

Winter-Spring 2021 Program Guide



OGDEN PARKS AND RECREATION

Winter-Spring 2021
January - May



VIRTUAL BINGO BONANZA

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Ogden Parks and Recreation
269 Ogden Center Road
Spencerport, NY 14559
(585) 617-6174
www.ogdenparksandrec.com

Message from the Director

Andrea Hansen, CPRP

Happy New Year!

We are proud to have made it through the last few months being open to our Community in a modified format. We thank all of you whom joined us whether it be to participate in a special event, restart your Fitness Center membership, take a fitness class, or enroll in preschool or our school-age programming. I am grateful for our dedicated team members who have made the transition for all of our patrons seamless. It is so nice to have everyone back here again!

As we move into a new year, we are taking an optimistic approach with our programming. You will see many programs that are available in-person format, while others continue virtually. We are making all attempts to offer our programs in-person as we safely are able. We do need to follow Monroe County and NYS guidelines for much of our programming, including capacity limitations. We anticipate these limitations continuing for the Winter

season, so if you see an in-person class that appeals to you, please do not delay. There are many programs scheduled, including our popular Lil' Rookie series, the continuation of Pickleball, and new classes such as Barre, Esport tournaments, our , and more!

As always, we suggest that you follow our social media accounts via Facebook at www.facebook.com/ogdenparksandrec or Instagram at www.instagram.com/ogdenparksandrec.com for the most up-to-date information and news. Make an account at www.ogdenparksandrec.com and subscribe to our General email notifications for Department updates. You will find programs, park information, fitness center details, and other pertinent department information.

I hope this upcoming year brings you and your families health, joy, and happiness!

Letter from the Town Supervisor

Gay Lenhard, Town Supervisor

Dear Ogden Residents,

Our community's response to the COVID-19 pandemic has been pivotal in helping to lower the spread. Your continued diligence in wearing masks, limiting group gatherings, and washing hands is important as we continue into the new year.

We enter the year with a budget that stays below the annual tax cap. In addition, due to the recent Agreement with Monroe County in regard to distribution of funds from the CARES Act, the Town will be receiving \$310,327.91 to cover costs related to the COVID pandemic. We look forward to the success of a number of commercial

endeavors within the town, including the construction of townhomes, apartments, self-storage and continued development of solar projects to assist in increasing the town's tax base.

Our Town Offices are open and ready to serve you. Some Departments are available by appointment only. I urge you to take a look at our website at www.ogdenny.com for the most up-to-date information.

Best wishes for a safe and happy 2021!

How to Register for Programs

www.ogdenparksandrec.com

1. Visit www.ogdenparksandrec.com
2. Log into your account or create a new one.
3. Please opt-in to emails in order to receive updates and urgent information regarding the programs you register for.
4. Click on the "Programs" icon
5. Find a program you like and review the requirements (ages, grades, dates) to confirm eligibility.
6. Click on "Register" and proceed to enter your payment information.
 - Pay online using credit card (fee applies), mail or bring in cash or check.
 - Registration is not confirmed until payment is made

Mission Statement

The Town of Ogden Parks and Recreation Department is committed to providing diverse, quality, year-round leisure opportunities through the preservation of open space and establishment of park lands, recreational facilities, and programs for the residents of Ogden. These services are designed to promote the physical, mental, cultural, and social needs of our residents and visitors, while enhancing the overall quality of life in our community.



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General Information

Our Team

Ogden Town Board

Gay Lenhard - Supervisor
Thomas Cole - Deputy Supervisor
Malcolm Perry - Department Liaison
Aaron Baker
Michael Zale

OPR Administration

Andrea Hansen - Parks and Recreation Director
Kelly Bartell - Recreation Supervisor
Kyle Derry - Recreation Supervisor
Lucia Colapietro - Administrative Assistant

OPR Preschool

Bridget LaDuca
Eileen LeChase
Amanda Pustay
Dina Priester

Parks, Building, and Grounds

Anthony Mattia - Maintenance Supervisor
Ryan Rowcliffe

Our team is composed of an assembly of part-time, seasonal staff, as well as contractors, volunteers and civic and business partners, whom are all critical in our Department Operations.



Area Youth Sport Organizations

The following organizations are not operated by Ogden Parks and Recreation. Please visit the following websites listed for further information.

Ogden Bears Football: www.ogdenbears.com

Spencerport Junior Baseball and Softball:
www.spencerportjuniorbaseball.com

Spencerport Soccer Club:
www.spencerportsoccerclub.org

Spencerport Youth Lacrosse:
www.spencerportyouthlacrosse.org



General Information



Hours of Operation

(Subject to Change)

Administrative Office

Monday - Friday
8:30am - 4:30pm

Please note: Administrative staff may be working remotely; phone calls may go to voicemail. Please email recreation@ogdenny.com for a timely response. Thank you for your patience.

Holiday Closings

January 1: New Years

January 18: Martin Luther King Jr. Day

February 15: Presidents Day

April 2: Good Friday

Fitness Center Closings: TBA

Social Media

[Facebook.com/ogdenparksandrec](https://www.facebook.com/ogdenparksandrec)

[Instagram.com/ogdenparksandrec](https://www.instagram.com/ogdenparksandrec)

Online Registration

www.ogdenparksandrec.com

ogdenny.myrec.com/info/activities



For more department information, please visit www.ogdenparksandrec.com



Stay Informed

KEEP UP TO DATE

New programs may become available after this guide is published. Please keep an eye on our website and social media accounts to keep informed!

WWW.OGDENPARKSANDREC.COM

COVID-19 **PROGRAM PROTOCOL**

- Programs follow current CDC and NYS COVID-19 Guidelines
- Program participants are asked to arrive no earlier than 5 minutes prior to class.
- A mask must be worn at all times.
- Please no congregating before/after class.
- If you are sick, stay home.
- Wash or sanitize before entering/exiting facility.
- Participants subject to questionnaires and temperature checks.
- Water fountains are closed.
- Capacity limitations in effect.
- All programs are pre-register only.
- Admission limited to participant only (except where parental involvement is required).

