6174

[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)

# Message from the Director

Andrea Hansen, CPRP

Dear Residents,

Mother Nature treated us to an array of weather patterns this past season – wind, rain, snow, sun! Inspired by the whims of the weather, we’ve crafted a summer experience that offers a little bit of everything. From enrichment and sport/fitness to art and themed activities for all age groups, our summer guide is packed with options to suit every preference. Whether you enjoy quiet activities, active games, morning programs, or afternoon sessions, there’s something for everyone.

Summer events provide an excellent opportunity to embrace the outdoors, mingle with neighbors, and revel in community spirit. We’re kicking off the summer with our Start Your Engines event in May, where numerous trucks and modes of transportation will be on display for you to explore. Additionally, after a multi-year hiatus, the Bike Rodeo returns in July, offering a safe environment to practice bike skills in collaboration with the Kiwanis Club of Spencerport and the Ogden Police Department. Don’t forget to bring your bike, trike, or scooter (and helmet!) for a fun obstacle course and safety check. And mark your calendars for our annual Outdoor Movie Night in August, where you can enjoy dinner from food trucks and watch a family-friendly movie under the stars.

Have you visited the Senior Center recently? Summer is the perfect time to explore our programming while enjoying a nutritious lunch! Each month is filled with themed programs, enrichment activities, arts and crafts, fitness classes, and more. While we’ve highlighted a few activities in this guide, be sure to check out the monthly calendar for a day-to-day outline of the fun they offer.

Finally, we’re thrilled to announce that our Pineway Ponds Splash Pad, one of the first in Monroe County, is receiving an update! After careful planning and research, funded largely by ARPA monies and a NYS DASNY grant, we anticipate an opening in Spring 2025. Stay tuned for further updates as this exciting project progresses.

Wishing you all a safe, fun, and memory-filled summer!



**OUR PLAYGROUNDS ARE OPEN!**  
**PLEASE NOTE: PLAYGROUNDS AT LRS AND THE COMMUNITY CENTER MAY BE CLOSED AT ANY TIME FOR OPR PROGRAMMING. FACILITIES ARE USE AT YOUR OWN RISK.**

## WHAT'S NEW?

**This edition of the OPR Program Guide has some new and exciting programs to offer to our amazing community! Thinking about trying out a new program? Be sure to look for the “New Program” symbol to see what has been added to the program calendar this season!**



# How to Register for Programs

[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)

1. Visit [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)
2. Log into your account or create a new one.
3. Please opt-in to emails in order to receive updates and urgent information regarding the programs for which you registered
4. Click on the “Programs” icon
5. Find a program you like and review the requirements (ages, grades, dates) to confirm eligibility.
6. Click on “Register” and proceed to enter your payment information.  
Pay online using credit card (fee applies), mail or bring in cash or check.
7. Registration is not confirmed until payment is made. All pricing listed is the cash/check price. A convenience fee applies when paying by debit/credit.

**Mistakes happen! Registration information online at [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com) will reflect any up-to-date schedules and fees.**

## Mission Statement

The Town of Ogden Parks and Recreation Department is committed to providing diverse, quality, year-round leisure opportunities through the preservation of open space and establishment of park lands, recreational facilities, and programs for the residents of Ogden. These services are designed to promote the physical, mental, cultural, and social needs of our residents and visitors, while enhancing the overall quality of life in our community.



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# General Information

## Our Team

### Ogden Town Board

Mike Zale - Supervisor  
 Sal Gerbino - Department Liaison  
 Aaron Baker  
 Josh Hinman  
 Steve Toms

### OPR Administration

Andrea Hansen - Parks and Recreation Director  
 Kelly Bartell - Assistant Recreation Director  
 Jesse Marano - Recreation Supervisor  
 Jonathan Preston - Recreation Assistant  
 Ashley Goater - Administrative Assistant  
 Kyle Derry - Digital Marketing Specialist

### OPR Preschool

Dina Priester  
 Amanda Pustay

### Parks, Building, and Grounds

Anthony Mattia - Maintenance Supervisor  
 Deegan Bragg  
 Paul Morabito  
 Patrick Quinlan

### Ogden Senior Center

Valerie Collins  
 Richard Cotton  
 Nicole Fogg  
 Marta Fortuber

Our team is composed of an assembly of part-time and seasonal staff, as well as contractors, volunteers, and civic and business partners, whom are all critical in our Department Operations.

Dear Neighbor,

Spring has arrived, bringing with it the beauty and the vibrance that we all cherish here in the Town of Ogden. As nature comes to life with birds and blossoms, we look forward to warmer days and all the recreational opportunities our community has to offer during this time of year.

If your kids are anything like mine, I'm sure they are ready to go outdoors and play. Fortunately, our dedicated team in the Ogden Parks and Recreation Department has scheduled an extensive list of exciting programs for kids, families and residents of all ages.

From youth and preschool summer camps to diverse sports clinics, flag football league and pickleball leagues, and specialized training like babysitting sessions, our dedicated team ensures a summer filled with exciting options for all to enjoy. These programs, along with popular events like P&R's family Outdoor Movie Night and their 5k at Pineway Ponds Park, guarantee there will be no shortage of fun activities in Ogden this summer. Even if you aren't interested in a formal program, I encourage you to explore one of our local parks, such as Northampton or Heritage, or to go for a walk along the canal in the village.

I would like to wish you a safe and full-filled spring and summer. Read on to learn more about our parks and recreation programs and mark your calendars for the awesome events coming up during the next several months!

Sincerely,

Mike Zale  
 Ogden Town Supervisor



# General Information



# Hours of Operation

(Subject to Change)

*Administrative Office*  
Monday - Friday  
8am - 4pm

**\*Seasonal hours may be in effect**

Questions? We're happy to help! Please visit [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com) for more detailed program and event information, email us at [recreation@ogdenny.com](mailto:recreation@ogdenny.com) or call (585) 617-6174.

**HOLIDAY CLOSINGS**

**MEMORIAL DAY - MAY 27**

**INDEPENDENCE DAY - JULY 4**

**LABOR DAY - SEPTEMBER 2**

Additional Closings to be announced\*

## Online Registration

[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)  
[ogdenny.myrec.com/info/activities](http://ogdenny.myrec.com/info/activities)

## Social Media

[Facebook.com/ogdenparksandrec](https://Facebook.com/ogdenparksandrec)  
[Instagram.com/ogdenparksandrec](https://Instagram.com/ogdenparksandrec)



For more department information, please visit [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)



