



# OGDEN PARKS AND RECREATION

**FALL 2020**

September - December



## TOWN TRICK OR TREAT

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## YOUTH SPORTS LEAGUES

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**Ogden Parks and Recreation**

269 Ogden Center Road

Spencerport, NY 14559

(585) 617-6174

[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)

# Message from the Director

Andrea Hansen, CPRP

Time moves fast when you are having fun and boy, did our summer fly by! We were able to offer summer camp programming to our older preschool and school-age friends. Our amended programming was full of laughter, unique themes, and lots of outdoor sun. The Community Center parking lot transformed into a drive-in movie theater for a showing of Toy Story 4. Fitness Classes took to the great outdoors and other programs took to the great world of Zoom. We tried it all this summer. We thank those who created memories with us! A great big THANK YOU also goes to our Preschool and School-Age Summer Camp staff for all their efforts this summer. Even with masks, we could see their smiles and feel their enthusiasm every day. Kudos to each of you on a job well done! As our Fall guide goes to publication, we are looking forward to the return of our school-age children with Before-school, After-school, and Full Day programming. Our 4-year old Preschool classes will begin in September,

with the hopes that the 2- and 3- year old's will join us shortly after. Within a couple of weeks our Fitness Center will reopen, and our facilities will be alive once again. We have some creative offerings coming up to celebrate our favorite holidays. Our events have enrollment maximums and will be limited to pre-registered participants, so that we can stay within the allowance for group gatherings - don't wait to register! We are hopeful our programming offerings will expand as we move further into the Fall. For that reason, this guide is once again in a digital format. Please keep up to date with our Facebook and Instagram pages, as well as subscribe to our General email notifications for Department updates. Our team is working hard to create and maintain a safe environment for you to return to, limiting our capacity, ramping up our cleaning, and following NYS and CDC guidelines. Grab a mask and join us- we will supply the hand sanitizer and the FUN!

# Mission Statement

The Town of Ogden Parks and Recreation Department is committed to providing diverse, quality, year-round leisure opportunities through the preservation of open space and establishment of park lands, recreational facilities, and programs for the residents of Ogden. These services are designed to promote the physical, mental, cultural, and social needs of our residents and visitors, while enhancing the overall quality of life in our community.



# How to Register for Programs

www.ogdenparksandrec.com

1. Open any web browser and type in www.ogdenparksandrec.com.
2. Review any announcements on the home page for up to date news and information.
3. If you have not created an account yet, please click the "New Account" icon; otherwise log into your account and skip to step 5.
4. Once you have clicked the "New Account" icon, you can fill out all of the information including your home address.
  - Please make sure to keep your account username and password in a safe place.
  - Please opt-in to emails in order to receive updates and urgent information regarding the programs you register for; we rely on emails to communicate with participants, failure to opt-in may result in communication failures.
5. Click on the "Programs" icon and browse through the current programs and events.
6. Find a program you like and review the requirements (ages, grades,dates) to confirm eligibility.
7. Click on "Register" and proceed to enter your payment information.
  - Pay online using credit card (fee applies), mail or bring in cash or check.
  - Registration is not confirmed until payment is made.



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# General Information

## Our Team

### Ogden Town Board

Gay Lenhard - Supervisor  
Thomas Cole - Deputy Supervisor  
Malcolm Perry - Department Liaison  
Aaron Baker

### OPR Administration

Andrea Hansen - Parks and Recreation Director  
Kelly Bartell - Recreation Supervisor  
Kyle Derry - Recreation Supervisor  
Lucia Colapietro - Administrative Assistant

### OPR Preschool

Amanda Pustay  
Bridget LaDuca  
Dina Priester  
Eileen LeChase  
Leah Brown

### Parks, Building, and Grounds

Anthony Mattia - Maintenance Supervisor  
Kyle Landes  
Ryan Rowcliffe



### Area Youth Sport Organizations

The following organizations are not operated by Ogden Parks and Recreation. Please visit the following websites listed for further information.

Ogden Bears Football: [www.ogdenbears.com](http://www.ogdenbears.com)

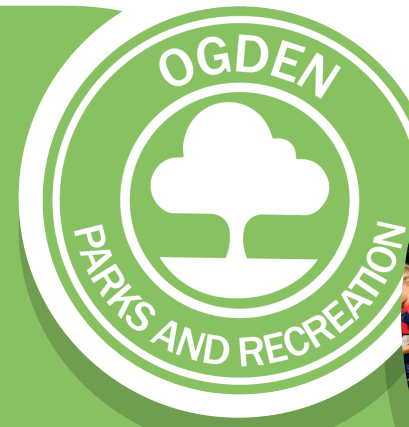
Spencerport Junior Baseball and Softball:  
[www.spencerportjuniorbaseball.com](http://www.spencerportjuniorbaseball.com)

Spencerport Soccer Club:  
[www.spencerportsoccerclub.org](http://www.spencerportsoccerclub.org)

Spencerport Youth Lacrosse:  
[www.spencerportyouthlacrosse.org](http://www.spencerportyouthlacrosse.org)



# General Information



## Hours of Operation

(Subject to Change)