WHAT'S NEW?

This edition of the OPR Program Guide has many new and interesting programs to offer to our amazing residents. Take on the New Year by trying out a new program! Be sure to check the top right corner of a program for the "New Program" symbol to see what is new in 2021!



Family and Community Events

SNOWMAN AND SNOW SCULPTURE BUILDING CONTEST



Put on your snow pants and enter the winter wonderland to participate in our Snowman and Snow Sculpture Building Contest. Our OPR judges can't wait to see your creations! Winners will be contacted to receive a special prize.

Ages: Town of Ogden Residents

Dates: Submit photos by Sunday, April 4th

Cost: Free

Submit: One photo and please include the name of the snowman or sculpture, name(s) of the builder(s), contact information and ages of builders.

Email: kderry@ogdenny.com

Mail: Ogden Parks and Recreation, 269 Ogden Center Road, Spencerport, NY 14559



COED



Calling all Pickleball players! Whether you play every day, or you just play when you can, this tournament is for you. Make new friends, while enjoying some friendly competition. Please register individually; players will be randomly placed into mixed partners. All players will receive a t-shirt (must register by February 19)! Please specify your rating upon registration. All levels will be combined for a fun competition.

When: Friday, March 5

Ages: 18 years and over

Start Time: 9:30am

(Doors will open at 9:15am for check in)

\$20 R/\$25 NR

Ogden Community Center

Maximums in effect; Register Early!

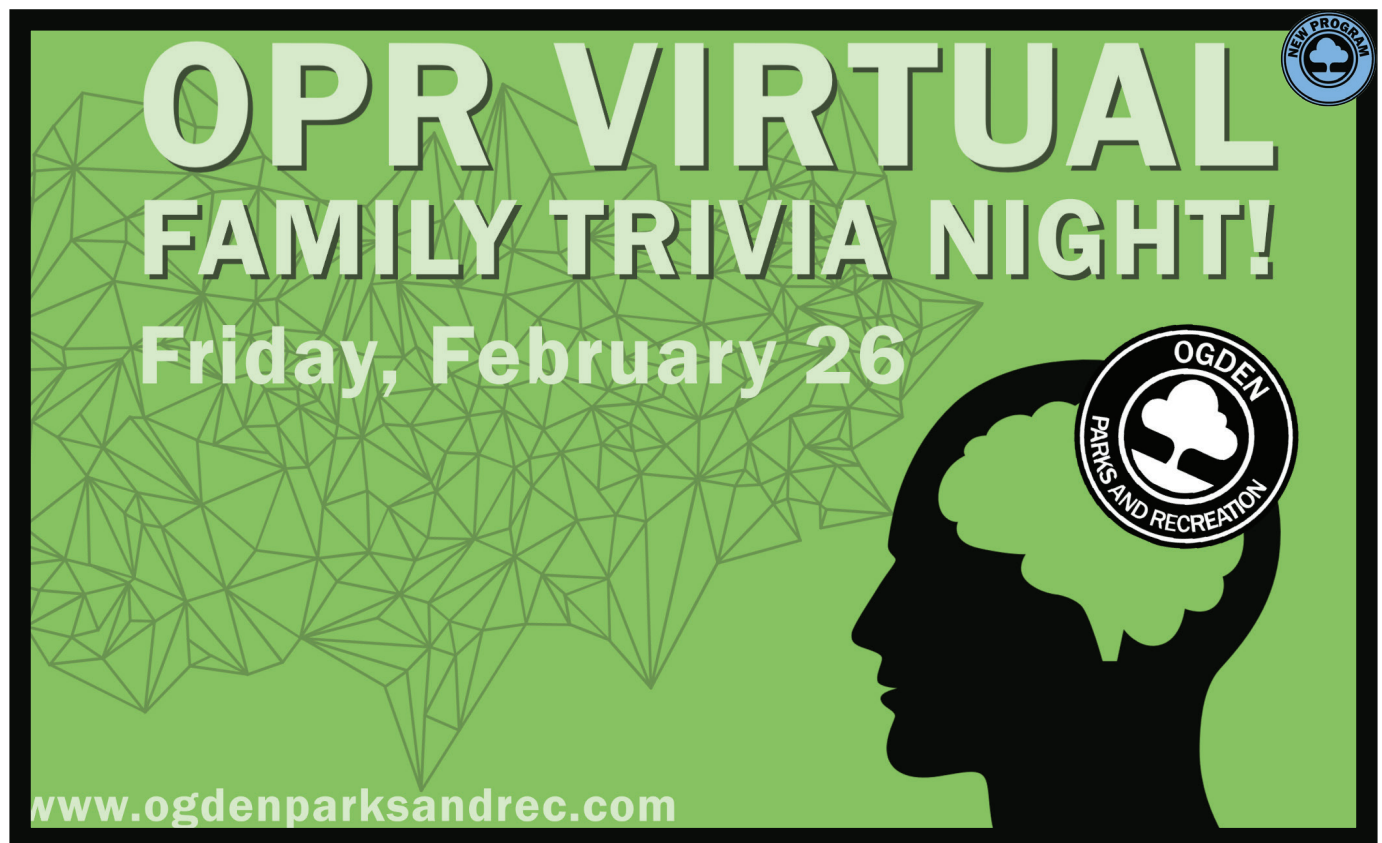


Family and Community Events





Bingo Bonanza
FAMILY FUN | PRIZES | VIRTUAL
JOIN US FOR A VIRTUAL BINGO NIGHT FRIDAY, JANUARY 29!
Ages: All
Day: Friday, January 29
Time: 6:00pm Start Time
Cost: \$5 R/ \$7 NR
Location: Virtual experience (Zoom)