# Family and Community Events



**Start Your Engines!**  
SATURDAY  
MAY 4TH

**PINEWAY PONDS PARK**

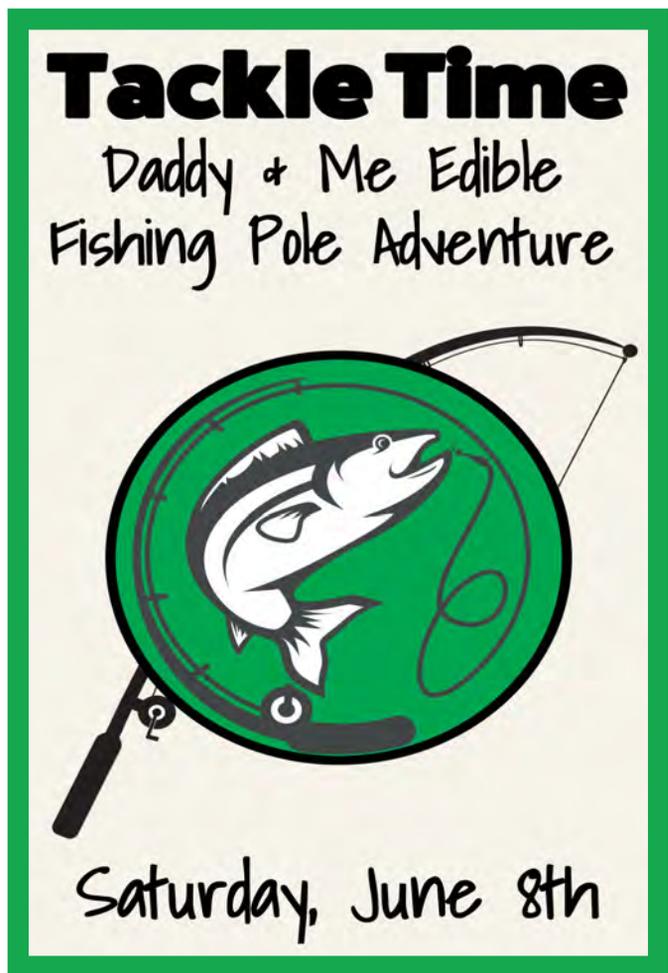



HAPPY  
*Mother's Day*

**Blooms & Bites**  
Mother's Day  
Edible Flower Pot

**Thursday, MAY 2**

[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)



**Tackle Time**  
Daddy & Me Edible  
Fishing Pole Adventure



**Saturday, June 8th**

# Family and Community Events

## WILD WHEELS BIKE RODEO

In honor of Dick Smith

**Wednesday, July 17th**





## OUTDOOR MOVIE NIGHT



**THURSDAY, AUGUST 15TH**





## 10 Year Anniversary

Saturday, September 28  
8:30am Start Time

This community event is a great opportunity to try your first 5k or attempt your personal best. Run or walk with family and friends as the route takes participants over 2 bridges, ending with a celebration at Pineway Ponds Park. This is the 10th year for this event and it's sure to bring a "ten" of fun and surprises!

**Sponsors**  
Sponsors of all levels are needed for this event. Please email [ahansen@ogdenny.com](mailto:ahansen@ogdenny.com) to see how your business can support this community event!

**REGISTER ONLINE AT [RUNSIGNUP.COM](https://runsignup.com) STARTING IN MAY**



# 2024-2025 PRESCHOOL PROGRAM

Registration is now taking place for our 2024 - 2025 Preschool Program. Limited openings remain. For more information please view details on [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com).



## PRESCHOOL SUMMER CAMP

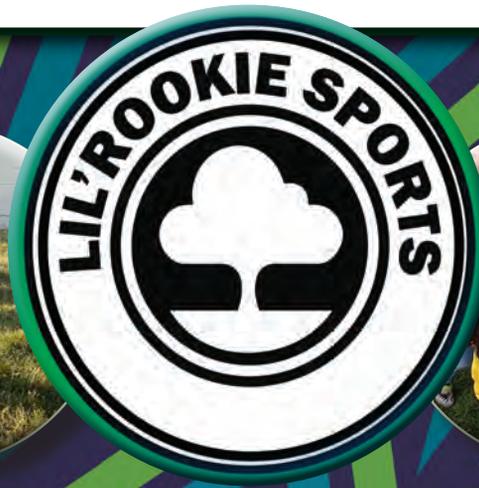
Join us for a summer of fun and friendships with other preschool friends! We will enjoy a variety of themed days full of crafts, songs, outdoor play, and so much more! We look forward to seeing you this summer!

**Ages: 3 - 4 ½ years**  
(Must be 3 before June 1, 2024)  
**Day: Tuesdays and Thursdays**  
**Date: July 16 - August 1**

**Ages: 4 ½ - 5 years**  
(entering kindergarten in Fall 2024)  
**Day: Mondays and Wednesdays**  
**Date: July 15 - 31**

**Time: 9:30 - 11:30am**  
**Cost: \$96 R/\$106 NR**  
**\*price will increase \$10 R/NR two weeks prior to program start date.**

**Location: Ogden Community Center**  
**Note: This is a drop-off program.** Children must have independent bathroom skills. Program will be held indoors/outdoors. Bring a water bottle and wear active clothing and sneakers. Classes not meeting the minimum number may be combined or canceled.



**These introductory programs are designed to teach youth the basics of the sport along with the motor skills necessary to play. Each week, our coaches will teach children the specified sport through fun activities, parental involvement and age appropriate equipment. This program focuses on the fun of the game without the threat of competition or fear of failure.**

**Ages: 3 - 5 years with a participating adult**  
**Important, 5-year-olds: this is an introductory skill program. If you have some experience in the sport and are entering Kindergarten, we recommend registering for our sports leagues.**

**Day: Tuesdays**  
**Time: 5:45 - 6:30pm**  
**Cost: \$32 R/\$37 NR per child**  
**Lil' Rookie Golf Cost: \$40 R/\$45 NR per child**  
**Location: Ogden Community Center**

**Note: Each participant will receive a t-shirt. Please one actively participating adult per lil' rookie. In Kindergarten? Register for sports leagues and clinics! Age 5 may be eligible to participate, contact OPR for more information. Programs may take place outdoors (weather permitting). Spectators are welcome to the last class of each session.**

**Lil' Rookie Lacrosse**  
*May 14 - May 28*

**Lil' Rookie Baseball**  
*June 4 - 18*

**Lil' Rookie Golf**  
*July 9 - 23*

# Preschool Programs

## My Buddy & Me Yoga

Jodi Baker

My Buddy & Me Yoga is a great way for parents/guardians (or another preferred adult) to bond with their little ones. Classes will be interactive and include music, books, dancing, and singing to engage kids. They will learn poses and breathing techniques that will help calm their bodies. Yoga practice helps to develop self-esteem and life skills, which enable children to cope with a variety of situations.

**Ages:** 4 - 7 years with a participating adult

**Day:** Wednesdays

**Date:** July 10 - July 31

**Time:** 5:30 - 6:15pm

**Cost:** \$40 R/\$45 NR

**Location:** Ogden Community Center/Little Red Schoolhouse Programming Space

**Note:** program location will be announced prior to first class. Please one actively participating adult per child. Dress comfortably and bring a water bottle, yoga, exercise mat, or large towel and your imagination to class!

## Lil' Rookie Fall Sports Sampler

OPR Team

Our Lil' Rookie Fall Sports Sampler is an introductory program designed to teach the basics of the sport along with the motor skills necessary to play. Each day, our coaches will teach children the specified sport through fun activities, stations and age appropriate equipment. This program focuses on the fun of the game without the threat of competition or fear of failure. Featured sports: flag football, basketball and floor hockey!

**Ages:** 3 - 4 years

**Day:** Monday - Wednesday

**Date:** August 19 - 21

**Time:** 9:00 - 9:45am

**Cost:** \$32 R/\$37 NR per child

**Location:** Ogden Community Center

**Note:** This is a drop-off program. Children must have independent bathroom skills. Please wear sneakers, athletic clothing, and bring a water bottle. All other equipment will be provided.

## Lil' Dinos

OPR Team

Join our OPR Paleontologist team as we learn all about dinosaurs! Explore these amazing creatures through crafts, games, and activities. We're going to have a roaring good time!