*Administrative Office*

Monday - Friday  
8:30am - 4:30pm



## Holiday Closings

September 4-7: Labor Day

October 10-12: Columbus Day

November 11: Veterans Day

November 25-29: Thanksgiving

December 24-27: Christmas

January 1-3: New Years Eve

For more department information, please visit [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)

## Social Media

[Facebook.com/ogdenparksandrec](https://Facebook.com/ogdenparksandrec)

[Instagram.com/ogdenparksandrec](https://Instagram.com/ogdenparksandrec)

## Online Registration

[www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)

[ogdenny.myrec.com/info/activities](http://ogdenny.myrec.com/info/activities)



# Stay Informed

## KEEP UP TO DATE

New programs may become available after this guide is published. Please keep an eye on our website and social media accounts to keep informed!

**WWW.OGDENPARKSANDREC.COM**



## COVID-19 PROGRAM PROTOCOL

- Programs follow current CDC and NYS COVID-19 Guidelines
- Program participants are asked to arrive no earlier than 5 minutes prior to class.
- A mask must be worn when not participating.
- Please no congregating before/after class.
- Bathroom/inside facilities may not be available.
- In the event of inclement weather, classes may be made up at a later date.
- Classes may move inside/in-person as guidelines change.
- If you are sick, stay home.
- Wash or sanitize before entering/exiting facility.
- Participants subject to questionnaires and temperature checks
- Water fountains are closed.



# Family and Community Events



5K Virtual Run/Walk



1 Mile Virtual Family Run/Walk



**Sunday, September 20 - Saturday, October 3**

**REGISTER ONLINE AT RUNSIGNUP.COM**

**COST: \$25**



\*In an effort to promote social distancing, this year's event is going virtual. Run or walk the distance of 5k (3.10 miles) or gather the whole family to participate in the 1-mile event between September 20-October 3. You choose the course (or treadmill) to enjoy this event. Proceeds benefit the Willie Bee Foundation. Please see their website at <https://www.thewilliebeefoundation.org/> for more information on this wonderful organization.

No refunds or transfers.

### Course

Run/walk any course, wherever you are! Please familiarize yourself with your surroundings before starting any new route.

### Awards

Prizes will be awarded for the top male/female runners. Emails with how to submit your proof of times will be sent closer to the event. Also look for fun activities with more awards!

Packet pick up dates and times to be announced.

**REGISTRATION CAN BE FOUND AT  
RUNSIGNUP.COM**





# Family and Community Events

## THANK YOU TO OUR 5K SPONSORS



**AIRESERV**  
HEATING & AIR CONDITIONING  
a neighborly company

**Brown & Brown**  
of NEW YORK, INC.

**MVP**  
HEALTH CARE



**State Farm**<sup>TM</sup>

Dominic Agostini  
Spencerport Location (585) 352-0004  
Greece Location (585) 227-7000

Suburban News

Hamlin-Clarkson Herald

**Westside News**

Established 1953



Cellura Dental  
J. William Jewelers  
Loyal Nine Development Corp.  
Spencerport Federal Credit Union  
The Estate Marketplace  
Town & Country Eyecare Associates



Barefoot Sportswear  
Cardinal Lawn & Landscape, Inc.  
Grandpa Sam's Italian Kitchen  
Lattimore Physical Therapy of Spencerport  
Natale Signs  
Spencerport Apothecary  
Spencerport Optical  
Village Square Management

# Family and Community Events



## GRANDPARENTS DAY PIZZA AND PICKLEBALL

Grandkids, come out and play with the number one grandparents in your life! Join your OPR Team as we celebrate Grandparents Day! All participants will enjoy a morning of family games and activities featuring delicious breakfast pizza, a memorable Grandparents Day craft and Pickleball. Don't miss out on this very special day with your grandparents!

Saturday, September 19

9:30 - 11:30am

Who: Grandparents, Grandchildren and Family

Cost: \$8 R / \$10 NR per person, children 2 and under are free

Ogden Community Center (outside)



Calling all Pickleball players! Whether you play every day, or you just play when you can, this tournament is for you. Make new friends, while enjoying some friendly competition. Please register individually; players will be randomly placed into mixed partners. All players will receive a t-shirt! Skill Level: Please specify your rating upon registration. All levels will be combined for a fun competition. The deadline to register and receive a shirt is Friday, September 18th.

**Women: Friday, October 2**

**Men: Friday, October 9**

**Ages: 18 years and over**

**Start Time: 9:00am**

**\$20 R/\$25 NR**

**Richard McNeely Park**

**(6477 Buffalo Road, Churchville NY)**





# Family and Community Events

## TOWN TRICK OR TREAT

OPR TEAM | THE SPENCERPORT AREA CHAMBER OF COMMERCE

DRESS UP IN YOUR HALLOWEEN COSTUMES AS WE TAKE OVER THE TOWN WITH A SAFE, FAMILY FRIENDLY TRICK-OR-TREAT STREET. THIS IS A GREAT OPPORTUNITY TO TRICK-OR-TREAT IN THE DAYLIGHT WHILE VISITING OUR VILLAGE SHOPS, BUSINESSES AND RESTAURANTS. PARTICIPATE IN THE COSTUME CONTEST AND INTERACT WITH ROCHESTER'S FAMOUS MASCOTS!