**OPR VIRTUAL
FAMILY TRIVIA NIGHT!**
Friday, February 26



www.ogdenparksandrec.com

Family and Community Events



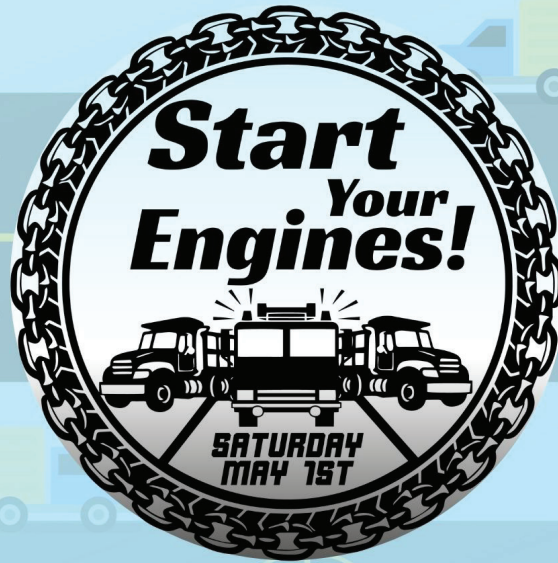
**DINNER
WITH THE
EASTER BUNNY**

FRIDAY, MARCH 19



OPR
EASTER EGG HUNT
SATURDAY, MARCH 20

Family and Community Events



Saturday, May 1
10am - 12pm

Call for Sponsors!

Sponsors play an important role, allowing us to provide top-notch programming at little or no cost to our community members. Sponsors will be offered a variety of promotional opportunities in exchange for their commitment. Sponsors are sought on an ongoing basis for a variety of special events. Contact us at recreation@ogdenny.com to find out how you can partner with Ogden Parks and Recreation!

HAPPY VALENTINE'S DAY



Valentine's Day Coloring Contest Instructions

Celebrate Valentine's Day with OPR and participate in our coloring contest! Winners will be contacted to receive a special prize.

Bonus points for tagging us on social media!

Who: Town of Ogden Residents

Dates: Submit entries by Friday, February 12th

Cost: Free

Submit: One coloring sheet per participant and please include the name, age, phone number and email of the artist on the back.

Email: kderry@ogdenny.com

Mail: Ogden Parks and Recreation, 269 Ogden Center Road, Spencerport, NY 14559



These introductory programs are designed to teach youth the basics of the sport along with the motor skills necessary to play. Each week, our coaches will teach children the specified sport through fun activities, parental involvement and age appropriate equipment. This program focuses on the fun of the game without the threat of competition or fear of failure. Registration will open 3 weeks prior to the start of each program.

Lil' Rookie Indoor Soccer

January 26 – February 9

Lil' Rookie Bowling

March 2 - March 16

Lil' Rookie Tennis

April 6 - April 20

Lil' Rookie Lacrosse

May 4 - May 18

Coming this summer...

Baseball & Golf!

Ages: 3 - 5 years

Day: Tuesdays

Time: 6:00 - 6:45pm

Cost: \$30 R/\$35 NR per child, per sport

**Location: Ogden Community Center, Lil' Rookie Bowling
will take place at Spencerport Bowl**

**Note: Each participant will receive a t-shirt and Lil' Rookie
collectors card. Please one actively participating adult per lil' rookie.
Spectators will not be permitted. Program details are subject to change.**

Preschool Programs



Little Leaguer

Spencerport Junior Baseball and Softball
This introductory program is designed to teach youth the fundamentals of baseball including: catching, throwing, hitting and running the bases. Coaches will teach Little Leaguers through fun activities, parental involvement and age appropriate equipment. This program focuses on teamwork and the fun of the game without the threat of competition or fear of failure.

Ages: 4 - 6 years

Day: Thursdays

Dates: March 11 - April 22
(no program 4/1)

Time: 6:00 - 7:00pm

Cost: \$50 R/\$55 NR

Location: Ogden Community Center

Note: Each participant will receive a t-shirt and a baseball. Please one actively participating adult per little leaguer. The program will be held at Pineway Ponds Park if weather permits. Spectators are not permitted.



Lil' Leprechauns OPR Team

Bring your preschooler out to celebrate the lucky day of the Irish. Little Leprechauns will participate in an exciting 'Pot of Gold Coin Hunt', make a St. Patrick's Day craft, and enjoy a delicious treat! Be sure to wear green!

Ages: 4 - 5 years

Day: Friday

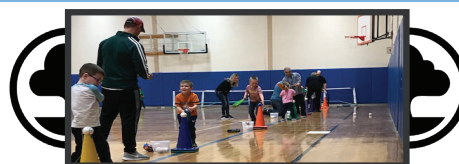
Date: March 12

Time: 12:00 - 1:00pm

Cost: \$6 R/\$11 NR per child

Location: Ogden Community Center

Note: This is a drop-off program.



Active Art! with Mary Slaughter



Beat the Winter blues by wiggling and giggling with art projects that not only turn out masterpieces but are fun to do every, easy step of the way! In this video series that you can access as much as you like, you will be jumping, pounding, dipping and dabbing art materials to create great colors and textures! Art is a great start for little engineers, scientists, designers and all creative thinkers! A list of any necessary materials will be emailed upon registration. Projects are not difficult in nature and are meant to engage children ages 4-7 and even 2-3 years with a little help! Seven different projects to follow along with! Session also includes the instructors personalized video for your special artist and a slideshow, "Gallery of Masterpieces" that displays the growing body of accomplishments of the Active Art class! One registration covers everyone in the household!

Ages: 2 - 7 years

Day: Wednesday

Date: February 10 - March 17

Cost: \$40 R/\$45 NR

Location: Virtual experience

Note: Participants will be emailed program information upon registration.



