



Fall 2019
www.ogdenparksandrec.com

NEW!
Online Registration
Page 34

NEW!
Lil' Rookie Programs
Page 13





Parks and Recreation

Online Registration: www.ogdenparksandrec.com

Town Website: www.ogdenny.com

269 Ogden Center Road

Spencerport, NY 14559

(585) 617-6174

Mission Statement

The Town of Ogden Parks and Recreation Department is committed to providing diverse, quality, year-round leisure opportunities through the preservation of open space and establishment of park lands, recreational facilities, and programs for the residents of Ogden. These services are designed to promote the physical, mental, cultural, and social needs of our residents and visitors, while enhancing the overall quality of life in our community.

Town Board

Gay Lenhard - Supervisor
Malcolm Perry - Liaison
Thomas Cold
David Feeney
Thomas Uschold

Administration

Andrea Hansen - Director
Lucia Colapietro - Administrative Assistant
Kelly Bartell - Recreation Supervisor
Kyle Derry - Recreation Leader

Preschool

Leah Brown
Chastity Keuer
Leigh King
Bridget LaDuca
Eileen LeChase
Dina Priester

Parks, Building, and Grounds

Anthony Mattia - Maintenance Supervisor
Kyle Landes

Letter From The Director

Welcome! We hope you enjoyed a great summer, whether you were relaxing, vacationing, or working. We spent the summer transitioning to a modern logo and a convenient website. You also have before you the relaunch of our seasonal Activity Guide! We hope that the new format, fresh layout, colorful pictures, and amazing programs have you filling your calendars with many days to enjoy with us! Please check out our new department page website at www.ogdenparksandrec.com. We are excited to welcome credit card processing and online registration for our programs! You must setup a household account in order to utilize online registration. Your Visa, Mastercard or Discover Cards are all welcome as a source of payment for seasonal programs and lodge reservations! Our credit card processor adds a 1.8% + 25 cent surcharge to all credit and debit card payments. The Town of Ogden does not receive any of this fee.

Be sure to follow our Facebook and Instagram pages for up-to-date information and program happenings.

We are excited to roll out these changes and we hope you have a moment to check them all out!

TABLE OF CONTENTS

Inside the Guide

- 4 General Info.
- 5 Department Info.
- 6 Registration Info.
- 7 Registration Form
- 8 5K Sponsors
- 9 5K Registration
- 10 Family Events
- 12 Family Programs
- 13 Lil' Rookie Sports
- 14 Pre K Programs
- 15 Pre K/Youth
- 16 Youth Leagues
- 18 Youth Programs
- 19 Youth/Teen
- 20 Recess Camps
- 21 Adult Programs
- 25 Senior Programs
- 26 Preschool Classes
- 27 Before/After Care
- 28 Facility Rentals
- 29 Fitness Center
- 31 Parks
- 32 Lodges
- 33 Trails
- 34 Online Registration
- 35 2019 at a Glance

FEATURED PROGRAMS

Townwide Garage Sale

Page 10



Town Trick or Treat

Page 11



Chili Cookoff

Page 11



Holiday Dinner

Page 11



Pizza and Pickleball

Page 10



GENERAL INFORMATION



Holiday Closings

(Subject to Change)

Labor Day: Monday, September 2nd
Thanksgiving: Thursday, November 28th and Friday, November 29th
Christmas: Wednesday, December 25th
New Years: Wednesday, January 1st

Hours of Operation

| | |
|----------------------------------------|------------------|
| Administrative Office: Monday - Friday | 8:30am - 4:30pm |
| Fitness Center: | |
| <i>September</i> | |
| Monday - Thursday | 8:00am - 8:00pm |
| Friday | 8:00am - 4:00pm |
| Saturday | 8:00am-10:30pm |
| Sunday | Closed |
| <i>October-December</i> | |
| Monday - Thursday | 8:00am - 9:00pm |
| Friday | 8:00am - 4:00pm |
| Saturday | 8:00am - 12:00pm |
| Sunday | Closed |

Fitness Center will close 30 minutes earlier, if there are no patrons; Hours subject to change

Area Youth Sport Organizations

The following organizations are not operated by Ogden Parks and Recreation. Please visit the following websites listed for further information.

