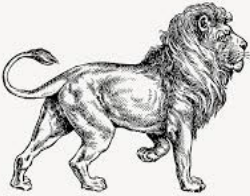



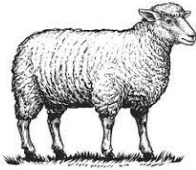


| Lunch Club 60 Menu | | | | | March 2024 | | | | |
|--|--|---|--|--|------------|--|--|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | |
|  | | |  | <div>1</div> <div>*Special Catered Meal!</div> <div>See Activity Calendar</div> | | | | | |
| <div>4</div> <div>Turkey Tetrazzini served over Noodles Broccoli Wheat Dinner Roll Pears Ice Cream</div> | <div>5</div> <div></div> | <div>6</div> <div>Dijon Chicken Rice Mixed Vegetables Mandarin Oranges Trail Mix</div> | <div>7</div> <div></div> | <div>8</div> <div>Tuna Salad on 12- Grain Bread Lettuce & Tomato Corn Green Beans Peaches Apple Juice</div> | | | | | |
| <div>11</div> <div>Swiss Steak Carrots Lima Beans Wheat Dinner Roll Tropical Fruit Mix Brownie</div> | | <div>13</div> <div>Beef Stew served over Biscuit Tossed Salad w/ French Dressing Wax Beans Fruit Cocktail</div> | <div>14</div> <div></div> | <div>15</div> <div>Broccoli Cheese Topped Potato w/Sour Cream Black Bean & Lentil Chili Saltines Cake</div> | | | | | |
| <div>18</div> <div>Individual Meatloaf w/Gravy Cauliflower Green Beans Wheat Dinner Roll Fresh Apple</div> | <div>19</div> <div></div> | <div>20</div> <div>Chicken Fajita w/ Lettuce, Tomato, Cheddar Cheese, Picante Sauce & Sour Cream Rice Frijole Salad Whole Wheat Tortilla (1 each) Sherbet</div> | <div>21</div> <div></div> | <div>22</div> <div>Cod w/Tartar Sauce Mashed Winter Squash Mixed Vegetables Corn Muffin Applesauce Orange Juice</div> | | | | | |
| <div>25</div> <div>Meatball Sub California Blend Veg Peas Chocolate Pudding w/Whipped Topping</div> | <div>26</div> <div></div> | <div>27</div> <div>Sloppy Joe Broccoli Navy Bean Soup Saltines Petite Banana</div> | <div>28</div> <div></div> | <div>29</div> <div>Easter Meal Broccoli Cheddar Quiche Boiled Potatoes Spinach & Romaine Salad w/French Dressing Croissant Mandarin Oranges</div> | | | | | |

All meals served with milk - Soup served with crackers.

Certified by Jackie Williams, RD - 1/30/2024

*Indicates meal is not provided by Office for the Aging Program