**Ages:** 3 - 5 years

**Day:** Wednesdays

**Date:** May 15 - 29

**Time:** 6:00 - 7:00pm

**Cost:** \$36 R/\$41 NR

**Location:** Ogden Community Center

**Note:** This is a drop-off program. Children must have independent bathroom skills. Bring a water bottle and dress for play!

## Lil' Nature Explorers

OPR Team

Explore and adventure through Pineway Ponds Park. Lil' Nature Explorers will develop a deeper appreciation for the natural world, nurturing their curiosity, creativity, and sense of wonder as they explore and discover the beauty and diversity of nature through craft and games. Make sure to bring your hiking boots and a water bottle and be ready to go on a grand adventure!

**Ages:** 3 - 5 years

**Day:** Monday - Wednesday

**Date:** June 17 - 19

**Time:** 9:30 - 10:30am

**Cost:** \$36 R/\$41 NR

**Location:** Pineway Ponds Park - Owens Lodge

**Note:** This is a drop-off program. Children must have independent bathroom skills. Bring a water bottle and wear outdoor clothes/shoes to explore nature. Program will be held rain/shine.



# Preschool Programs

## Lil' Gardeners

OPR Team



Our “Lil’ Gardeners” will immerse children in the wonders of gardening and nature. Through engaging activities, interactive lessons, and hands-on experiences, our gardeners will cultivate a love for plants, animals, and the natural world while developing important life skills and environmental stewardship.

**Ages: 3 - 5 years**

**Day: Monday - Wednesday**

**Dates: June 24 - 26**

**Time: 1:00 - 2:00pm**

**Cost: \$36 R/\$41 NR**

**Location: Ogden Community Center**

**Note: This is a drop-off program. Children must have independent bathroom skills.**

**Bring a water bottle and wear outdoor clothes/shoes to explore nature. Program may take place outdoors.**

## Lil' Scientists

OPR Team

Lil’ Scientists is an engaging and interactive science program designed to ignite curiosity and foster a love for exploration in young children. Through hands-on experiments, fun activities, and age-appropriate demonstrations, children will embark on a journey of discovery, learning about the wonders of the world around them.

**Ages: 3 - 5 years**

**Day: Monday - Wednesday**

**Date: July 15 - 17**

**Time: 1:00 - 2:00pm**

**Cost: \$36 R/\$41 NR**

**Location: Ogden Community Center**

**Note: This is a drop-off program. Children must have independent bathroom skills.**

**Dress for a mess!**

## Lil' Olympians

OPR Team



“Lil’ Olympians” is an exciting and energetic program designed to introduce children to the world of sports, fitness, and physical activity in alignment with the Summer Olympics. Through fun games, skill-building activities, and age-appropriate exercises, preschoolers will develop fundamental motor skills, coordination, and teamwork while fostering a love for an active lifestyle. Go for the gold with us!

**Ages: 3 - 5 years**

**Day: Monday - Wednesday**

**Dates: July 8 - 10**

**Time: 9:30 - 10:30am**

**Cost: \$36 R/\$41 NR**

**Location: Ogden Community Center**

**Note: This is a drop-off program. Children must have independent bathroom skills.**

**Bring a water bottle and wear active clothes/shoes. Program may take place outdoors.**

## Lil' Superheroes

OPR Team

Train to become your favorite superhero! Unleash your inner superhero powers of strength, agility, balance, and speed. We will focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, lightsaber training, scooter flying, Spider-man tag, and so many more! Being a good superhero also means having compassion for society, a kind heart, and a willingness to do well and help others. This class encourages kids to be a superhero in everyday life!

**Ages: 3 - 5 years**

**Day: Monday - Wednesday**

**Date: August 5 - 7**

**Time: 1:00 - 2:00pm**

**Cost: \$36 R/\$41 NR**

**Location: Ogden Community Center**

**Note: This is a drop-off program. Children must have independent bathroom skills.**

**Bring a water bottle and dress for play! Program may take place outdoors.**



# Preschool Programs

## Let's Eat the Colors of the Rainbow - The Storybook Cook



Do you know that long before you take a bite of something, you decide whether you will eat it based on how it “looks”? Its true! This fun and delicious series will allow us to focus on different color fruits and other foods. We will also create a few things showcasing ALL the colors in a rainbow. Stories will accompany each class.

Ages: 4 - 8 years  
 Day: Mondays  
 Session 1- May 20  
 Session 2- June 17  
 Session 3- July 22  
 Session 4- August 19

Time: 6:00 - 7:00pm  
 Cost: \$23 R/\$28 NR per session  
 Location: Ogden Community Center  
 Note: Bring a water bottle and dress for a mess! This is a drop-off program. Please note any food allergies upon registering. Bring a large container with you to bring home your creations.

# Youth Programs

## Before & After School Program

Registration for our 2024 - 2025 Before/After School Program will begin in late Spring/early Summer. Please stay tuned to our website and social media platforms for more details! To receive email updates, create an account on our website [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com).

## Youth Summer Camp OPR Team

Join our Ogden Parks and Recreation team as we engage children with a wide range of activities, games, experiences and social interactions during summer vacation. Each week will feature a different theme. Each day includes indoor and outdoor play, activities and crafts. Youngsters will stay active in a safe setting, as our sites are certified with the Monroe County Health Department. Our team goes through extensive staff training including, leadership team meetings, safety guidelines, first aid, CPR and AED, games, activities and social emotional communication. Participants will receive a t-shirt. Campers must bring a water bottle, bag lunch and two snacks daily. Please read through our Youth Summer.Nature Explorers Camp Information Guide for additional information about camp prior to registering.

Ages: Entering Grades 1 - 6  
 (camps will be organized into grade appropriate groups)  
 Dates: 6 weekly sessions  
 Check our website for more details as they are released!  
 Registration will begin in May.



# Youth Programs

## Youth Nature Explorers Camp OPR Team

Let's discover nature with OPR this summer during our two week long Nature Explorers Camp. Adventure awaits! We will be enjoying the great outdoors through a number of exciting activities including nature trail exploration, guided discovery walks, nature themed activities, and very exciting trips to new and exotic places. We will have a number of nature related crafts and indoor activities in case of inclement weather. Participants will receive a t-shirt. Nature Explorers must bring a water bottle, bag lunch and two snacks daily. Space is limited so don't hesitate to register! Please read through our Youth Summer Nature Explorers Camp Information Guide for additional information about camp prior to registering.

**Ages: Entering Grades 1 - 6**  
 Nature Explorers may be split into two age appropriate groups;  
**Dates: 2 weekly sessions**  
 Check our website for more details as they are released! Registration will begin in May.



## Youth Sports Skills & Drills Clinics OPR Team

Join us at the Ogden Community Center for fun non-competitive sports clinics! Our program is designed for players to be introduced to the fundamentals of the sport and the skills necessary to play through skill development, drills and age appropriate equipment. We will focus on the fun of the game, sportsmanship and teamwork without the threat of competition or fear of failure.

**Tennis**  
 Date: May 21 - June 11  
 Cost: \$40 R/\$45 NR

**Golf**  
 Dates: July 9 - 30  
 Cost: \$48 R/\$53 NR  
 Ages: Grades K - 4  
 Day: Tuesdays  
 Time: 6:45 - 7:45pm  
 Location: Ogden Community Center  
 Note: Please wear sneakers, athletic clothing, and bring a water bottle. All other equipment will be provided. This is a drop-off program. Programs will take place outdoors (weather permitting).