Ogden Bears Football: www.ogdenbears.com
Spencerport Junior Baseball and Softball: www.spencerportjuniorbaseball.com
Spencerport Soccer Club: www.spencerportsoccerclub.org
Spencerport Youth Lacrosse: www.spencerportyouthlacrosse.org

Online Registration

Now Available at...
www.ogdenparksandrec.com
Create an account and register today!

See page 34 for detailed instructions

WHAT'S NEW?



Keep up to date on upcoming programs!
[Facebook.com/ogdenparksandrec](https://www.facebook.com/ogdenparksandrec)



Visit our NEW Instagram Page!
[Instagram.com/ogdenparksandrec](https://www.instagram.com/ogdenparksandrec)

DEPARTMENT INFORMATION

The Ogden Parks and Recreation Department Administration Office is located in the Ogden Community Center at 269 Ogden Center Road, Spencerport.

- **Registration:** Pre-registration is required for most programs. Please read through program descriptions, as some programs may have specific registration dates for residents and non-residents or deadlines for registration. Your early registration makes a difference; most programs have a minimum participation requirement. A class will be cancelled one week before the scheduled starting date if registration is insufficient. If a program is cancelled, we make every attempt to find an alternative class for you. If one is not available, you will receive a refund or program credit.
- **Waiting Lists:** When a class has reached capacity, names may be placed on a waiting list. Participants will be contacted if an opening becomes available.
- **Program Substitutes:** Please make sure you can attend all dates of a program. We do not allow substitutions for dates and times that you are unable to attend.
- **Age Requirements:** For all programs, the age requirement will be as of the date of the first class. Age requirements are set to benefit the participants and make instruction consistent for the program instructor. In some instances, the requirements have been set for the participant's safety.
- **Minimum and Maximum:** These numbers are set up for referral purposes to approximate a ratio of instructors and chaperones to participants. We reserve the right to change these numbers as needed.
- **Program Changes:** Due to circumstances beyond our control, some activities may require time changes. All participants will be notified, if possible, when a change or cancellation does occur. Programs may be adjusted for quality.
- **Early Drop Off and Late Pick-Up:** Please be courteous of program times. Parents and/or guardians are requested to drop off and pick up their children at the specified time listed in the program. Supervision is not provided beyond program times.
- **Spectators:** Due to safety and space (except where noted), spectators are not allowed in the classroom. Some programs require the assistance of a parent or guardian. Otherwise, parents and/or guardians are not allowed in the classroom. Children are not permitted in adult classes.
- **Photo Policy:** The Town of Ogden may photograph and record program participants and the photographs and video may be used in print, electronic, or social media promotions by the Town of Ogden. If you do not wish to have your photo and recording taken, please notify the photographer and/or class instructor.
- **Weather Cancellations:** In the event of a program cancellation and building closure due to weather, program enrollees will be contacted via phone and/or email. Announcements will be placed on our website and/or phone message.
- **Mistakes Happen:** Occasionally there may be an error in days, times, registration requirements, or fees. When such errors do occur, the staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

REGISTRATION INFORMATION

**We Accept: Cash, Check (made payable to the Town of Ogden)
or Credit (Visa, Mastercard, Discover)**

Online Registration available by creating an account at www.ogdenparksandrec.com

**Mail Registration Forms To: Ogden Parks and Recreation
269 Ogden Center Road
Spencerport, NY 14559**



Registration:

- Incorrect or incomplete registration will result in the return of forms and payment. Corrected forms may be resubmitted. The waiver must be signed.
- Spaces are filled on a first-paid, first-served basis. No program spaces will be held.
- Classes with less than the required minimum may be cancelled 1 week prior to the beginning of class.
- Assume you are enrolled in the class unless you are notified.
- Receipts can be provided upon payment. Any receipt needed after payment can be emailed at no charge, printed for \$.25 per sheet, or accessed via online account.
- Be sure to review program descriptions as some programs may not run consecutive dates; i.e., holidays, instructor availability, and school district recess.
- Please note: Program descriptions are meant to show the general intent of the class and do not necessarily reflect the exact content of the program.