Youth Sports Leagues



Youth Futsal League OPR Team

Join us for some 3 v 3 indoor Futsal action! We will split up into teams of 3 and play futsal matches throughout the 1-hour time slot. Each week we will randomly assign teams and play games using a regulation futsal ball which has less bounce and more control. Playing experience is highly recommended.

Ages: Rookie: Grades 2 - 3

Mighty Mite: Grades 4 - 6

Day: Tuesdays

Session 1: April 6 - April 20

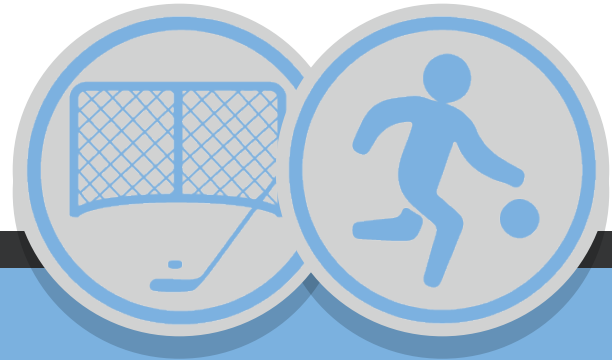
Session 2: May 4 - May 18

Time: 7:15 - 8:15pm

Cost: \$30 R/\$35 NR per session

Location: Ogden Community Center

Note: Please wear appropriate footwear and bring a water bottle.



Youth Basketball League Youth Floor Hockey League Update

We are hopeful that our athletes will be able to meet their teammates soon at the Ogden Community Center for our fun, non-competitive basketball and floor hockey leagues. New York currently has a restriction on organized basketball and hockey leagues. We hope to offer our leagues this winter/spring if safety guidelines allow. View www.ogdenparksandrec.com for updates and information.



Youth Flag Football League OPR Team | Volunteer Coaches

RETURNS FALL 2021!

Youth Sports Clinics



Join us in the Ogden Community Center gymnasium for fun noncompetitive sports clinics! Our program is designed for players to be introduced to the fundamentals of the sport and the skills necessary to play through skill development, drills and age appropriate equipment. We will focus on the fun of the game, sportsmanship and teamwork without the threat of competition or fear of failure. Get geared up and excited for our upcoming sports leagues!

Youth Basketball Clinic

Ages: Grades K - 6
Day: Tuesdays
Dates: January 26 - February 9
Time: 7:15 - 8:15 pm
Cost: \$30 R/\$35 NR
Location: Ogden Community Center
Note: Each participant will receive a t-shirt. Please wear sneakers, athletic clothing and mask.

Youth Floor Hockey Clinic

Ages: Grades K - 6
Day: Tuesdays
Dates: March 2 - March 16
Time: 7:15 - 8:15 pm
Cost: \$30 R/\$35 NR
Location: Ogden Community Center
Note: Each participant will receive a t-shirt. Please wear sneakers, athletic clothing and bring your own safety goggles and mask. Hockey sticks will be provided.

For up to date information on programs, leagues, and activities, please visit us online at www.ogdenparksandrec.com or follow us on social media.



Youth Programs



Youth Tennis Clinic

Empire Tennis Academy

Meet your teammates on the court at the Ogden Community Center for a fun noncompetitive tennis clinic. Our program is designed for players to be introduced to the fundamentals of tennis and the skills necessary to play through skill development, drills, game play and age appropriate equipment. We will focus on the fun of the game, sportsmanship and teamwork without the threat of competition or fear of failure. Get geared up and excited to step on the court!

Ages: Grades K - 6 (split into age appropriate groups)

Day: Wednesdays

Session 1: February 3 - 24
(no class 2/17)

Cost: \$30 R/\$35 NR

Session 2: March 3 - 24

Cost: \$35 R/\$40 NR

Time: 11:45am - 12:45pm

Location: Ogden Community Center

Note: Each participant will receive a t-shirt. Please wear sneakers and athletic clothing. All equipment will be provided.



Nerf Wars

OPR Team | Rochester Foam Dart League

New Nerf Gun for the holidays? Put it to the ultimate test! Are you brave enough to cross enemy lines and enter the OPR battlefield? Be fast, fierce and dodge darts as you play and compete against your friends. Rochester Foam Dart League will provide the ultimate nerf experience. Do you think you have what it takes to become the champion? Grab your friends and come find out. Game play and rules will be announced prior to each battle.

Grades: K - 6

Day: Friday

Date: February 12

Time: 6:00 - 7:30 pm

Cost: \$20 R/\$25 NR

Location: Ogden Community Center

Note: Nerf guns and ammunition will be provided, but you are welcome to bring your own. Please bring your own safety goggles.



Youth/Teen Programs



Ages: 7 - 17 years
Day: Mondays
Session 1: January 25 - February 15
Session 2: March 1 - March 22
Time: 3:00 - 4:00pm
Cost: \$140 R/\$150 NR
Location: Virtual experience
Note: A PC or a MAC is required, a Chromebook will NOT work for this class. Participants may be asked to participate via Zoom, webcam and microphone is recommended.

CODE YOUR OWN ROBLOX GAME CODE WIZ

Become a Roblox game wiz using Lua! Create versions of your fairytale universe with Roblox. Roblox studio has all the tools to make your wildest gaming imaginations a reality. In this course, you and other passionate kids will learn how to make use of the many tools on Roblox to code terrific games, relaying your imaginative capabilities to the world. By using Lua, you will be creating extensions to the Roblox game while fostering your creativity and learning real-world computer coding. Students will learn how to program within Roblox Studio using the LUA programming language. They will learn how to use the Roblox Studio 3D game engine by designing a 3D world, scripting different objects, and by learning the life cycle of game development from planning an idea, designing their game, to having a finished product! All while learning fundamentals of coding.