## Yoga Camp for Kids Jodi Baker

Kids + Summer + yoga = a fun-filled summer yoga camp! Children come together in a welcoming environment to learn about themselves in the world around them through yoga, mindfulness activities and working with others in the class. Kids will be able to strengthen their bodies and minds through a combination of yoga poses and games, partner poses, group activities, craft projects that support mindfulness and relaxation time. Kids will learn the importance of community while playing games without competition.

**Ages: 7 - 12 years**  
 Day: Monday - Friday  
 Dates: August 12 - 16  
 Time: 9:30 - 11:30am  
 Cost: \$50 R/\$55 NR  
 Location: Pineway Ponds Park/Little Red Schoolhouse Programming Space  
 Note: Program location will be announced prior to first class. Please dress comfortably and bring a yoga or exercise mat, a light snack and water bottle to class.



# Youth Programs

## Sports Leagues Sampler OPR Team

Catch OPR coaches on the field to experience the wide world of sports! Our program is designed for players to be introduced to the key components of the sport along with the skills necessary to play. Participants will learn the specified sport through drills, game play, and age-appropriate equipment. Our coaches will focus on the fun of the game without the threat of competition or fear of failure. Featured sports: flag football, basketball, floor hockey, soccer and more! Join us this coming school year for OPR Sports Leagues!

**Ages:** Grades K - 6  
**Day:** Monday - Thursday  
**Date:** August 19 - August 22  
**Time:** 10:00am - 12:00pm  
**Cost:** \$60 R/\$65 NR  
**Location:** Ogden Community Center  
**Note:** Please wear sneakers, athletic clothing, and bring a water bottle. All other equipment will be provided. This is a drop-off program. Participants will be split into age appropriate groups for game play.

## Youth Flag Football League OPR Team/Volunteer Coaches

Meet your teammates on the gridiron at Pineway Ponds Park for a fun flag football league! Players will learn catching, throwing, defense and passing skills. Teams will play a multi-week season with all games and practices scheduled on Saturday mornings. OPR and volunteer coaches will coordinate the teams and games.

**Ages:** Pee Wee: Grades K - 1  
**Rookie:** Grades 2 - 3  
**Mighty Mite:** Grades 4 - 6  
**Day:** Saturdays  
**Dates:** September 14 - October 19  
**Time:** 1-hour morning times (times based on number of teams)  
 -All games and practices scheduled on Saturday mornings  
**Cost:** \$72 R/\$78 NR  
**Location:** Pineway Ponds Park  
**Note:** Registration will begin July 1. Please wear sneakers or cleats and athletic clothing. Program is held rain/snow/shine. All equipment and team shirts will be provided. Coaches needed in order for the league to run! Please indicate upon registration if you're willing to coach.

## Magic, Balloon Twisting & Bubbles Camp Rich the Magic Man

Be a part of our fabulous MAGICAL adventure with Rich The Magic Man who has been teaching Magic for 30 years! Campers will learn the secrets of wizardry, balloon twisting and the world of bubble art. It will be action packed with memorable magical adventures and experiences that will improve your child's self-confidence, self-esteem, and fine motor skills. This camp includes magic tricks and balloon sculptures that the children take home!

**Ages:** 5 - 14 years  
**Days:** Monday - Thursday  
**Session 1:** July 8 - 11  
**Session 2:** July 29 - August 1  
**Time:** 1:00 - 2:30pm  
**Cost:** \$85 R/\$90 NR per session  
**Location:** Ogden Community Center  
**Note:** Campers will need to supply a white t-shirt for tie dying.

## Mad Scientists OPR Team

Chemical reactions, magnetism, density, eruptions, noises, and more! Our student scientists will make a number of fun and safe creations using ordinary everyday items. Grab your lab coat and join in on the fun!

**Day:** Monday - Thursday  
**Dates:** July 15 - 18  
  
**Ages:** 6 - 8 years  
**Time:** 9:30 - 10:30am  
  
**Ages:** 9 - 12 years  
**Time:** 10:45 - 11:45am  
  
**Cost:** \$48 R/\$52 NR  
**Location:** Ogden Community Center  
**Note:** Dress for a mess! Classes may combine if minimum numbers are not met.

# Youth Programs

## LEGOland® Explorers

OPR Team

Play, imagine, explore and create your own lego masterpieces! Each day we will design and instruct LEGO structures based on the daily theme. This is a great opportunity to learn, be creative, make friends, and have fun while using your imaginations!

Ages: 6 - 12 years

Day: Monday - Thursday

Dates: July 22 - 25

Time: 1:00 - 2:00pm

Cost: \$36 R/\$41 NR

Location: Ogden Community Center

## Olympic Games Experience

OPR Team



We're getting in the Olympic spirit and going for gold in this dynamic program geared around the Summer Olympic Games. Young athletes will have the opportunity to compete, learn, and grow through crafts, games, and activities. Join our Olympic team!

Ages: 6 - 12 years

Day: Monday - Thursday

Dates: July 29 - August 1

Time: 9:30 - 10:30am

Cost: \$36 R/\$41 NR

Location: Ogden Community Center

Note: This is a drop-off program. Bring a water bottle and wear active clothes/shoes to play. Program may take place outdoors.

## OPR's Favorite Summer Camp Crafts

OPR Team



Our favorite Summer Camp crafts all in one program! Join us for friendship bracelets, keychains, sand art, tie dye, and more!

Ages: 6 - 10 years

Day: Thursdays

Date: May 30-June 13

Time: 6:00 - 7:00pm

Cost: \$36 R/\$41 NR

Location: Ogden Community Center

Note: Dress for a mess! Participants will need to supply a white t-shirt for tie dying.

## The Art Factory

OPR Team

Have some fun learning new art skills. Our young artists will use their imaginations to craft and create! We will provide structured themed projects that leave room for your child's personal expression to shine! Artists will get to work with a variety of materials including markers, crayons, paint, glue, string, pom poms, pipe cleaners, beads and tons of other cool supplies. We have all new projects planned for these sessions!

Day: Monday - Thursday

Dates: August 5 - 8

Ages: 6 - 8 years

Time: 9:30 - 10:30am

Ages: 9 - 12 years

Time: 10:45 - 11:45am

Cost: \$48 R/\$52 NR

Location: Ogden Community Center

Note: This is a drop-off program. Dress for a mess! Please bring a smock or large shirt to cover clothing. Programs are scheduled by age ranges to complete the maximum amount of projects.

## Cooking Camp

The Storybook Cook



In true Storybook Cook fashion, this camp will focus on some fun food books and make the food represented in their pages.

Ages: 6 - 12 years

Day: Monday - Thursday

Date: August 19 - August 22

Time: 9:00am - 11:00am

Cost: \$155 R/\$160 NR

Location: Ogden Community Center

Note: Bring a water bottle and dress for a mess! This is a drop-off program. Please note any food allergies upon registering. Bring a large container with you to bring home your creations.



# Youth Programs

## Recorder Karate Dori's Music Studio



Students will work at their own pace to learn a song for each Karate belt and receive a belt for their recorder once the song is learned.

**Ages:** Entering Grades 4 - 5

**Day:** Mondays

**Dates:** July 8 - 29

**Time:** 5:00 - 5:45pm

**Cost:** \$60 R/\$65 NR

**Location:** Dori's Music Studio

**Materials needed to bring to class:** A recorder, 2 pocket folder and a pencil.

Music will be provided.