Program Fees:

- Non-resident fees may apply. A non-resident is anyone who does not reside within the Town of Ogden or Village of Spencerport. A person who attends Spencerport Schools but does not pay Town or Village taxes is considered a non-resident. This person may pay Spencerport School taxes but pays their Town taxes elsewhere.
- Our credit card processor adds a 1.8%+25 cent surcharge to all credit card payments. The Town of Ogden does not receive any of this fee. Debit cards are processed as credit cards and incur the 1.8%+25 cent fee.
- There will be a \$25 fee for any returned check.
- You may register for some programs after they have started. However, you will need to pay the full program fee; we do not pro-rate.
- You must pre-register for all programs, unless otherwise stated. Registrations and fees will not be accepted at any program location. There are no drop-ins unless otherwise stated.

Cancellations and Refunds:

Please be sure you can attend all classes before registering. We do not pro-rate for missed classes. Class fees will be refunded only if we cancel a class.

Refund requests must come directly to the Parks and Recreation Office in writing seven working days prior to the program start date and are subject to a \$7.00 processing fee. (Seasonal Recreation Programs only; Camp, Preschool, B/A School, Fitness Center, and Facility Rentals have their own policies). No refunds will be offered after this date unless:

1. The Parks and Recreation Department cancels the program.
2. A waiting list exists for a program and someone from the waiting list can fill the person's vacated spot. The \$7.00 processing fee will still apply.
3. The request is accompanied by a doctor's written excuse. (This will be pro-rated at the discretion of the department.) The \$7.00 processing fee will still apply.

No refunds will be given once a program begins. Refunds are processed on a monthly basis and must be approved by the Ogden Town Board. Refunds may take up to six weeks to receive.

Ogden Parks and Recreation

269 Ogden Center Road, Spencerport, NY 14559 • (585) 617-6174 • recreation@ogdenny.com

| | |
|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Registration Form | DO NOT use this form for Before/After School Registration, Pre-school Registration, School Age Summer Camp or Pineway 5K Race. These forms are available at the OPRD Office. |
| | Registration Procedure: Please complete ALL information below or set up an account at www.ogdenparksandrec.com and pay online or in our office. |
| | We Accept: Cash, Check, Money Order, Credit (Visa, Mastercard, Discover *additional processing fee applies) |
| | Make Checks Payable To: Town of Ogden |
| | Return Form with Payment To: Ogden Parks & Recreation, 269 Ogden Center Road, Spencerport, NY 14559 |
| Form must be filled out completely: Incomplete forms and incorrect payments will be returned. | |

| | | | | | | | | |
|--------------------------|------------------|--------|--------|-------|------------|---------------------------|---------|-----------|
| Participant Info. | Participant Name | D.O.B. | Gender | Grade | Shirt Size | Programs Registering For: | Session | Price |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | TOTAL: \$ |

| | |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Required Information | Primary Contact: First: _____ Last: _____ D.O.B. _____ Able to pick up <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Secondary Contact: First: _____ Last: _____ D.O.B. _____ Able to pick up <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Address: _____ City: _____ Zip: _____ |
| | Phone (check primary) <input type="checkbox"/> Home: _____ <input type="checkbox"/> Cell : _____ <input type="checkbox"/> Work : _____ |
| | Email (add us to your contact list to prevent going to junk folder): _____ |
| | Town of Ogden Resident (circle): Yes No School: _____ |
| | Emergency Contact/Pick-up: _____ Phone Number: _____ |

| | |
|--------------|--------------------------------------------------------------------------------------------------------------------------------|
| Notes | Please list any specials needs/limitations/allergies/etc.: |
| | Please list contact information if you'd like to be considered for a Volunteer Coach: Name: _____ Email: _____ Phone: _____ |