**SATURDAY, OCTOBER 24**  
**10:00AM – 2:00PM**  
**AGES: 12 AND UNDER**  
**FREE – PRE-REGISTRATION REQUIRED**

[WWW.OGDENPARKSANDREC.COM](http://WWW.OGDENPARKSANDREC.COM)




## Santa's Magical Express Parade

OPR Team | Ogden Police Department | Spencerport Fire District | Gates Volunteer Ambulance

We are so excited to present to you Santa's Magical Express Parade! Santa, his elves and reindeer will be making a special trip to the Ogden Community Center to celebrate the holiday season with us! Join us for a drive-thru style parade featuring: holiday music, spectacular lights under the stars, letters to Santa, OPD toy donations and best of all - a magical visit with Santa. Each child will receive a special gift from Santa.

**Friday, December 4**  
**6:00 - 8:00pm**  
**\$8 R/\$10 NR per person**  
**Registration begins 10/19 for residents**  
**and 11/9 for non-residents**  
**Ogden Community Center**




# Family and Community Events

## HOLIDAY LIGHTS MAGIC

Let's light up the town! Show off your holiday decor and lights display for a chance to be coined the most festive house in Ogden! Participants must have their lights on after dark from December 4 - December 13 in order to be judged. The most magical homes will receive a prize!

**Friday, December 4 - December 13**  
**Night Time (Lights On!)**  
**Free - pre-registration required**  
**Town of Ogden**  
**Note: Contest information will be communicated by Santa's Reindeer and Elves to those registered.**



## Dear Santa...

**Get your letters ready for Santa's magical mailbox! Our post office to the North Pole will appear on November 23. Letters will be delivered directly to Santa. Make sure to include a self-addressed, stamped envelope so that you receive a reply. Santa is busy, so we're trying to make it easier for him!**

**Ages: Believers of all ages**  
**Dates: Santa's magical mailbox will appear at OPR on Monday, November 23**  
**Cost: Free**  
**Send letters to: Letters for Santa c/o Ogden Parks and Recreation**  
**269 Ogden Center Road Spencerport, NY 14559**  
**Note: Please postmark by Wednesday, December 16 to receive a reply.**

**SANTA CLAUS, NORTH POLE**






# Family and Community Events



## Pet Halloween Costume Contest

Calling all creatures big or small! Enter our pet Halloween costume contest in three easy steps:  
**Step 1:** Dress your pet in their favorite costume  
**Step 2:** Snap a photo  
**Step 3:** Post it to your Facebook or Instagram page.  
 Be sure to tag Ogden Parks and Recreation and use the hashtag #OPRcostumecontest. Our judges will review all submissions and decide their favorite costumes!

Who: Town of Ogden Residents  
 Dates: October 1 - 3  
 Cost: Free  
 Submit: Post a photo to our Facebook or Instagram page with the hashtag OPRcostumecontest.



## PUMPKIN CARVING AND DECORATING CONTEST

Put your pumpkin carving skills to the test with our OPR Pumpkin Carving and Decorating Contest! Enter the contest in three easy steps:  
**Step 1:** Carve or paint any size pumpkin of your choosing.  
**Step 2:** Snap a photo!  
**Step 3:** Post it to your Facebook or Instagram page.

Be sure to tag Ogden Parks and Recreation and use the hashtag #OPRpumpkincontest. Our judges will review all submissions and decide their favorite costumes!

Who: Town of Ogden Residents  
 Dates: October 1 - 31  
 Cost: Free Submit: Post a photo to our Facebook or Instagram page with the hashtag #OPRpumpkincontest.

# Family and Community Events



## Candy Corn Guessing Contest

Take a guess at how many candy corn are in the jar at our favorite library! Each participant has one chance to guess. To participate, please donate a toiletry item or non-perishable food item that is brought in during library hours. The participant closest to guessing the actual number will win all of the candy corn! All items will be donated to the Spencerport Ecumenical Food Shelf.

AGES: 12 YEARS AND YOUNGER  
 DATES: OCTOBER 1 - 23  
 COST: DONATE A TOILETRY ITEM OR NON-PERISHABLE FOOD ITEM  
 LOCATION: OGDEN FARMERS' LIBRARY

## Upcoming 2021 Family Events



**FAMILY**  
 VALENTINE'S DANCE  
**FEBRUARY**  
**2021**



**Easter Egg Hunt**  
**Dinner with the**  
**Easter Bunny**  
**March**  
**2021**



**TOWNWIDE**  
**GARAGE SALE**  
**APRIL**  
**2021**







These introductory programs are designed to teach youth the basics of the sport along with the motor skills necessary to play. Each week, our coaches will teach children the specified sport through fun activities, parental involvement and age appropriate equipment. This program focuses on the fun of the game without the threat of competition or fear of failure.

