





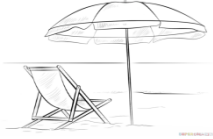


# AUGUST 2022

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1</b> 10:00 Coffee Hour 10:30 Painting/Drawing Group 12:00 Lunch	<b>2</b>	<b>3</b> 10:30-11:15 Tai Chi for Arthritis 11:00-12:00 Hollie from Eldersource 12:00 Lunch 12:45 Lifetime Assistance Visit	<b>4</b> 10:00-11:00 Project Council  <b>National Chocolate Chip Cookie Day!</b>	<b>5</b> 9:00 Mahjong 10:30-11:15 Tai Chi for Arthritis 12:00 Lunch 1:00 Euchre Club
<b>8</b> 1:00 Coffee Hour 10:30 Painting/Drawing Group 12:00 Lunch 12:30 Sundae Monday 	<b>9</b>  <b>National Book Lovers Day</b>	<b>10</b> 10:30-11:15 Tai Chi for Arthritis 12:00 Lunch 12:00 Lunch 'n Learn: Stroke Prevention 12:45 Lifetime Assistance Visit	<b>11</b>	<b>12</b> 9:00 Mahjong 10:30-11:15 Tai Chi for Arthritis 11:00 Samantha from Excellus 12:00 Lunch 1:00 Euchre Club
<b>15</b> 10:00 Coffee Hour 10:30 Painting/Drawing Group 12:00 Lunch	<b>16</b>  <b>National Bratwurst Day!</b>	<b>17</b> 10:30-11:15 Tai Chi for Arthritis 11:00 Therapy Dog 12:00 Lunch 12:45 Lifetime Assistance Visit	<b>18</b>	<b>19</b> 9:00 Mahjong 10:30-11:15 Tai Chi for Arthritis 11:30 Monthly Birthday Cake  12:00 Lunch 1:00 Euchre Club
<b>22</b> 10:00 Coffee Hour 10:30 Painting/Drawing Group 12:00 Lunch	<b>23</b>	<b>24</b> 10:30-11:15 Tai Chi for Arthritis 11:00-1:00 Samantha from Excellus 12:00 Lunch 12:45 Lifetime Assistance Visit	<b>25</b> 	<b>26</b> 9:00 Mahjong 10:00-2:00 Salute to Seniors at Ontario Beach! 10:30-11:15 Tai Chi for Arthritis 12:00 Lunch 1:00 Euchre Club
<b>29</b> 10:00 Coffee Hour 10:30 Painting/Drawing Group 11:00 Brain Buster's and Bagels! 12:00 Lunch	<b>30</b>  <b>National Beach Day!</b>	<b>31</b> 10:30-11:15 Tai Chi for Arthritis 12:00 Lunch 12:45 Lifetime Assistance Visit	<b>Ogden Senior Center</b> <b>200 S UNION STREET</b> <b>SPENCERPORT, NY</b> <b>14559</b>  <b>(585) 352-3250</b>  <b>M-W-F, 9-3</b>	