| | |
|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Waiver of Participation | <p>Waiver/Refund Policy must be read and signed before registration is accepted. I assume all risks and hazards incidental to the conduct of the above-mentioned program(s) and to hereby further release and hold harmless the Town of Ogden and Town of Ogden Parks and Recreation staff. I give permission to a licensed physician or hospital staff to administer emergency medical care deemed necessary for myself when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed, which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Ogden does not provide insurance coverage.</p> <p>Refund Policy: All requests must come directly to the Parks & Recreation Office in writing 7 working days prior to the program starting date and are subject to a \$7.00 processing fee per program per participant. No refunds will be offered after this date unless: 1.) The Parks & Recreation Dept. cancels the program. 2.) A waiting list exists for a program and someone off of the waiting list can fill the person's vacated spot. The \$7.00 processing fee will still apply. 3.) The request is accompanied by a doctor's written excuse (this will be pro-rated at the discretion of the Department); \$7.00 processing fee will still apply. NO REFUNDS will be given once a program begins. Photo/Video Release: I understand that photos/videos may be taken of participants during the activity. These photos/videos will become the property of the Town of Ogden Parks and Recreation Department and may be used to promote the program and department.</p> |
| | <p><u>Signature</u> _____ <u>Date</u> _____</p> |

PINEWAY PONDS 5K RUN/WALK



KIWANIS CLUB



SPENCERPORT
NEW YORK



If you are interested in sponsoring this event, contact us today!



Media



Water



Aireserv Heating & Air Conditioning
Spencerport Federal Credit Union
Fowler's Wine & Spirits
Loyal Nine Development
Spencerport Neighbors Magazine
J. William Jewelers
Cardinal Lawn & Landscape
Lugia's Ice Cream
Village Square Management
Wegmans



PINEWAY PONDS 5K RUN/WALK

Pineway Ponds Park 5K Run/Walk and Kids' Fun Run

Town of Ogden Parks and Recreation/ Kiwanis Club of Spencerport

Saturday, September 28, 2019

Start time: 8:30am

Entry Fee- \$20 pre-registration, on or before August 31

After August 31- \$25 (cash/check)

Day of Race- \$30 (cash/check)

Online registration available at racesignup.com until September 22

No refunds or transfers.

Kids' Fun Run is free (pre-registration required)



Day of race registration (cash or check) begins at 7:30am race day at Pineway Ponds Park, Owens Lounge

Awards Ceremony after the race. Prizes for male and female runners based on age classifications.

T-shirt guaranteed for registrations received on or before August 31.

Course: Our course is certified to be accurate by USATF #NY15107KL. 5K Race is primarily roads, beginning and ending at Pineway Ponds Park. Kids' Fun Run will take place immediately following the 5K.

Early packet pick up: Thursday, September 26 from 9:00am-3:00pm and Friday, September 27 from 9:00am-12:00pm, at Ogden Parks & Recreation Administrative Office, 269 Ogden Center Road, Spencerport, NY 14559. Phone: (585) 617-6174

Directions: From South, East, West- Head North on Union Street. Take a left on West Avenue, followed by a right onto Martha Street. Go over the bridge, and turn left onto Canal Road. Turn left at the stoplight. Turn left into Pineway Ponds Park. Participants will be directed to parking.

From North- Head South on Union Street. Turn right into Pineway Ponds Park. Participants will be directed to parking.

Mail registration forms to: Ogden Parks and Recreation, 269 Ogden Center Road, Spencerport, NY 14559. Please make checks payable to Town of Ogden.

(Choose One) I am registering for the 5k Run 5k Walk Kid's Fun Run

Participant Name: _____

Street Address: _____

City/State/Zip: _____

Telephone: _____ Email: _____

Male

Female

Date of Birth: _____

Age on September 28, 2019: _____

Shirt Size: S M L XL

I know that running or walking in a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained and, by my signature, I certify that I am medically able to perform in this event and that I am in good health while being properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Pineway Ponds 5K Run/Walk, the Town of Ogden, NY, the Village of Spencerport, NY, the Kiwanis Club of Spencerport, NY, all event timers, sponsors and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature of Participant: _____ Date: _____

I am the parent/legal guardian of a child under the age of 18 years, who is allowed to participate in the Event. By signing below, I consent and agree to the application of this Waiver and Release as it relates to the minor child I have allowed to participate in the Event (see participant):

Signature of Parent/Guardian: _____ Date: _____

FAMILY AND COMMUNITY EVENTS

GRANDPARENTS DAY Pizza and Pickleball

NEW
PROGRAM!

Saturday, September 14
9:30 - 11:00am

Ogden Community Center

Who: Grandparents, Grandchildren and Family

Cost: \$8 per person, children 3 and under are free

Ogden Community Center

Kids, come out and play with the number one grandparents your life! Join us as we celebrate a very special day! All participants will enjoy a morning of family games and activities featuring a delicious pizza lunch, a memorable Grandparents Day craft and Pickleball. Don't miss out on this very special day with your grandparents! Pre-registration is required.