## Lil' Rookie Flag Football

September 29 – October 13

## Lil' Rookie Basketball

October 27 – November 10

## Lil' Rookie Floor Hockey

November 24 – December 8

Ages: 3-5 years (Must be accompanied by one actively participating adult)

Day: Tuesdays

Time: 6:00 - 6:45pm

Cost: \$30 R/\$35 NR per child, per program

Location: Ogden Community Center

Note: Each participant will receive a t-shirt and Lil' Rookie collectors card. Please one actively participating adult due to safety guidelines. Spectators are not allowed at this time.

# Preschool Programs



## Lil' Trick or Treaters OPR Preschool Team

Bring your preschooler out to celebrate Halloween. During this hour, your little ones will participate in an exciting 'Trick or Treat Street', make a Halloween craft and drink a spooky and creepy crawly Frankenstein punch! Be sure to wear your Halloween costume!

Ages: 3 - 5 years

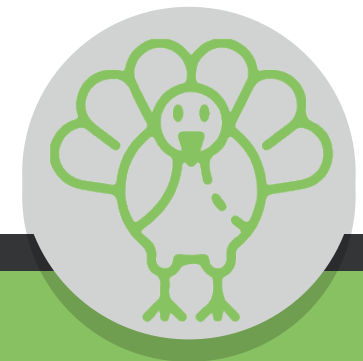
Day: Friday

Dates: October 16

Time: 9:30 - 10:30am

Cost: \$8 R/\$10 NR

Location: Ogden Community Center



## Lil' Turkeys OPR Preschool Team

Bring your Lil' Turkey out to celebrate Turkey Day! Little ones will participate in their very own 'Turkey Trot', make a Thanksgiving craft and gobble gobble on a festive snack! Be sure to wear sneakers to play and dress for a mess!

Ages: 3 - 5 years

Day: Wednesday

Date: November 25

Time: 9:30 - 10:30am

Cost: \$8 R/\$10 NR

Location: Ogden Community Center

## Break Week Buddies OPR Preschool Team

Interact with your friends and stay engaged during school vacation days. Imagine, explore and play! Our teachers are excited to share a themed story and craft with your little ones!

Ages: 3 - 5 years (currently in preschool)

Day: Monday - Wednesday

Dates: December 28 - 30

Time: 10:00 - 11:00am

Cost: \$24 R/\$29 NR per session

Location: Ogden Community Center





# Youth Sports Leagues



## Youth Flag Football League

OPR Team | Volunteer Coaches

Meet your teammates on the gridiron at Pineway Ponds Park for a fun flag football league! Players will learn catching, throwing, defense and passing skills. Teams will play a multi-week season with all games and practices scheduled on Saturday mornings. The first week, we will hold a skills evaluation clinic to help us create evenly matched teams. OPR and Volunteer coaches will coordinate the teams and games.

**Ages:** Pee Wee: Grades K - 1  
**Rookie:** Grades 2 - 3  
**Mighty Mite:** Grades 4 - 6  
**Day:** Saturdays  
**Dates:** September 26 - October 31 (week 1 will be a skills evaluation)  
**Time:** 1-hour morning times (times based on number of teams)  
-All games and practices scheduled on Saturday mornings  
**Cost:** \$60 R/\$65 NR  
**Location:** Pineway Ponds Park  
**NOTE:** Please wear rubber cleats or sneakers and athletic clothing. Mouth guards are recommended. All equipment and team shirts will be provided. Please indicate upon registration if you're willing to coach.



## Youth Basketball League

OPR Team | Volunteer Coaches

Meet your teammates on the court at the Ogden Community Center for a fun noncompetitive basketball league. Shoot, pass and score your way onto the court. Teams will play a multi-week season with all games scheduled Saturday mornings. The first week, we will hold a skills evaluation clinic to help us create evenly matched teams. OPR and Volunteer coaches will coordinate the teams and games.

**Ages:** Pee Wee: Grades K - 1  
**Rookie:** Grades 2 - 3  
**Mighty Mite:** Grades 4 - 6  
**Day:** Saturdays  
**Dates:** December 5 - January 23 (no games 12/26 and 1/2)  
(week 1 will be a skills evaluation)  
**Time:** 1-hour morning times (times based on number of teams)  
-All games and practices scheduled on Saturday mornings  
**Cost:** \$60 R/\$65 NR  
**Location:** Ogden Community Center  
**NOTE:** Please wear sneakers and athletic clothing. Mouth guards are recommended. All equipment and team shirts will be provided. Please indicate upon registration if you're willing to coach.

# Youth Sports Leagues



## Sports Leagues Sampler Series

Coach Kelly and Coach Kyle

Catch Coach Kelly and Coach Kyle for our Sports Sampler Series which is designed for players to be introduced to the key components of the sport along with the skills necessary to play. Our coaches will teach the specified sport through drills and age appropriate equipment. We focus on the fun of the game without the fear of failure. Get geared up and excited for our upcoming sports leagues!

**Grades:** K - 6  
**Day:** Tuesdays  
**Dates:** 9/22 (flag football), 11/10 (basketball), 12/8 (floor hockey)  
**Time:** 7:15 - 8:15pm  
**Cost:** \$30 R/\$35 NR  
**Location:** Ogden Community Center (outside if weather permits)



## Youth Floor Hockey League

OPR Team | Volunteer Coaches

**THE PUCK DROPS  
IN  
FEBRUARY**



## Crafty Kids

OPR Team

Tuesday night is for the creators! We will be enjoying an evening of arts and crafts. Each week will have a unique themed activity planned to get your creativity pumping. Some example crafts may be rubber band bracelets, boondoggle, and Tie-dye. Join us for an evening of artistry!

