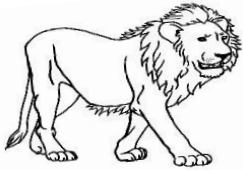

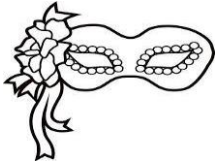









March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Ogden Senior Center</p> <p>200 S UNION STREET SPENCERPORT, NY 14559 (585) 617-6126 M-W-F, 9-3</p>				<p><i>"A light exists in Spring, not present in the year. At any other period, when March is scarcely here."</i></p> <p style="text-align: right;"><i>~Emily Dickinson</i></p>
<p>3</p> <p>10:30 Coffee Hour</p> <p>10:30 Chair Exercise</p> <p>12:00 Lunch</p> <p>1:00-4:00 AARP Smart Drivers Course</p>	<p>4</p>  <p>Mardi Gras</p>	<p>5</p> <p>9:45-11:45 A Matter of Balance-Preregistration Only</p> <p>10:00-12:00 Hollie from Eldersource</p> <p>12:00 Lunch</p> <p>12:45 Rummikub</p>	<p>6</p>	<p>7</p> <p>9:00 Mahjong</p> <p>11:00 Therapy Dog</p> <p>12:00 Lunch</p> <p>12:45 Euchre Club</p> 
<p>10</p> <p>10:30 Coffee Hour</p>  <p>10:30 Chair Exercise</p> <p>12:00 Lunch</p> <p>1:00-4:00 AARP Smart Drivers Course</p>	<p>11</p>	<p>12</p> <p>9:45-11:45 A Matter of Balance-Preregistration Only</p> <p>12:00 Lunch</p> <p>12:45 Rummikub</p>	<p>13</p>  <p>National Popcorn Lover's Day!</p>	<p>14</p> <p>9:00 Mahjong</p> <p>11:00 Pi and Pie Day!</p> <p>12:00 Lunch</p> <p>12:45 Euchre Club</p> 
<p>17</p> <p>10:30 Coffee Hour</p> <p>11:00 St. Patrick's Day Party!!</p>  <p>2:00 Lunch</p>	<p>18</p>	<p>19</p> <p>9:45-11:45 A Matter of Balance-Preregistration Only</p> <p>12:00 Lunch and Learn about Pre and Pro Biotics with our dietitian Cindy!</p> <p>12:45 Rummikub</p>	<p>20</p> 	<p>21</p> <p>9:00 Mahjong</p> <p>11:30 Katie from Lifespan presents: Slice into Brainpower!</p> <p>12:00 <u>Special Dinner Menu:</u> Pizza, Tossed Salad w/Dressing, Fruit Cocktail, Apple Juice, and Milk</p> <p>12:45 Euchre Club</p>
<p>24</p> <p>10:30 Coffee Hour</p> <p>10:30 Chair Exercise</p> <p>12:00 Lunch</p>	<p>25</p> 	<p>26</p> <p>9:45-11:45 A Matter of Balance-Preregistration Only</p> <p>12:00 Lunch</p> <p>12:45 Rummikub</p>	<p>27</p>	<p>28</p> <p>9:00 Mahjong</p> <p>12:00 Lunch</p> <p>12:45 Euchre Club</p> 