SALE

TOWNWIDE Garage Sale

Saturday, October 19
9:00am - 2:00pm

Ogden Community Center

\$25 R/\$30 NR per gym space

\$15 R/\$20 NR per non-gym space



The last sale until Spring! Stock up on items for the holiday season or clean out your closets to sell and make room for new stuff! Please no commercial, food, or beverage sales. Detailed information will be sent out to sellers prior to the event. Concessions will be available for sale during this event.

Gym Space: (9' x 19', you provide your own tables and chairs)

Non-Gym Space: (1 8-foot table and folding chair provided).

Note: Due to the popularity of this event, spots requests will not be taken. There is a maximum of 2 spots per person. Spots are randomly assigned based on availability and registration.

Electricity is not available.



Pineway Ponds 5K Run/Walk

Saturday, September 28
8:30am

Pineway Ponds Park

Online Registration available at racesignup.com

See page 9 for more information



FAMILY AND COMMUNITY EVENTS

TOWN Trick or Treat

Saturday, October 26

2:00 - 4:00pm

Children must be accompanied an adult.

Participating Canal-side business district

Begin at the Spencerport Trolley Depot for a map!

Dress up in your Halloween costumes as we take over the town with a safe, trick-or-treating event. This is a great opportunity to trick-or-treat in the daylight while visiting our village shops, businesses and restaurants. Bring a bag for trick-or-treating. Pay attention to cars as the roads are open to traffic during this event. This event is in partnership with the Spencerport Area Chamber of Commerce, the Spencerport Trolley Depot, and the Ogden Senior Center. Don't miss out on the fun!



Dinner with Santa

Friday, December 6

6:30pm

**Cost: \$8 per person, children 2 and under are free
Ogden Community Center**



Santa, his elves and reindeer will be making a special trip to the Ogden Community Center to celebrate the holiday season with us! Join us for a delicious pizza dinner while we visit with Santa and create a magical craft. Afterwards, Santa's elves will lead us on a sleigh ride through the Ogden Community Center in search of candy canes! Pre-registration is required.

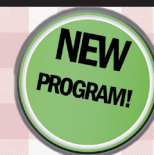


Chili Cookoff

Saturday, November 23

11:00am - 1:00pm

**Cost: \$8 per person, children 3 and under are free
Ogden Senior Center**



Join us this Fall for our new Chili Cookoff event! The price of this event includes various samples of warm chili from local establishments. Be sure to stop in to taste some of Ogden's finest chili! If your business is interested in participating, please call (585)617-6174. Pre-registration is required.

FAMILY AND COMMUNITY PROGRAMS

Candy Corn Guessing Contest

Take a guess at how many candy corn are in the jar outside of our office! We will give you one chance to guess for each toiletry item or non-perishable food item that is brought in during office hours of 8:30am-4:00pm. The person closest to guessing the actual number will win all of the candy corn and more! All items will be donated to the Spencerport Ecumenical Food Shelf.

Ages: 12 years and younger

Dates: October 1 - 25

Cost: One toiletry item or non-perishable food item

Location: Ogden Community Center



Dear Santa...

Get your letters ready for Santa's Magical mailbox! Our Post Office to the North Pole will appear on November 25. Letters will be delivered directly to Santa. Make sure to include a self-addressed, stamped envelope so that you receive a reply. (Santa is busy, so we're trying to make it easier for him!)

Ages: Believers of all ages

Dates: Santa's magical mailbox will appear in our Department on Monday, November 25

(Please postmark by Wednesday, December 18 to receive a reply.)

Cost: Free

Send letters to:

Letters for Santa
c/o Ogden Parks & Recreation
269 Ogden Center Road
Spencerport, NY 14559



Holiday Lights Decorating Contest



Show off your holiday decor and lights display for a chance to be coined the most festive house in Ogden! We are hosting a holiday lighting contest for all interested families. Participants must pre-register their home for a chance to win! On a snowy December evening our secret Santa will drive around town to judge the registered homes. The most magical homes will receive a prize!

