





Lunch Club 60 Menu

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 *Special Catered Meal! See Activity Calendar	2	3 Hot Dog on Bun w/ Catsup, Mustard & Relish Broccoli Pasta Salad Corn Cobette Mandarin Oranges	4 	5 Pulled Pork Baked Potato Brussels Sprouts Corn Muffin Peaches Apple Juice
8 Stuffed Pepper w/ Sauce Carrots Lima Beans Trail Mix	9 	10 Macaroni & Cheese Stewed Tomatoes Broccoli Pears Muffin Top	11	12 Chicken Salad Sandwich on 12- Grain Bread w/Lettuce & Tomato Mixed Vegetables Pineapples
15 Meatball Sub Mixed Vegetables Cauliflower Pineapples Sherbet	16	17 Individual Meatloaf w/ Gravy Mashed Potatoes California Blend Veg Wheat Dinner Roll Apricots	18	19 Salisbury Steak Boiled Potatoes Broccoli Wheat Dinner Roll Fresh Apple Cookie
22 Cod w/ Tartar Sauce Mashed Sweet Potatoes Corn 12-Grain Bread Tropical Fruit Mix	23 	24 Stuffed Shells w/ Sauce Romaine & Spinach Salad w/ Italian Dressing Lima Beans Crusty Roll Fresh Apple	25	26 Grilled Chicken <i>served over</i> Tossed Salad w/ French Dressing Spinach Lentil Soup Saltines (1 Packet) Bran Muffin
29 Chicken Parmesan Pasta w/Sauce Italian Blend Vegetables Wheat Dinner Roll Pineapples	30	31 Chicken Breast on Bun w/ Mayo, Lettuce & Tomato Slice Cucumber & Onion Salad Vegetable Soup Saltines (1 Packet) Fresh Orange		

All meals served with milk - Soup served with crackers.

Certified by Jackie Williams, RD - 5/28/2024

*Indicates meal is not provided by Office for the Aging Program