Lunch Club 60 Menu February 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Patty on a Bun with Lettuce, Tomato, and Mayo Winter Squash Green Beans Tropical Fruit	4 ************************************	5 The Goodwill Plate (Burger, Baked Beans, Macaroni Salad, topped with Mild Chili) Mandarin Oranges	6	7 Salisbury Steak Mashed Potatoes Corn Corn Muffin Pears Apple Juice
10 Grilled Chicken Breast Mashed Sweet Potatoes Corn Bran Muffin Fresh Apple	11	12 Broccoli Cheese Quiche Roasted Potatoes Prince Edward Blend Pineapple Cookie	13 KEOROFI	14 Valentine's Day Vegetable Lasagna Tossed Salad with Italian Dressing Chocolate Cream Pie Grape Juice
17 Pork Riblet Boiled Potatoes Spinach Dinner Roll Mandarin Oranges	18	19 Chicken Sausage on a Bun with Peppers & Mustard Cabbage Beef Soup Green & Wax Beans Succotash Apricots	20	21 Ground Beef Tacos w/ Cheddar Cheese, Lettuce, Tomato, and Sour Cream Tortillas (2 each) Chuckwagon Corn Fresh Apple
24 Beer Battered Cod with Tartar Sauce Roasted Potatoes Mixed Vegetables Pineapple	25	26 Egg Salad on 12 Grain Bread with Lettuce and Tomato Zucchini & Yellow Squash Cookie	27	28 Braised Pork Chop with Pork Gravy Mashed Winter Squash Brussels Sprouts Wheat Dinner Roll Brownie

All meals served with milk - Soup served with crackers.

Certified by Michelle Koch Blood, RD - 1/22/2025

\*Indicates meal is not provided by Office for the Aging Program