Ages: 7 - 17 years
Day: Wednesdays
Session 1: January 27 - February 17
Session 2: March 3 - March 24
Time: 11:00am - 12:00pm
Cost: \$140 R/\$150 NR
Location: Virtual experience
Note: A PC or a MAC is required, a Chromebook will NOT work for this class. Participants may be asked to participate via Zoom, webcam and microphone is recommended.

MINECRAFT WORLD BUILDER CODE WIZ

Minecraft economy has never been as exciting as Minecraft World Builder, in this course, you will learn how to run a city, manage money, protect the environment, all within the 3D world of Minecraft! This is not coding based, but more real-world economics, city planning, and life management! In Minecraft World Builder, you will be a part of a committee and learn to manage money by building onto your ever-growing city with your peers. During this class your child will learn teamwork, real-life money management, town designing, environment protection, public speaking, presentation skills, and economics all within the very popular 3D video game Minecraft.



Youth/Teen Programs



Yoga and Mindfulness for Kids

Jodi Baker

Children will learn yoga poses through playing fun and challenging yoga style games while maintaining a safe social distance. They will be involved in mindful activities that can benefit them in coping with these uncertain times, share circles, and strategies which will teach them how to calm and relax their bodies, to find peace in chaos and release tension. Children will learn to take turns, express themselves creatively, and use their imagination. They will work on mindful activities to help them learn about themselves and others.

Ages: 6 - 12 years

Day: Saturdays

Dates: Session 1: February 6 - March 20
(no class 2/20)

Cost: \$45 R/\$50 NR

Session 2: April 10 - May 1

Cost: \$30 R/\$35 NR

Time: 9:00 - 10:00am

Location: Ogden Community Center

Note: Dress comfortably and bring a water bottle, yoga or exercise mat to each class.



Mission Moon

Centi Astro - Space Activities

This course will introduce participants to the Moon and how humans explored it through observations from Earth and how it led to going there first hand. We will cover the Apollo missions, the human exploration and what was learned about our neighbor. It has been decided that we are going back and this time we will explore and study it more extensively. This is what is called the Artemis program. Humans will explore the Moon and develop the technology needed to eventually go to Mars and beyond.

Grades: 5 - 8

Day: Tuesdays

Date: February 23 - March 30

Time: 6:30 - 7:30pm

Cost: \$35 R/\$40 NR

Location: Virtual experience

Notes: Each session will include an interactive presentation giving students the ability to ask questions. Activities will be uploaded along with pertinent videos to work on before each session. The sessions will be presented through Google Meet. Before each session participants will be emailed a program meeting link.

Youth/Teen Programs



Home Alone Safety EPIC Trainings

Taught in an interactive virtual classroom, supplemented by a video presentation and group activities; participants will learn the importance of behaving responsibly when home alone. Topics include: basic first aid, what to do when a stranger comes to the door, answering the phone, Internet safety and how to react during various home emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child.

Ages: 7 - 13 years

Session 1: Tuesday, February 16

Session 2: Thursday, April 1

Time: 12:30 - 2:00pm

Cost: \$35 R/\$40 NR per session

Location: Virtual experience

Note: Before each program participants will be emailed a meeting link and electronic materials.



First Aid for Kids EPIC Trainings

This course teaches younger responders how to recognize and react responsibly in a variety of emergency situations. Through demonstration and hands on exercises, students will learn how to: follow COVID-19 safety guidelines, control bleeding, care for muscle, bone, and joint injuries, treat a burn, and much, much more. Every student will receive an electronic, first aid book. This course meets the requirements necessary to earn the Girl Scout First Aid Badge and Boy Scout Readyman Badges.

Ages: 7 - 13 years

Session 1: Tuesday, February 16

Session 2: Thursday, April 1

Time: 2:00 - 3:30pm

Cost: \$30 R/\$35 NR per session

Location: Virtual experience

Note: Before each program participants will be emailed a meeting link and electronic materials.



Youth/Teen Programs



Babysitter's Training EPIC Trainings

Taught through classroom discussion, instructor lead lecture and supplemented by an interactive video presentation; this 5 hour class for children ages 11 and over, teaches participants the roles and responsibilities of a babysitter including skills in: accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a certification card upon completion.

Ages: 11 years and over

Session 1: Tuesday, February 16

Session 2: Thursday, April 1

Time: 9:00am - 12:00pm

Cost: \$45 R/\$50 NR per session

Location: Virtual experience

Note: Before each program participants will be emailed a meeting link and electronic materials.



**Programs
Camps
Leagues
Special Events
Parks
Trails**



gden

Parks and Recreation

WWW.OGDENPARKSANDREC.COM

ODDEN
Parks and Rec



OPR Esports Tournaments



Think you have what it takes to compete in an Esports Tournament? Now is the time to show off your skills! Introducing OPR's new Esports tournaments that will take place the first Wednesday of each month starting February 2021. OPR Esports are friendly, organized video gaming competitions that you and your friends can take part in and compete to win! Please review the note on each tournament description to confirm you have the appropriate equipment to participate. Participants will receive an email 24 hours before the start of the tournament with discord server information, zoom links (if applicable), and tournament rules and format. Upon registration, please be sure to answer any questions thoroughly. Online subscriptions may be required to participate*



Mario Kart 8 Deluxe

Nintendo Switch

Platform: Nintendo Switch
ESRB Rating: E - Comic Mischief
Tournament Style: Competition Style
Ages: 9 - 16 years
Day: Wednesday
Date: February 3
Time: 4:00pm Start Time
Cost: \$5 Resident, \$7 Non-Resident
Location: Virtual experience
Note: Each participant will need access to Zoom (Webinar), Discord, and the proper game console noted for the tournament.



Rocket League

Xbox | PS | Switch | PC

Platform: Xbox One | PS4 | PC | Switch
ESRB Rating: E - Mild Lyrics
Tournament Style: Random Duos Bracket
Ages: 9 - 16 years
Day: Wednesday
Date: March 3
Time: 4:00pm Start Time
Cost: \$5 Resident, \$7 Non-Resident
Location: Virtual experience
Note: Each participant will need access to Zoom (Webinar), Discord, and the proper game console noted for the tournament.



