



Monday	Tuesday	Wednesday	Thursday	Friday
6 Ham and Cheese Quiche Hashbrown Patty Italian Blend Vegetables Fresh Apple	7	8 Chicken Soup Tossed Salad with Cucumber, Tomato, and Italian Dressing Cherry Pie	9	10 Tortilla Crusted Tilapia Rice Salsa Cup Corn Peach Cup
13 Chicken Patty with Lettuce and Mayo on a Bun Peas & Carrots Mandarin Cup	14 	15 Salisbury Steak Mashed Potatoes Brussels Sprouts Dinner Roll with Butter Fresh Banana	16	17 Tuna Salad over Lettuce with Italian Dressing Multigrain Bread Fresh Pear Chocolate Pudding
20 Meatloaf with Gravy Mashed Potatoes Prince William Vegetables Pear Cup Cream Puffs	21	22 Greek Chicken Salad With cucumber, tomato, red onion, feta, tzatziki, and Italian dressing Pita Bread Mixed Fruit Cup Fig Newton Bar	23	24 Turkey Chili with cheddar and sour cream Corn Muffin Broccoli Pear Cup
27 Lemon Butter Tilapia over Rice Spinach Pineapple Cup Strawberry Ice Cream Cup	28	29 Pork Fajita Bowl with rice, black beans, peppers, onions, and cheddar Salsa Cup Tortilla Chips Mixed Fruit Cup	30	

Allergen information is available upon request by contacting Foodlink at 585.413.5065