## Home Alone Safety EPIC TRainings

This 90 minute class is designed to teach children who are home alone the importance of behaving responsibly. Topics include but are not limited to basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety, and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child.

**Ages:** 7 - 12 years

**Day:** Wednesdays

**Session 1:** May 29

**Time:** 6:00 - 7:30pm

**Session 2:** August 21

**Time:** 9:30 - 11:00am

**Cost:** \$45 R/\$50 NR per session

**Location:** Ogden Community Center

**Note:** This is a drop-off program.

**Register early to  
avoid cancellations!**

# Tween/Teen Programs

## World Cup Tournament OPR Team



Think you have what it takes to be the World cup champion? Join us for this one day special event where we will pair you up with a partner and play many rounds of World Cup soccer to see who is crowned champion.

**Ages:** 9 - 15 years

**Day:** Saturday

**Date:** June 1

**Time:** 9:00 - 11:00am

**Cost:** \$10 R/\$15 NR

**Location:** Ogden Community Center

**Note:** Please bring a water bottle. Bring a white and dark colored shirt with clean sneakers to wear in the gym; shin guards are required.

## Dodgeball Tournament OPR Team



Each golfer will fine tune their skills and learn and play the game of golf. We will focus on practicing the fundamentals necessary to play. All skill levels are welcome.

**Ages:** 12 - 15 years

**Day:** Tuesdays

**Dates:** June 4 - June 25

**Time:** 6:45 - 7:15pm

**Cost:** \$120 R/\$125 NR

**Location:** Woodlands Golf Range

**Note:** Please dress to play, wear sneakers and bring a water bottle. Golf balls are provided. Clubs are available, if needed.

# Tween/Teen Programs

## Serenity Flow: Yoga for Mind and Body Jodi Baker



Yoga practice improves physical fitness and strengthens the respiratory system. This yoga class is aimed to both relax and recharge your teen. We will practice yoga and controlled breathing to aid with anxiety techniques and calm their nervous system. The practice will include savasana or guided relaxation after the practice. This class will also include some mindful activities.

**Ages: 13 - 16 years**  
**Day: Monday - Friday**  
**Dates: August 12 - 16**  
**Time: 12:00 - 1:30pm**  
**Cost: \$42 R/\$47 NR**  
**Location: Pineway Ponds Park, Owens Lodge**  
**Note: Please dress comfortably and bring a yoga or exercise mat, a light snack and water bottle to class.**



## STEM Odyssey OPR Team



Ignite curiosity and enthusiasm for science, technology, engineering, and math (STEM) through this hands-on program. Through engaging activities, interactive experiments, and exploration, participants will discover, create, and problem solve.

**Ages: 12 - 16 years**  
**Day: Mondays**  
**Date: June 3 - 24**  
**Time: 6:00 - 7:00pm**  
**Cost: \$36 R/\$41 NR**  
**Location: Ogden Community Center**

## Magic, Balloon Twisting and Bubbles Camp Rich the Magic Man

Be a part of our fabulous MAGICAL adventure with Rich The Magic Man who has been teaching Magic for 30 years! Campers will learn the secrets of wizardry, balloon twisting and the world of bubble art. It is sure to be action packed with memorable magical adventures and experiences that will improve your child's self-confidence, self-esteem, and fine motor skills. This camp includes magic tricks and balloon sculptures that the children take home!

**Ages: 9 - 14 years**  
**Days: Monday - Thursday**  
**Session 1: July 8 - 11**  
**Session 2: July 29 - August 1**  
**Time: 1:00 - 2:30pm**  
**Cost: \$85 R/\$90 NR**  
**Location: Ogden Community Center**  
**Note: Campers will need to supply a white t-shirt for tie dying.**

## Acrylic Painting Class: Butterfly Fairies OPR Team



Join us as we turn on our creative side to create a garden butterfly scene using acrylic paints on canvas. Participants will be led through a step-by-step painting process to develop their own masterpiece.

**Ages: 9 - 14 years**  
**Day: Tuesday**  
**Dates: June 11**  
**Time: 5:30 - 7:30pm**  
**Cost: \$28 R/\$33 NR**  
**Location: Ogden Community Center**  
**Note: This is a drop-off program. Dress for a mess! Please bring a smock or large shirt to cover clothing.**



# Tween/Teen Programs

## Bite-Size Party Food

The Storybook Cook



Join Miss Liz today where you will make yummy, fun, bite size deliciousness. All food will be made by YOU, with supervision, of course. Menus will include mini pizzas, mac and cheese bites, taco puffs, pigs in a blanket and much more. You can either eat lunch near the end of class, or if it's too early for lunch, bring it home to enjoy later. Copies of all recipes will be available to take home on the 2nd day.

**Ages:** 9 - 13 years

**Day:** Monday - Tuesday

**Dates:** July 22 - 23

**Time:** 9:00 - 10:30am

**Cost:** \$45 R/\$50 NR

**Location:** Ogden Community Center

**Note:** Bring a water bottle and dress for a mess! This is a drop-off program. Please note any food allergies upon registering. Bring a large container with you to bring home your creations.

## Beach Party Food

The Storybook Cook



Join Miss Liz today where you will make food fit for your picnic basket when heading to a beach for the day. All food will be made by YOU, with supervision, of course. Menus will include fruit smoothies, deviled eggs, pudding beach cups, kid friendly chicken salad and much more. You can either eat lunch near the end of class, or if it's too early for lunch, bring it home to enjoy later. Copies of all recipes will be available to take home on the 2nd day.

**Ages:** 9 - 13 years

**Day:** Monday - Tuesday

**Dates:** August 12 - 13

**Time:** 9:00 - 10:30am

**Cost:** \$45 R/\$50 NR

**Location:** Ogden Community Center

**Note:** Bring a water bottle and dress for a mess! This is a drop-off program. Please note any food allergies upon registering. Bring a large container with you to bring home your creations.

## Babysitter's Training

EPIC Trainings

This class is taught through classroom discussion, instructor lecture, and an interactive video presentation. It is for boys and girls ages 11 and older and teaches participants the role and responsibilities of a babysitter that includes skills in accident prevention, basic first aid, emergency recognition, abdominal thrusts for choking victims and a demonstration of CPR. Each student will receive a workbook, and a certification card upon completion. Students need to bring a lunch, pen or pencil, and a stamped self-addressed envelope.

**Ages:** 11 - 15 years

**Day:** Wednesday

**Session 1:** July 10

**Day:** Tuesday

**Session 2:** August 6

**Time:** 10:00am - 2:00pm

**Cost:** \$72 R/\$77 NR per session

**Location:** Ogden Community Center

**Note:** This is a drop-off program. Please bring a self-addressed stamped envelope to class (your certification card will be mailed) and a peanut-free bagged lunch, snacks and a drink.

## Introduction to Keyboard

Dori's Music Studio



A Beginner class that will teach students the piano keys, notes on the staff and familiar songs. Students don't have to have a keyboard or piano at home in order to participate.