Among Us

Mobile | Nintendo Switch | PC

Platform: Mobile | Nintendo Switch
ESRB Rating: 10+ Years, fantasy violence and mild blood
Tournament Style: 2 imposters
Ages: 9 - 16 years
Day: Wednesday
Date: April 7
Time: 4:00pm Start Time
Cost: \$5 Resident, \$7 Non-Resident
Location: Virtual experience
Note: Each participant will need access to Zoom (Webinar), Discord, and the proper game console noted for the tournament.



Adult Programs



Strength and Tone Stephanie Choate

This workout will reshape your body targeting common trouble spots while shaping and toning each muscle. Using hand weights and your own body weight, we will do a variety of upper and lower body exercises. Each class will end with 10 minutes of stretch and cool down. This class is appropriate for all fitness levels.

Ages: 16 years and over

Day: Mondays and Wednesdays

Location: Ogden Community Center Gymnasium

*Classes may take place outside when weather allows.

Mondays (9:15 - 10:15am)

Session 1: January 11 - March 8 (no class 2/15)

(Session 1 First class will take place Friday, 1/22)

Session 2: March 15 - April 26 (no class 3/29)

Cost: \$50 R / \$55 NR per session

Wednesday Mornings (9:15 - 10:15am)

Dates: March 10 - April 21 (no class 3/31)

Cost: \$50 R / \$55 NR per session

Wednesday Evenings (6:15 - 7:15pm):

Dates: February 24 - March 24

Cost: \$35 R / \$40 NR per session

Stay tuned to our website at www.ogdenparksandrec.com for additional classes.

Note: Equipment will not be provided due to NYS safety guidelines. Please bring a pair of dumbbells and an exercise mat to each class.



Zumba Fitness Rebecca King

When you see a Zumba class in action, you will want to give it a try. These classes feature rhythms set to high-energy beats. Before you know it, you will be getting fit and your energy level will be soaring! It's easy to do, effective, totally exhilarating, and fun! Class will be held outdoors when weather allows. Pre-registration is required.

Ages: 16 years and over

Day: Mondays and Wednesdays

Time: 6:00 - 7:00pm

Location: Ogden Community Center

January Session: January 4 - 27 IN PROGRESS,

Day-Of Registration Available (see below)

\$7 R/\$8 NR

February Session: February 1 - 24

Mondays: \$15 R / \$18 NR (no class 2/15)

Wednesdays: \$20 R / \$24 NR

March Session: March 1 - 31

Mondays: \$25 R / \$30 NR

Wednesdays: \$25 R / \$30 NR

April Session: April 5 - 28

Mondays: \$20 R / \$24 NR

Wednesdays: \$20 R / \$24 NR

Note: NEW Day-of registration (prior to 2:00 pm) will be an option the day of each class. On-site registration will not be available due to NYS safety guidelines. Day-of registration cost: \$7 R / \$8 NR per class

Adult Programs



Yoga

Jodi Baker

Reduce stress, tone muscles, lose weight, gain flexibility, strength and endurance! This class is offered for multi-level participants. Modifications and challenges will be offered during class. No prior yoga experience is necessary. This class will help you relax and invigorate yourself.

Ages: 16 years and over

Day: Tuesdays

Session 1: January 12 - February 23
(no class 2/16)

Session 2: March 9 - April 20
(no class 3/30)

Time: 6:00 - 7:00pm

Cost: \$45 R/\$50 NR per session

Location: Ogden Community Center

Day: Thursdays

Dates: January 14-February 25
(no class 2/18)

Cost: \$45 R/\$50 NR

Note: Dress comfortably and bring a water bottle, yoga or exercise mat to each class.



Open Walking

OCC Gymnasium

Open walking program description and details can be found online at www.ogdenparksandrec.com



Basic Barre

Elizabeth Decosse

Designed for a wide range of fitness levels this class is a fusion of pilates, strength training and ballet. Sequencing patterns and isometric movements target specific muscle groups to improve strength, balance, flexibility and posture.

Ages: 16 years and over

Day: Thursdays

Session 1: January 21 - February 25

Session 2: March 11 - April 22

(no class 4/1)

Time: 6:00 - 7:00pm

Cost: \$45 R / \$50 NR per session

Location: Ogden Community Center

Note: Equipment will not be provided due to NYS safety guidelines. Please bring an exercise mat and a water bottle to each class.



Pickleball Programs



Open Pickleball

We're back open for play! Please read through our return to play guidelines. Play is currently open for **PLAY OF ALL LEVELS COMBINED** during the following days/times (subject to change, please see www.ogdenparksandrec.com for most up-to-date schedule). You must have an account on www.ogdenparksandrec.com in order to register for a timeslot.

Tuesdays

9:30-11:00am

1:00-2:30pm

Thursdays

9:30-11:00am

1:00-2:30pm



Thursday Night Pickleball

Get fit, socialize, and have fun playing Pickleball! All skill levels intermix for game play; partners will be mixed. Knowledge of the rules and game-play experience is required. Return to play guidelines in effect; masks are required at all times. See you on the court!

Ages: 18 years and over

Dates: Thursdays

Dates: January 21 - February 25

Time: 7:00 – 8:30pm

Cost: \$30 R/\$35 NR

Location: Ogden Community Center

Notes: Program time subject to change (earlier start time) pending gym availability.

Residents can register upon release of guide.

Non-residents can register beginning 1/14.

Before and After School

Please visit www.ogdenparksandrec.com for more information

Our Before and After School Program offers a wide range of recreational activities and experiences, as well as a social connection to friendships. Children will stay active in a safe setting, which includes a full-size gymnasium and a variety of activity centers. Our team goes through extensive staff training including, leadership, first aid, CPR and AED, games, activities, and social emotional communication.