**Grades:** K - 6  
**Day:** Thursday  
**Date:** October 29 - November 12  
**Time:** 6:00 - 7:00pm  
**Cost:** \$27 R/\$32 NR  
**Location:** Ogden Community Center  
**Notes:** Dress for a mess, or bring a smock to cover up any clothing.

# Youth Programs



## Haunted Nerf Wars

Rochester Foam Dart League

It's Halloween eve and time to enter the haunted OPR battlefield. Watch out for ghosts, goblins and zombies as you play and compete against your friends at Ogden Parks and Recreation. Rochester Foam Dart League will provide the ultimate nerf experience. Do you think you have what it takes to become the champion? Grab your friends and come find out. Game play and rules will be announced prior to the tournament. Nerf guns and ammunition will be provided, but you are welcome to bring your own. Participants will enjoy a late night snack.

Grades: K - 6  
Day: Friday  
Date: October 30  
Time: 6:00 - 8:30pm  
Cost: \$20 R/\$25 NR  
Location: Ogden Community Center



## Gaga Ball Tournament

OPR Team

Calling all Gaga enthusiasts! It's time to throw down in the Ogden Parks and Recreation Gaga pit! We will play a variety of tournament style games. Do you think you have what it takes to become the ultimate Gaga champion? Grab your friends and come find out. Game play and rules will be announced prior to the tournament. Participants will enjoy a late night snack.

Grades: K - 6  
Day: Friday  
Date: December 11  
Time: 6:00 - 8:30pm  
Cost: \$15 R/\$20 NR  
Location: Ogden Community Center



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# Youth Programs



## Yoga and Mindfulness for Kids

Jodi Baker

Children will learn yoga poses through playing fun and challenging yoga style games while maintaining a safe social distance. They will be involved in mindful activities that can benefit them in coping with these uncertain times, share circles, and strategies which will teach them how to calm and relax their bodies, to find peace in chaos and release tension. Children will learn to take turns, express themselves creatively, and use their imagination. They will work on mindful activities to help them learn about themselves and others.

Ages: 6 - 12 years  
Day: Saturdays  
Dates: November 7 - December 12 (no class 11/28)  
Time: 9:00 - 10:00am  
Cost: \$43 R/\$48 NR  
Location: Ogden Community Center  
Note: Dress comfortably and bring a water bottle, yoga or exercise mat to each class.



## Home Alone Safety

EPIC Trainings

Taught in an interactive virtual classroom, supplemented by a video presentation and group activities; participants will learn the importance of behaving responsibly when home alone. Topics include: basic first aid, what to do when a stranger comes to the door, answering the phone, Internet safety and how to react during various home emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child.

Ages: 7 - 13 years  
Day: Wednesday  
Time: 10:30am - 12:00pm  
Session 1: September 23  
Session 2: November 25  
Cost: \$35 R/\$40 NR per session  
Location: Virtual Experience  
Note: Participants will be emailed a Zoom Meeting link and electronic materials prior to class.





# Youth/Teen Programs



## First Aid for Kids EPIC Trainings

This course teaches younger responders how to recognize and react responsibly in a variety of emergency situations. Through demonstration and hands-on exercises, students will learn how to: follow COVID-19 safety guidelines, control bleeding, care for muscle, bone, and joint injuries, treat a burn, and much, much more. Every student will receive a first aid book. This course meets the requirements necessary to earn the Girl Scout First Aid Badge and Boy Scout Readyman Badges.

**Ages:** 7 - 13 years  
**Day:** Wednesday  
**Time:** 9:00 - 10:30am  
**Session 1:** September 23  
**Session 2:** November 25  
**Cost:** \$30 R/\$35 NR per session  
**Location:** Virtual Experience  
**Note:** Participants will be emailed a Zoom Meeting link and electronic materials prior to class.



## Babysitter's Training EPIC Trainings

Taught through classroom discussion, instructor lead lecture and supplemented by an interactive video presentation; this 3 hour class teaches participants the roles and responsibilities of a babysitter including skills in: accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion.

**Ages:** 11 - 16 years  
**Day:** Wednesday  
**Time:** 9:00am - 12:00pm  
**Session 1:** September 30  
**Session 2:** November 25  
**Cost:** \$45 R/\$50 NR per session  
**Location:** Virtual Experience  
**Note:** Participants will be emailed a Zoom Meeting link and electronic materials prior to class.



# Adult Programs



## Yoga Liberty Lally

Reduce stress, tone muscles, lose weight, gain flexibility, strength and endurance! This class is offered for beginners to advanced students. No prior yoga experience is necessary. This class will help you relax and invigorate yourself. Moms-to-Be can be accommodated as well.