**Ages:** 12 - 16 years

**Day:** Tuesdays

**Dates:** July 9 - 30

**Time:** 4:30 - 5:15pm

**Cost:** \$60 R/\$65 NR

**Location:** Dori's Music Studio

**Note:** Keyboards and music will be provided.

# Adult Programs

## Zumba Rebecca King

Perfect for everybody and everybody! Each Zumba® class is designed to bring people together to sweat it out! We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

**Ages: 16 years and over**  
**Day: Mondays and Wednesdays**  
**Time: 6:00 - 7:00pm**  
**Location: Ogden Community Center**

**May Session: May 1 - 29**  
**Mondays: \$18 R/\$21 NR (no program 5/27)**  
**Wednesdays: \$30 R/\$35 NR**

**June Session: June 3 - 26**  
**Mondays: \$24 R/\$28 NR**  
**Wednesdays: \$18 R/\$21 NR**  
**(no program 6/19)**

**July Session: July 8 - 31**  
**Mondays: \$24 R/\$28 NR**  
**Wednesdays: \$24 R/\$28 NR**

**August Session: August 5 - 21**  
**Mondays: \$18 R/\$21 NR**  
**Wednesdays: \$18 R/\$21 NR**

**Note: Bring sneakers and a water bottle! Class may be held outdoors when weather allows.**

## Strength and Tone Stephanie Choate

This workout will reshape your body targeting common “trouble spots” while shaping and toning each muscle. Using hand weights and your own body weight, we will do a variety of upper and lower body exercises. Each class will end with 10 minutes of stretch and cool down. This class is appropriate for all fitness levels. If the weather is nice, class may go outdoors!

**Ages: 16 years and over**  
**Time: 9:15 - 10:15am**  
**Location: Ogden Community Center**

**Days: Mondays**  
**Session 1: May 6 - June 24 (no class 5/27)**  
**Cost: \$67 R/\$74 NR**  
**Session 2: July 1 - 29**  
**Cost: \$48 R/\$53 NR**

**Days: Wednesdays**  
**Session 1: May 8 - June 26**  
**Cost: \$76 R/\$84 NR**  
**Session 2: July 3 - 31**  
**Cost: \$48 R/\$53 NR**

**Days: Fridays**  
**Dates: May 10 - June 28 (no class 5/31)**  
**Cost: \$67 R/\$74 NR**

**Note: Bring a water bottle and exercise mat to each class. Class may be held outdoors if weather permits.**

## Specialized Fitness-Try-It Classes - Stephanie Choate

Want to try a fitness class, but not ready to commit? Give these classes a try to learn moves and routines that you can use throughout the summer. Register for one class, or more! Classes are appropriate for all fitness levels.

**Ages: 16 years and over**  
**Days: Tuesdays**  
**Dates: 6 different Tuesdays; register for one or all**  
**May 7: Full Body Workout- Build your strength with this workout designed to target every muscle group.**  
**May 21: Pilates- Increase core strength and flexibility!**  
**June 4: Glutes and Legs- Glutes and Legs- Strengthen the largest muscles in your body with this lower body workout.**  
**June 18: Full Body Workout- Build your strength with this workout designed to target every muscle group.**

**July 9: Arms and Abs- Full upper body workout from biceps, triceps, chest, back, shoulders, and abs.**  
**July 23: Pilates- Increase core strength and flexibility!**

**Time: 6:15 - 7:00pm**  
**Cost: \$10 R/\$12 NR per date**  
**Location: Ogden Community Center**  
**Note: Please bring a water bottle and exercise mat to each class. If the weather is nice, class may go outdoors!**



# Adult Programs

## Barre for All Bodies

Elizabeth Decosse

This basic Barre class is great for all fitness levels. Pilates, strength training and ballet target specific muscle groups through sequencing patterns and isometric movement. Improve posture, flexibility, overall body strength and balance. No dance experience needed.

**Ages: 16 years and over**

**Day: Wednesdays**

**Dates: May 8 - June 12**

**Time: 6:00 - 7:00pm**

**Cost: \$45 R/\$51 NR**

**Location: Ogden Community Center**

**Note: Please bring an exercise mat and a water bottle to each class. Wear sneakers, barre socks, or bare feet.**

## Cardio Barre

Elizabeth Decosse

All the strengthening of Barre with the fun of light cardio dance. Strength, tone and shake it all out. Improve all over body strength and flexibility with the addition of light cardio. No dance experience needed.

**Ages: 16 years and over**

**Day: Saturdays**

**Time: 8:30 - 9:30am**

**Date: May 11 - June 29 (no program 5/25 and 6/15)**

**Cost: \$45 R/\$51 NR**

**Location: Ogden Community Center**

**Note: Please bring an exercise mat and a water bottle to each class. Wear sneakers, barre socks, or bare feet.**

## Adult Golf Lessons

Woodlands Golf Range

Each golfer will fine tune their skills and learn and play the game of golf. We will focus on practicing the fundamentals necessary to play. All skill levels are welcome.

**Ages: 16 years and over**

**Day: Tuesdays**

**Dates: June 4 - June 25**

**Time: 6:00 - 6:30pm**

**Cost: \$120 R/\$125 NR**

**Location: Woodlands Golf Range**

**Note: Please dress to play, wear sneakers and bring a water bottle. Golf balls are provided. Clubs are available, if needed.**

## Yoga by the Canal

Jodi Baker

Need some serenity and peace – join us for yoga on the canal. Being in nature can help to improve your mood, reduce stress levels and create a deeper meditative state. The fresh air and deep breaths that are required in yoga can help to cleanse your lungs, ease your mind and improve your yoga practice. Class begins with stretching to warm the body then a flow of yoga poses, balance poses and savasana. No yoga experience is necessary; modifications and challenges are offered throughout class.

**Ages: 16 years and over**

**Day: Thursdays**

**Dates: July 9 - August 13**

**Time: 6:00 - 7:00pm**

**Cost: \$48 R/\$53 NR**

**Location: Heritage Park/Little Red Schoolhouse Programming Space**

**Note: Dress for the outdoors and bring a water bottle and yoga mat. A yoga block and strap are optional. Location changes due to weather will be posted on our website by 4:00pm each day.**

## Intro to Keyboard - Dori's Music Studio



A Beginner class that will teach students the piano keys, notes on the staff and familiar songs such as Happy Birthday, Hot Cross Buns, Ode to Joy and other songs. Students don't have to have a keyboard or piano at home in order to participate.

**Ages: 18 years and over**

**Day: Tuesdays**

**Dates: July 9 - 30**

**Time: 6:30 - 7:15pm**

**Cost: \$60 R/\$65 NR**

**Location: Dori's Music Studio**

**Note: Keyboards will be provided.**

# Adult Programs

## Cooking with Coffee The Storybook Cook



Calling all coffee lovers! If you are like me, coffee is good anytime and anywhere. Join Liz Bauld this evening as she demonstrates 4 entrees that use coffee as a main ingredient. Generous samples are served and recipes are provided.

**Ages: 16 years and over**  
**Day: Wednesday**  
**Dates: June 5**  
**Time: 6:30 - 8:00pm**  
**Cost: \$35 R/\$40 NR**  
**Location: Ogden Community Center**  
**Note: Bring a large container with you to bring home your creations.**

## Unique Summer Salads The Storybook Cook



Are you tired of serving the same old, same old summer salads? Come tonight to discover a few unique salads that aren't your basic potato or macaroni salad options. Fresh, seasonal ingredients will be used to create some delicious side dishes. Generous samples are served during this fun demonstration class.