Enrollment is limited. Busing is provided by Spencerport Schools. Check out our REQ-Day programming for days when in-school instruction is not scheduled.

Given the current situation with the COVID-19 pandemic, Ogden Parks and Recreation has made important changes to our 2020-21 Before and After School Program. The changes made are to ensure the safety of all participants and are based upon the most current guidelines from NY State and the CDC (Centers for Disease Control and Prevention). We look forward to accommodating these guidelines while offering a safe, caring, and fun environment for your child. Please note that as situations change, our program may also change.

Ages: Grades K-5

Spencerport Central School Students

Day: Mondays/Thursdays

Tuesdays/Fridays

Dates: January - June 2021

Time: AM Program 7:00am - bus arrival

PM Program bus arrival - 5:30pm

Cost: varies by Month, please see website for details

Location: Ogden Community Center

Notes: Please see the Program Information Handbook for further details at www.ogdenparksandrec.com



Recess Camps

Join our Ogden Parks and Recreation team as we engage children with fun activities during school vacation days. All themed activities are listed below as the theme for the day. Each day includes lunch time (please bring a bag lunch and snacks daily, unless noted otherwise), gym time, group activities, and crafts. Space is limited; register early. More specific information will be communicated prior to the start of the program.



Recess Camp - Around the World

Tuesday, February 16 - Australia

Wednesday, February 17 - Europe

Thursday, February 18 - South America

Friday, February 19 - North America

Recess Camp - Spring into Nature

Monday, March 29- Tulips & Tadpoles

Tuesday, March 30 - Green Grass Growing

Wednesday, March 31- Weather Wednesday

Thursday, April 1- Flower Power Friday



Cost, per day: \$50 R/\$60 NR
Cost for all four days: \$160 R/\$200 NR
Price increases 2 weeks prior to program start date

Ages

Grades K - 5

Time

7:30am - 5:30pm

Location

Ogden Community Center

R.E.Q. Day Childcare

Recreation, Exercise, Quiet Time

Our R.E.Q. Day program involves recreation, exercise, and quiet time activities for children to enjoy when they are not participating in in-school instruction!

Enrollment is limited. This program is open to students in grades K-5 in the Spencerport Central School District ONLY enrolled in the IN-PERSON INSTRUCTION GROUPS. If your preferred program is full, please email recreation@ogdenny.com to be included on the wait list. We will be following enhanced safety protocol, please read through our parent handbook before registering. **IMMUNIZATION RECORDS ARE REQUIRED.**

Ages: Entering Grades K-5
Spencerport Central School Students
Day: Monday - Friday
Dates: January - June 2021
Times: 8:00am - 4:00pm
Cost: varies by Month, please see website for details
Location: Ogden Community Center
Notes: Students attending in-person instruction with Spencerport School District only.



Preschool Classes

Little Red School House

416 Washington Street,
 Adams Basin
lrspschool@ogdenny.com
 585-352-2119

Ogden Community Center

269 Ogden Center Road,
 Spencerport
occpreschool@ogdenny.com
 585-617-6173

LRS & OCC Two's Preschool

416 Washington Street
 269 Ogden Center Road
twospreschool@ogdenny.com
 585-617-6174

2021-22 Registration to be released Spring 2021!
Please see our website for more information.



Pineway Ponds Park Lodges

Rental Information - Visit ogdenparksandrec.com for more information

Our lodges are now available to be requested and rented Online! Town of Ogden residents may request lodges 1 year from the event date; non-residents may request lodges 6 months from the event date. Please note: All prices below are through December 31, 2021. For more information on rentals and requests, please visit our website. *All Rentals subject to COVID-19 guidelines, including capacity limits. Please view further details at www.ogdenparksandrec.com



\$200 R/\$250 NR
\$25 add't. rate 11/1 - 4/30

Available year-round

Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and grills.

Seating capacity is 96



\$140 R/\$170 NR
\$25 add't. rate 11/1 - 4/30

Available year-round

Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and outdoor grills.

Seating capacity is 60



\$115 R/\$140 NR

Available May-October

Amenities include: electric, refrigerator, stove, microwave, outdoor grills.

Seating capacity is 60



\$115 R/\$140 NR

Available May-October

Amenities include: electric, refrigerator, stove, microwave, and outdoor grills.

Seating capacity is 50

Fitness Center

Are you looking for a great workout at an affordable price? Tired of packed fitness centers and waiting in line to use a machine? Our fitness center consists of a 6-station, 12-exercise weight training circuit that will work every major muscle group. Cardio equipment includes: ellipticals, recumbent bike, and treadmills.

We also have trained staff that will demonstrate the proper use of each piece of equipment! *COVID-19 guidelines are in place, Please view our opening plan and further details at www.ogdenparksandrec.com



YES, YOU NEED A MASK!



-All participants MUST wear acceptable face coverings at all times.

-Masks may be removed to eat or drink.

-Participants unable to wear a mask due to medical reasons may wear a plastic face shield.

-Acceptable face coverings include cloth-based and disposable masks that cover both mouth and nose.



-Bandanas, buffs, and gaiters are not acceptable face coverings for use in gyms at this time.