**Ages:** 16 years and over  
**Day:** Tuesdays and Thursdays  
**Time:** 6:30 - 7:45pm  
**Location:** Ogden Community Center

**Tuesdays**  
**Session 1:** September 29 - November 3  
**Cost:** \$43 R/\$48 NR per session)

**Session 2:** November 17 - December 15  
(no class 11/24)  
**Cost:** \$29 R/\$34 NR per session

**Thursdays**  
**Session 1:** October 1 - November 5  
**Cost:** \$43 R/\$48 NR per session

**Session 2:** November 19 - December 17  
(no class 11/26)  
**Cost:** \$29 R/\$34 NR per session



## Intro to Disc Golf Sherry Herzog

Join local disc golf pro Sherry Herzog as she introduces the sport of disc golf. Participants will learn basic shots, discs, format, rules and more! A temporary course will be set up at Pineway Ponds Park. This is a low impact sport that all ages and abilities can enjoy.

**Ages:** 16 years and over  
**Day:** Monday - Thursday  
**Dates:** October 5 - 8  
**Time:** 5:30 - 6:30pm  
**Cost:** \$30 R/\$35 NR  
**Location:** Pineway Ponds Park (meet outside Boetcher Lodge)  
**Note:** Please wear athletic footwear and bring water. Discs will be provided.



# Adult Programs



## Strength and Tone

Stephanie Choate

This workout will reshape your body targeting common trouble spots while shaping and toning each muscle. Using hand weights and your own body weight, we'll do a variety of upper and lower body exercises. This class is appropriate for all fitness levels. Sterilized hand weights will be provided at each class. Please bring water and a mat.

**Ages:** 16 years and over  
**Day:** Mondays, Wednesdays and Fridays  
**Time:** 9:15 - 10:15am  
**Cost:** \$43 R / \$48 NR per session  
**Location:** Ogden Community Center (green space adjacent to the library)

**Mondays**  
**Session 1:** September 21 - November 2 (no class 10/12)  
**Session 2:** November 9 - December 14

**Wednesdays**  
**Session 1:** September 23 - October 28  
**Session 2:** November 4 - December 23 (no class 11/11 and 11/25)

**Fridays**  
**Session 1:** September 25 - October 30  
**Session 2:** November 6 - December 18 (no class 11/27)



## Zumba Fitness

When you see a Zumba class in action, you will want to give it a try. These classes feature rhythms set to high-energy beats. Before you know it, you will be getting fit and your energy level will be soaring! It's easy to do, effective, totally exhilarating, and fun! Each class will practice safe social distancing. Pre-registration is required.

**Ages:** 16 years and over  
**Day:** Mondays and Wednesdays (6:00 - 7:00pm)  
**Saturdays** (8:00 - 9:00am)  
**Location:** Ogden Community Center (outside if the weather permits)

**October Session: October 3 - 31**  
**Mondays:** \$15 R / \$20 NR (no class 10/12)  
**Wednesdays:** \$20 R / \$25 NR  
**Saturdays:** \$20 R / \$25 NR (no class 10/10)

**November Session: November 2 - 30**  
**Mondays:** \$25 R / \$30 NR  
**Wednesdays:** \$10 R / \$15 NR (no class 11/11, 11/25)  
**Saturdays:** \$15 R / \$20 NR (no class 11/28)

**December Session: December 2 - 23**  
**Mondays:** \$15 R / \$20 NR  
**Wednesdays:** \$20 R / \$25 NR  
**Saturdays:** \$15 R / \$20 NR

**Note:** Pre-registration is required. A drop-in option will not be available due to NYS safety guidelines.

# Adult Programs



## Chair Yoga

Jodi Baker

Offered in-person and virtually, this is a gentle yoga practice on or behind a chair. This class is geared towards those with physical limitations or limited range of motion. You do not have to be flexible to take yoga. The postures will deepen flexibility and strengthen your muscles. Students will learn poses, breathing techniques and learn to slow down and relax in these stressful times. This is a compassionate practice without strain.

**Ages:** 21 years and over  
**Day:** Saturdays  
**September 26 - October 31** (no class 10/10)  
**Time:** 9:00 - 9:45am  
**Cost:** \$43 R/\$48 NR  
**Location:** Ogden Community Center  
**Note:** This program is also offered virtually. Please wear sneakers and bring water. No mat is required.



## Open Walking

OPR Team

Don't let your fitness routine end when the snow falls! Continue your exercise as the weather gets cooler by walking in our gymnasium. 16 laps in our dry, heated gym equals 1 mile!

**Dates:** To be announced - [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)  
**Location:** Ogden Community Center  
**Note:** Pre-registration will be required. Capacity limits and safety guidelines will be in place.



See Page 25



# Pickleball Programs

**Dates:** To be announced - [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)

**Location:** Ogden Community Center

**Note:** Pre-registration will be required. Capacity limits and safety guidelines will be in place.

## Pickleball Play

Recreational play for skill levels 3.5 and below. Basic skills and game-play knowledge are required; please provide your own paddles.



## Competitive Pickleball

This is advanced, competitive, fast-paced play; all players are required to be 4.0 and higher skill level. Players will partner up (changing partners frequently) to rotate in and out of games.