**Ages: 16 years and over**  
**Day: Wednesday**  
**Dates: July 31**  
**Time: 6:30 - 8:00pm**  
**Cost: \$30 R/\$35 NR**  
**Location: Ogden Community Center**  
**Note: Bring a large container with you to bring home your creations.**

# Pickleball Programs

Our schedule may change due to programming; please call ahead or check online for the most up-to-date schedule.

## Thursday Night Pickleball

Get fit, socialize, and have fun playing Pickleball! All skill levels intermix for game play. Knowledge of the rules and game-play experience is required. See you on the court!

<b>Ages: 18 years and over</b>	<b>Time: 6:00 - 7:30pm</b>
<b>Day: Thursdays</b>	<b>Cost: \$42 R/\$56 NR</b>
<b>Dates: May 9 - June 13</b>	<b>Location: Ogden Community Center</b>

**Ages 50+ Mondays and Wednesdays, 10am - 12pm**  
**Ages 18+ Thursdays, 9:30 - 11:30am**  
 Recreational play for skill levels 3.5 and below. Basic skills and game-play knowledge are required; please provide your own paddles.

**Intermediate/Competitive Pickleball:**  
**Ages 18+ Tuesdays and Thursdays, 1:00-3:00pm**  
 This is intermediate, competitive play; all players are required to be 3.5 and higher skill level. Players will partner up (changing partners frequently) to rotate in and out of games.

**Women's Pickleball:**  
**Ages 50+ Tuesdays, 9:30 - 11:30am**  
**Fridays, 10:30am - 12:30pm**  
 This is recreational play for all skill levels. Players will partner up to make teams and rotate in and out of games. Basic skills and game-play knowledge are required. Socialize, develop your skills, and have some fun!

**Cost, per visit: \$2 R/\$3 NR; 10-visit and 20-visit Punch Cards available for purchase.**



# Senior Programs

## Senior Programs at the Ogden Senior Center

**Members and participants of our Nutrition Program may receive discounts or priority registration on select Senior programming. Sign up today! The Senior Center is located at 200 S. Union Street and can be reached at (585) 617-6126.**

### Nutrition Program

The Nutrition Program is administered by the Monroe County Office for the Aging and is designed to help our community's older residents and visitors enjoy better health through improved nutrition. Stop in and socialize while enjoying a hot meal! Any person age 60 or older, regardless of residency, and their spouses are eligible to eat a meal. Other eligible person qualifications can be found online or by calling our office.

**Ages:** all eligible persons  
**Day:** Mondays, Wednesdays, Fridays  
**Time:** Lunch is served at 12:00pm  
**Cost:** 60 years and over: Suggested contribution of \$3.50/meal  
59 years and under: \$7.50/person  
**Location:** Ogden Senior Center  
**Note:** The monthly menu can be viewed online or by calling our office. Reservations are recommended so that we order the proper amount of food. Please call in your reservation to 617-6126 a minimum of 72 hours in advance of visit (subject to change for special meals/events).

### Eldersource/Lifespan

Our Eldersource/Lifespan program is a valuable resource for our community. Hollie, our Eldersource Liaison will be at the Center monthly to provide assistance with services based on your individual needs. These needs can include: housing options, respite, home care, and more. Come take advantage of this terrific resource!

**Ages:** all eligible persons  
**Day:** The first and third Wednesday of each month  
**Time:** 10:00am-12:00pm  
**Cost:** Free  
**Location:** Ogden Senior Center

### Cards: Euchre and Mahjong

Join us for various card games during the week. Our organized game play is listed below. We will teach new people! Got a card game you enjoy, let us know so we can incorporate it.

**Ages:** 60 years and over  
**Day:** Fridays  
**Time:** 9:00am- Mahjong  
12:45-2:30pm- Euchre  
**Cost:** Free  
**Location:** Ogden Senior Center

### Coffee Club

If you can't make it everyday, make it on Mondays! Join us for coffee, socialization, and fun! Register for lunches for the week (or month), learn about the fantastic activities and events we have planned, or just catch up with friends. Every other month, we welcome a visit with our Chief of Police and our Town Supervisor! We hope to see you there!

**Ages:** 60 years and over  
**Day:** Mondays  
**Time:** 10:00am  
**Cost:** Free  
**Location:** Ogden Senior Center

# Senior Programs

## Bridge Club

Our bridge players meet weekly for game play. Knowledge of rules and game play are required.

Day: Fridays  
 Dates: May - August; closures will be announced and posted online.  
 Time: 11:45am - 2:30pm  
 Cost: Free  
 Location: Ogden Community Center  
 Note: Check-in at the Recreation Office upon arrival. Please create an account at [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com).

## Chair Yoga Jodi Baker

Join us for a gentle yoga practice on or behind a chair. Anyone can practice chair yoga but it is geared towards those who have some physical limitations or limited range of motion. It will deepen flexibility and strengthen your muscles. Students will learn poses, breathing techniques, and short meditations. This is a compassionate practice without strain.

Ages: 18 years and over  
 Day: Fridays  
 Dates: June 28 - August 23 (no program 7/5, 7/19 and 8/9)  
 Time: 10:30 - 11:30am  
 Cost: \$40 R/\$46 NR  
 Location: Ogden Senior Center  
 Note: Please dress for movement and bring a water bottle.

## Salute to Seniors - presented by Monroe County Office of Aging

Celebrate with us! This fun event is open to all seniors. Enjoy food, drink, and friendship.

Day: Friday  
 Dates: August 23  
 Time: TBD  
 Location: Ontario Beach Park  
 Cost: Free!  
 Note: Transportation will be provided to Nutrition Program members. There is limited space available, please register by calling the Ogden Senior Center at 617-6126.

## Picnic at Pineway



We're stepping out of the Senior Center and taking over Pineway Ponds Park with a picnic lunch and companionship. Our delicious lunch will feature a menu from Spencerport Hots. Feel free to bring your own comfortable chair to relax outdoors!

Ages: 60 years and over  
 Day: Wednesday  
 Dates: June 12  
 Time: 11:00am - 1:00pm; lunch will be served at noon.  
 Cost: \$10 Nutrition Program Members; \$12 R/\$14 NR Non-Members  
 Location: Boetcher Lodge, Pineway Ponds Park  
 Note: Pre-registration required prior to May 31.  
 \*Nutrition Program members are eligible for discounted rate if they have attended 8 or more lunches in May.

## Acrylic Painting Project: Beach Scene OPR Team



Join us as we turn on our creative side to create a beach scene to look back on when the days get cold or rainy. Participants will be led through a step-by-step painting process to develop their own masterpiece.

Ages: 55 years and over  
 Day: Wednesday  
 Dates: July 17  
 Time: 10:00am - 12:00pm  
 Location: Ogden Senior Center  
 Cost: Free for Nutrition Program members\*; \$15 R/\$20 NR Non-Members  
 Note: Pre-registration required by July 8. Dress for a mess. All supplies will be provided. \*Nutrition Program members are eligible for discounted rate if they have attended 8 or more lunches in June.



# Senior Programs

## Hawaiian “Ogden” Luau

We will embrace the warm temps of summer and the cool breezes of Lake Ontario by imagining that we are on the shores of Waikiki. Learn about Hawaiian culture, and shake your hips to lively music as we celebrate our own Ogden Luau!

Day: Wednesday

Date: July 24

Time: 11:00am

Location: Ogden Senior Center

Cost: Free!

Note: Pre-registration required prior to July 10 if staying for lunch. Please reserve your spot by calling the Ogden Senior Center at 617-6126.

