Jaly 2025 Monday Tuesday Wednesday Thursday Fríday				
Monday	Tuesday	Wednesday	Thursday	Fríday
	1	2	3	4
Ogden Seníor		10:00-12:00 Hollie from		Closed for
Center		Eldersource		Independence
Center		11:30 Tops Bread		Day!
200 S UNION STREET SPENCERPORT, NY 14559		Donation 11:30 Trivia!		
(585) 617-6126		12:00 Lunch		*
M-W-F, 9-3		12:45 Rummikub	l forgot day	+
7	8	9	10	11
1	0	9	10	9:00 Mahjong
10:30 Coffee Hour	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	10:30-11:30 Chair Yoga		9:30-11:00 Lifespan:
10:30 Chair Exercise	a.p	with Jodi Pre-registration Required		Aging Mastery Program Pre-registration Required
TU.JU UHAII EXEICISE	ARTH	11:30 Tops Bread		11:00 Therapy Dog
12:00 Lunch		Donation		12:00 Lunch
		12:00 Lunch 12:45 Rummikub		12:45 Euchre Club
	Cow Appreciation Day			
14	15	16	17	18
10:30 Coffee Hour		10:30-11:30 Chair Yoga		9:00 Mahjong
10:30 Chair Exercise		with Jodi		9:30-11:00 Lifespan:
12:00 Lunch		Pre-registration Required 11:30 Tops Bread		Aging Mastery Program Pre-registration Required
12:30 Sundae Monday!		Donation		12:00 Lunch
Jenstrad		12:00 Lunch		12:45 Euchre Club
		12:45 Rummikub		
21	22	23	24	25
10:30 Coffee Hour				0.00 M L
		10:30-11:30 Chair Yoga with Jodi		9:00 Mahjong 9:30-11:00 Lifespan:
10:30 Chair Exercise	~ THINK	Pre-registration Required		Aging Mastery Program
40.001		11:30 Tops Bread Donation		Pre-registration Required 12:00 Lunch
12:00 Lunch		12:00 Lunch		12:45 Euchre Club
	National Hammock Day	12:45 Rummikub	France	
28	29	30	31	
20	23	30	51	"July, with its day
10:30 Coffee Hour	\sim	10:30-11:30 Chair Yoga		of blue skies and
B		with Jodi Pre-registration Required		time that seeming stands still, holds a
10:30 Chair Exercise		11:30 Tops Bread		stanas stui, noias a special place in m
		Donation 12:00 Lunch		heart."
12:00 Lunch		12:00 Lunch 12:45 Rummikub		
	National Rain Day			~Daísaku Ikeda