## Women's Pickleball

This is recreational play for all skill levels. Players will partner up to make teams and rotate in and out of games. Basic skills and game-play knowledge are required. Socialize, develop your skills, and have some fun!

## Thursday Night Pickleball

Get fit, socialize, and have fun playing Pickleball! All skill levels intermix for game play; partners will be mixed. Knowledge of the rules and game-play experience is required. See you on the court!

# Pickleball Programs

GRANDPARENTS DAY

## PIZZA AND PICKLEBALL

Grandkids, come out and play with the number one grandparents in your life! Join your OPR Team as we celebrate Grandparents Day! All participants will enjoy a morning of family games and activities featuring delicious breakfast pizza, a memorable Grandparents Day craft and Pickleball. Don't miss out on this very special day with your grandparents!

Saturday, September 19

9:30 - 11:30am

Who: Grandparents, Grandchildren and Family

Cost: \$8 R / \$10 NR per person, children 2 and under are free  
Ogden Community Center (outside)



## Pickleball Workshops Bob Stokes

This program is designed for Pickleball players who want to take their game to the next level! Participants will enhance their skills and improve their game by learning how to fix the most common mistakes.

### Beginner

Date: November 6

Note: Skill level of 3.5 and below.

### Intermediate

Date: December 4

Note: Skill level of 3.5 and above.

Ages: 18 years and over

Day: Fridays

Time: 1:00 - 3:00pm

Cost: \$25 R/\$30 NR

Location: Ogden Community Center

Note: Please supply your own paddle.



# Before and After School

Please visit [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com) for more information

Our Before and After School Program offers a wide range of recreational activities and experiences, as well as a social connection to friendships. Children will stay active in a safe setting, which includes a full-size gymnasium and a variety of activity centers. Our team goes through extensive staff training including, leadership, first aid, CPR and AED, games, activities, and social emotional communication.

Enrollment is limited. Busing is provided by Spencerport Schools. Check out our REQ-Day programming for days when in-school instruction is not scheduled.

Given the current situation with the COVID-19 pandemic, Ogden Parks and Recreation has made important changes to our 2020 Before and After School Program. The changes made are to ensure the safety of all participants and are based upon the most current guidelines from NY State and the CDC (Centers for Disease Control and Prevention). We look forward to accommodating these guidelines while offering a safe, caring, and fun environment for your child. Please note that as situations change, our program may also change.

*Ages: Grades K-5*

*Spencerport Central School Students*

*Day: Mondays/Thursdays*

*Tuesdays/Fridays*

*Wednesdays*

*Dates: September 14 - December 2020*

*Time: AM Program 7:00am - bus arrival*

*PM Program bus arrival - 5:30pm*

*Cost: varies by Month, please see*

*website for details*

*Location: Ogden Community Center*

*Notes: Please see the Program*

*Information Handbook for further*

*details at [www.ogdenparksandrec.com](http://www.ogdenparksandrec.com)*

*Remainder of the school year is TBD.*



# R.E.Q. Day Childcare Recreation, Exercise, Quiet Time

Our R.E.Q. Day program involves recreation, exercise, and quiet time activities for children to enjoy when they are not participating in in-school instruction!

Please note: this is not an educational or a remote-teaching program. Our staff are not able to teach or tutor children.

Enrollment will be limited. This program is open to students in grades K-5 in the Spencerport Central School District ONLY enrolled in the IN-PERSON INSTRUCTION GROUPS. If your preferred program is full, please email [recreation@ogdenny.com](mailto:recreation@ogdenny.com) to be included on the wait list. We will be following enhanced safety protocol, please read through our parent handbook before registering. IMMUNIZATION RECORDS ARE REQUIRED.

*Ages: Entering Grades K-5*

*Spencerport Central School Students*

*Day: Monday - Friday*

*Dates: September 14 - December 2020*

*Times: 8:00am - 4:00pm*

*Cost: varies by Month, please see website for details*

*Location: Ogden Community Center*

*Notes: Students attending in-person instruction with Spencerport School District only.*





# Recess Camp

Join our Ogden Parks and Recreation team as we engage children with trips, visits, and fun activities during school vacation days. All trips, themed activities, and special visitors are listed below as the theme for the day. Each day includes lunch (please bring a bag lunch and snack daily, unless noted otherwise), gym time, group activities, and crafts. Space is limited; register early.

**Turkey Day Recess Camp**  
Wednesday, November 25 - Turkey Trot

**Star Wars Recess Camp**  
Monday, December 28 - Hoth Snow Planet  
Tuesday, December 29 - Lightsaber Galaxy  
Wednesday, December 30 - Ewoks: The Battle for Endor  
Thursday, December 31 - Ships and Stars

Cost, per day: \$40 R/\$50 NR  
Cost for all four days: \$140 R/\$180 NR  
Price increases December 14  
\$45/\$55 day  
\$160/\$200 all 4 days