## AARP Safe Driver’s Class

This course teaches proven driving techniques to help keep you and your loved ones safe on the road, including: important facts about the effects of education on driving, how to reduce driver distractions, how to maintain the proper following distance behind another car, proper use of safety belts, air bags, anti-lock brakes and new technology found in cars today, techniques for handling left turns, right-of-way, and roundabouts, age-related physical changes, and how to adjust your driving to compensate.

Dates: Monday, August 12 and Wednesday, August 14 (attendance at both classes is mandatory)

Time: 1:00 - 4:00pm

Location: Ogden Senior Center

Cost: AARP member- \$25; non-member- \$30

Note: Please register by calling the Ogden Senior Center at 617-6126. Maximum numbers are in place. Payment is due at first class. Please bring your license and AARP card (if applicable).

# Fitness Center

Are you looking for a great workout at an affordable price? Tired of packed fitness centers and waiting in line to use a machine? Our fitness center consists of a 6-station, 12-exercise weight training circuit that will work every major muscle group. Cardio equipment includes: ellipticals, recumbent bike, and treadmills. Please visit us online at [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com) for further details and seasonal schedules.

## Membership Rates

### Resident Membership

Full Year	\$156.00
6 months	\$120.00
3 months	\$96.00
1 month	\$40.00

### Non-Resident Membership

Full Year	\$166.00
6 months	\$130.00
3 months	\$106.00
1 month	\$50.00



Membership freeze (up to 1 month)...\$15 R/\$20 NR

# Pineway Ponds Park Lodges

**Rental Information - Visit [ogdenparksandrec.com](http://ogdenparksandrec.com) for more information**

Our lodges are now available to be requested and rented Online! Town of Ogden residents may request lodges 1 year from the event date; non-residents may request lodges 6 months from the event date. Please note: All prices below are through December 31, 2024. For more information on rentals and requests, please visit our website. Please view further details at [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)



**Boetcher Lodge**

**\$205 R/\$255 NR**  
**\$25 add't. rate 11/1 - 4/30**

Available year-round  
 Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and grills.  
 Seating capacity is 96  
 \*Additional \$25 winter rate for all rentals November 1-April 30



**Owens Lodge**

**\$155 R/\$185 NR**  
**\$25 add't. rate 11/1 - 4/30**

Available year-round  
 Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and outdoor grills. Seating capacity is 60  
 \*Additional \$25 winter rate for all rentals November 1-April 30



**Gravelle Lodge**

**\$125 R/\$155 NR**

Available May-October  
 Amenities include: electric, refrigerator, stove, microwave, outdoor grills.  
 Seating capacity is 60



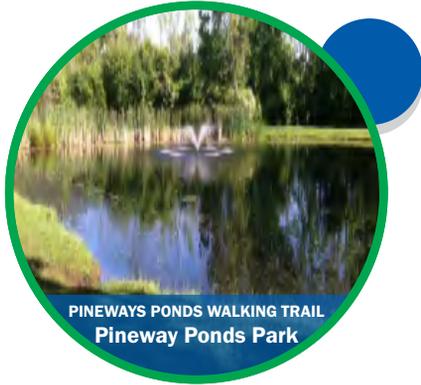
**Canal Days Lodge**

**\$125 R/\$155 NR**

Available May-October  
 Amenities include: electric, refrigerator, stove, microwave, and outdoor grills.  
 Seating capacity is 50



# Trails



**PINEWAYS PONDS WALKING TRAIL**  
Pineway Ponds Park



**ROSE TURNER PARK TRAIL**  
Big Ridge Road



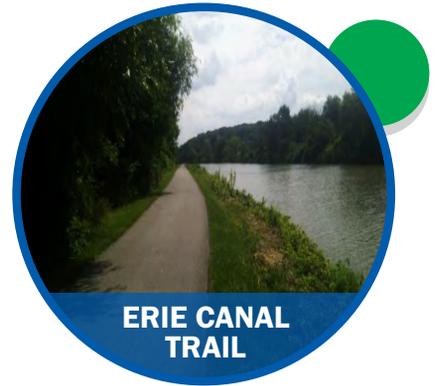
**NORTHAMPTON PARK CREEK TRAIL**  
304 Salmon Creek Road



**SPRINGDALE FARM TRAIL**  
700 Colby Street



**HERITAGE TRAIL**  
Waters Edge Drive



**ERIE CANAL TRAIL**

# Parks

The Town of Ogden is filled with wonderful passive and active opportunities through our many different parks. We encourage you to visit and see what we can offer you! All of our parks and open space lands are smoke free.

Fields for group use are available by permit only. Requests can be made by emailing [recreation@ogdenny.com](mailto:recreation@ogdenny.com). Insurance is required for usage by groups. Additional fees may apply.



**HERITAGE PARK**  
Water's Edge Drive



**SNICK HAWKINS PARK**  
Canal Road



**MEMORIAL PARK**  
Union Street



**ROSE TURNER PARK**  
Big Ridge Road



**OPEN SPACE**  
Buffalo Road



**PINEWAY PONDS PARK**  
Park Road

# Summer Events Calendar



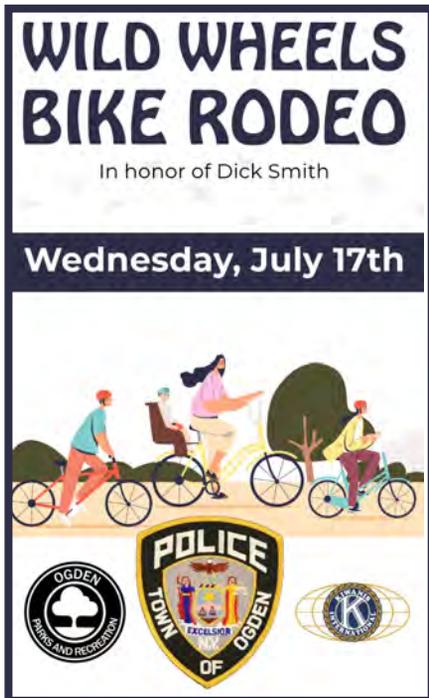
**Start Your Engines!**  
SATURDAY  
MAY 4TH  
**PINEWAY PONDS  
PARK**



**HAPPY  
Mother's Day**  
**Blooms & Bites**  
Mother's Day  
Edible Flower Pot  
**Thursday, MAY 2**  
[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)



**Tackle Time**  
Daddy & Me Edible  
Fishing Pole Adventure  
**Saturday, June 8th**



**WILD WHEELS  
BIKE RODEO**  
In honor of Dick Smith  
**Wednesday, July 17th**  
**OGDEN  
PARKS AND RECREATION**  
**POLICE  
TOWN OF  
OGDEN**  
**OGDEN  
PARKS AND RECREATION**



**OUTDOOR  
MOVIE  
NIGHT**  
**THURSDAY, AUGUST 15TH**



**PINEWAY PONDS  
ogden, ny  
2024 5K**  
**10 Year Anniversary**  
**Saturday, September 28**  
8:30am Start Time  
**Register online at  
[www.runsignup.com](http://www.runsignup.com)**

**[WWW.OGDENPARKSANDREC.COM](http://WWW.OGDENPARKSANDREC.COM)**





# OUTDOOR MOVIE NIGHT

THURSDAY, AUGUST 15TH



Summer 2024  
*May - August*