Thank you for your cooperation!

www.ogdenparksandrec.com



Membership Rates

Resident Membership

Full Year	\$140.00
6 months	\$90.00
3 months	\$75.00
1 month	\$35.00

Non-Resident Membership

Full Year	\$150.00
6 months	\$100.00
3 months	\$85.00
1 month	\$45.00

Membership freeze (up to 1 month)...\$15 R/\$20 NR



Trails



**Pineway Ponds Walking Trail,
Pineway Ponds Park**



**Rose Turner Park Trail,
Big Ridge Road**



**Springdale Farm Trail,
700 Colby Street**



**Northhampton Park Creek Trail,
304 Salmon Creek Road**



**Heritage Trail,
Waters Edge Drive**



Erie Canal Trail

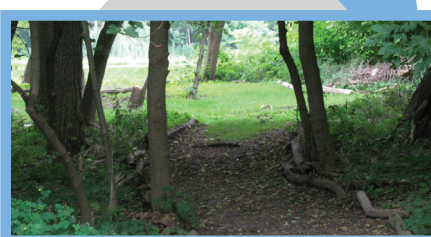
Parks

The Town of Ogden is filled with wonderful passive and active opportunities through our many different parks. We encourage you to visit and see what we can offer you! All of our parks and open space lands are smoke free!

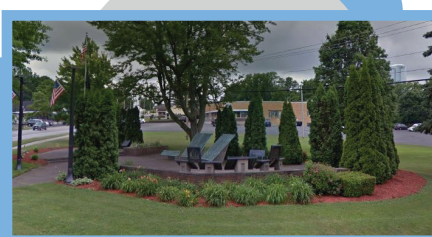
A permit/insurance is required for usage of a court/field/open space.
Please email recreation@ogdenny.com for further information.



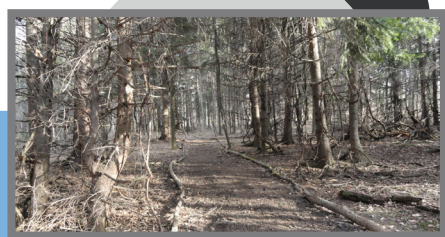
HERITAGE PARK
Water's Edge Drive



SNICK HAWKINS PARK
Canal Road



MEMORIAL PARK
Union Street



ROSE TURNER PARK
Big Ridge Road



OPEN SPACE
Buffalo Road



PINEWAY PONDS PARK
Park Road





Genesee Valley Recreation and Parks Society

2020 Award Winners



DISTINGUISHED SERVICE AWARD WINNER

ANDREA HANSEN, CPRP
Ogden Parks and Recreation Director

This is the most prestigious award that the GVRPS offers. To receive the Distinguished Service Award, the nominee shall be an individual who has made significant contributions, over a period of 10 years or more, to GVRPS and their local district/affiliate.



YOUNG PROFESSIONAL AWARD WINNER

KYLE DERRY
Ogden Recreation Supervisor

The Young Professional Award is presented to a current parks and recreation professional who exhibits the attributes of an emerging leader, as displayed through their initiative, innovation, and contributions to the park and recreation field. Nominees should possess a record of career advancement, be engaged in professional and/or community organizations, and demonstrate outstanding service to their agency. Must be a GVRPS member and have less than five years experience in the field of parks and recreation in their current position.

Winter/Spring 2021 Calendar

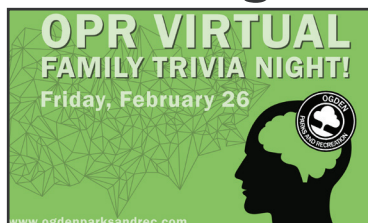
January 29

**Virtual Family
Bingo Night**



February 26

**Virtual Family
Trivia Night**



March 5

**Dinkin Around
Pickleball Tournament**



March 19

**Dinner with
The Easter Bunny**



March 20

**Easter
Egg Hunt**



May 1

**Start
Your Engines!**



2021 SUMMER CAMP DETAILS COMING SOON...

KEEP UP TO DATE AT
WWW.OGDENPARKSANDREC.COM
AND ON SOCIAL MEDIA...

WWW.FACEBOOK.COM/OGDENPARKSANDREC
WWW.INSTAGRAM.COM/OGDENPARKSANDREC



THANK YOU

to all of our essential workers, frontline workers, and emergency personnel

We appreciate you!

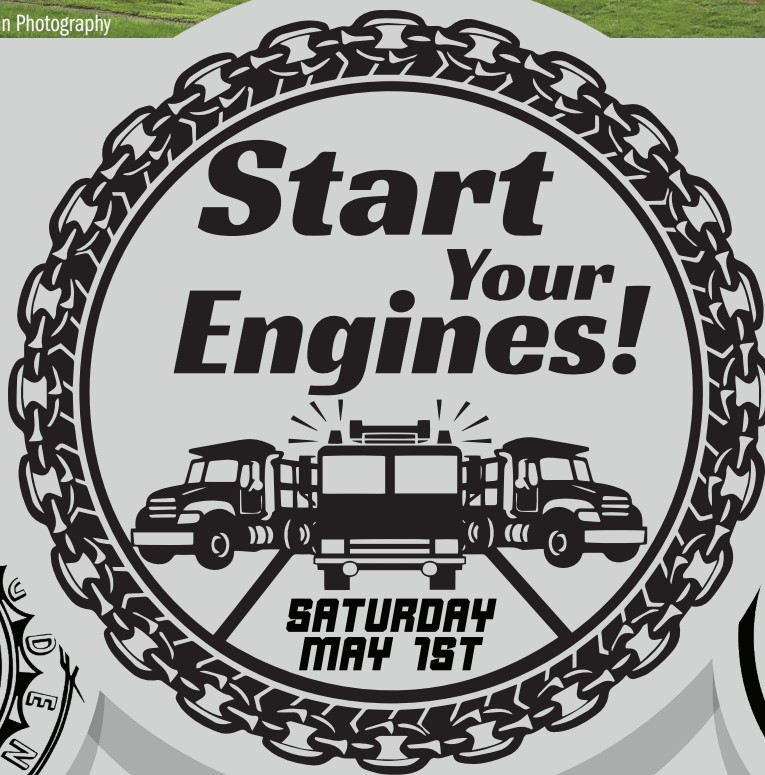


OGDEN PARKS AND RECREATION





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PHOTOGRAPHY Photo Provided By A Sebastian Photography



www.ogdenparksandrec.com