**Ages**  
Grades K - 6

**Time**  
7:30am - 5:30pm

**Location**  
Ogden Community Center

# Preschool Classes

| Little Red School House   | Ogden Community Center  | LRS & OCC Two's Preschool   |
|---|---|---|
| 416 Washington Street,<br>Adams Basin<br>lrspschool@ogdenny.com<br>585-352-2119 | 269 Ogden Center Road,<br>Spencerport<br>occpreschool@ogdenny.com<br>585-617-6173 | 416 Washington Street<br>269 Ogden Center Road<br>twospreschool@ogdenny.com<br>585-617-6174 |

**Ages 2 - 5**

**Registration is open, limited spaces remain!**

**Please see our website for more information.**



# Pineway Ponds Park Lodges

**Rental Information** - Visit [ogdenparksandrec.com](http://ogdenparksandrec.com) for more information

Our lodges are now available to be requested and rented Online! Town of Ogden residents may request lodges 1 year from the event date; non-residents may request lodges 6 months from the event date. Please note: All prices below are through December 31, 2020. For more information on rentals and requests, please visit our website.



**Boetcher Lodge**

**\$195 R/\$235 NR**  
**\$20 add't. rate 11/1-4/30**  
Available year-round  
Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and grills.  
Seating capacity is 96



**Owens Lodge**

**\$140 R/\$170 NR**  
**\$20 add't. rate 11/1 - 4/30**  
Available year-round  
Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and outdoor grills.  
Seating capacity is 60



**Gravelle Lodge**

**\$115 R/\$140 NR**  
Available May-October  
Amenities include: electric, refrigerator, stove, microwave, outdoor grills.  
Seating capacity is 60



**Canal Days Lodge**

**\$115 R/\$140 NR**  
Available May-October  
Amenities include: electric, refrigerator, stove, microwave, and outdoor grills.  
Seating capacity is 50



# Trails



**Pineway Ponds Walking Trail,  
Pineway Ponds Park**



**Springdale Farm Trail,  
700 Colby Street**



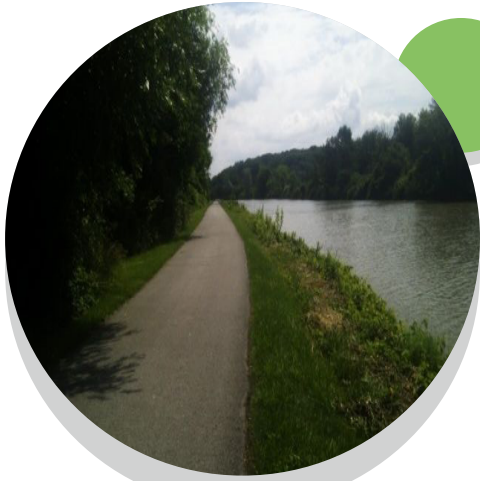
**Heritage Trail,  
Waters Edge Drive**



**Rose Turner Park Trail,  
Big Ridge Road**



**Northhampton Park Creek Trail,  
304 Salmon Creek Road**



**Erie Canal Trail**

# Parks

The Town of Ogden is filled with wonderful passive and active opportunities through our many different parks. We encourage you to visit and see what we can offer you! All of our parks and open space lands are smoke free!

A permit/insurance may be required for usage of a court/field/open space.



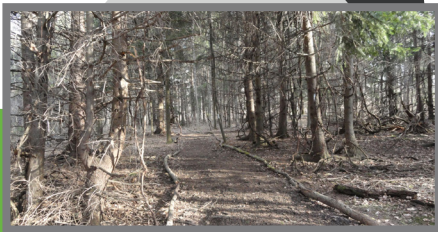
**HERITAGE PARK**  
Water's Edge Drive



**SNICK HAWKINS PARK**  
Canal Road



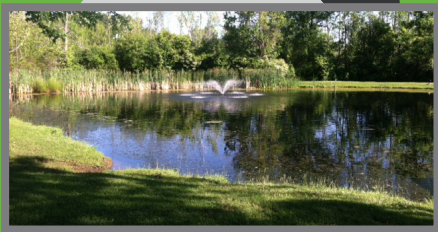
**MEMORIAL PARK**  
Union Street



**ROSE TURNER PARK**  
Big Ridge Road



**OPEN SPACE**  
Buffalo Road



**PINEWAY PONDS PARK**  
Park Road



# PINEWAY PONDS PARK Fall Calendar

**September 19**  
**Pineway Ponds 5K**



**September 20**  
**Grandparents Day**  
**Pizza and Pickleball**



**October 2 & 9**  
**Dinkin' Around**  
**Pickleball Tournaments**



**October 24**  
**Town Trick or Treat**



**December 4**  
**Santa's**  
**Magical Express Parade**



**December 4-13**  
**Holiday Lights Magic**



## Teach a program with us!

If you have a program  
you would like to instruct,  
please reach out to  
[recreation@ogdenny.com](mailto:recreation@ogdenny.com)



*We Want  
Your Photos!*

IF YOU WOULD LIKE TO SHARE PHOTOS FROM  
AN EVENT, PROGRAM, OR PARK, PLEASE SEND  
THEM TO [RECLEADER@OGDENNY.COM](mailto:RECLEADER@OGDENNY.COM) OR  
THROUGH SOCIAL MEDIA ACCOUNTS  
THANK YOU!



*Santa's*  
**Magical Express Parade**  
**Friday, December 4th**  
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