A snowy December evening, date will be communicated by Santa's Reindeer and Elves

Time: Night Time (Lights On!)

Cost: FREE - Pre-registration required

Location: Town of Ogden Residents



Halloween Makeup Magic

Is your child requesting a costume that needs makeup to complete the look? We will give you basic hints and suggestions for different makeup techniques that can be used to acquire spooky, funny, or other expressions. This is sure to be the culmination of that Halloween costume! This is an adult/child program, where the adult will practice the techniques on their child. All makeup will be supplied.

Ages: 3 years and up with an adult

Day: Saturday

Date: October 26

Time: 9:30 - 11:00am

Cost: \$20 R/\$25 NR per registration

Location: Ogden Community Center

Instructor: Sarah Rivera

Note: Wear an apron, smock or old shirt





Become a Rookie of the Year Today!

These introductory programs are designed to teach youth the basics of the sport along with the motor skills necessary to play. Each week, our coaches will teach children the specified sport through fun activities, parental involvement and age-appropriate equipment. This program focuses on the fun of the game without the threat of competition or fear of failure.

Ages: 3 - 5 years (Must be accompanied by an actively participating adult)

Cost: \$30 R/\$35 NR per child

Location: Ogden Community Center

Note: Each participant will receive a t-shirt. This is not a drop-off program.

Lil' Rookie Flag Football

Day: Tuesdays

Dates: September 17 - October 1

Time: 6:00 - 6:45pm

Lil' Rookie Outdoor Soccer

Day: Saturdays

Dates: September 21 - October 12

Time: 9:00 - 9:45am

Lil' Rookie Basketball

Day: Tuesdays

Dates: October 15 - October 29

Time: 6:00 - 6:45pm



Lil' Rookie Floor Hockey

Day: Tuesdays

Dates: November 12 -

December 3 (no class 11/26)

Time: 6:00 - 6:45pm



TODDLER/PRESCHOOL PROGRAM



Tiny Tigers Karate

Our Tiny Tigers Youth Karate program is available for children as young as three years old, and designed to teach a wide range of safety, confidence and other important lessons. In addition to learning the most basic Karate moves and balance techniques, we work with kids to help them better understand concepts such as stranger danger, fire safety, bullying and bullies, respect and discipline, responsibilities, manners and courtesy and attention and focus.

Ages: 3 - 5 years

Day: Mondays

Time: 5:50 - 6:25pm

Session 1: September 2 - 30

Session 2: October 7 - 28

Session 3: November 4 - 25

Session 4: December 2 - 30

Cost: \$50 R/\$55 NR per session

Location: Williams Martial Arts

Instructor: Frank Williams



Back to School Hairstyle Workshop

School is back in session; already wondering how to change up your hair style? We have partnered up with a professional stylist from Crimper Hair Salon for quick hands-on teaching session on different pony tails, pig tails and easy braiding techniques. No prior hair knowledge is required.

Ages: 3 years and over with an adult

Day: Saturday

Date: September 14

Time: 9:30 - 11:00am

Cost: \$10 R/\$15 NR per person

Location: Ogden Community Center

Instructor: Theresa Milligan, Crimper Hair Salon

Note: Please arrive with clean dry hair and bring your favorite vent brush from home.

Toddler Time

The gym will be turned over to the toddlers! Toys and equipment will entertain in this unstructured "free" time for you and your little one.

Ages: 1 - 4 years (Must be accompanied by an actively participating adult)

Day: Thursdays

Dates: November 7 - December 19 (no program 11/28)

Time: 9:30 - 11:00am

Cost: \$3 R/\$4 NR per visit/drop-in

Location: Ogden Community Center - Gym

Note: Please keep your child home if they are under the weather.

Lil' Turkeys

Bring your Lil' Turkey out to celebrate Turkey Day! During this hour, your little ones will participate their very own 'Turkey Trot', make a Thanksgiving craft and gobble gobble on a festive snack! Be sure to wear sneakers and dress for a mess!

Ages: 3 - 5 years

Day: Wednesday

Date: November 27

Time: 9:30 - 10:30am

Cost: \$6 R/\$11 NR

Location: Ogden Community Center

Instructor: OPR Team



Lil' Trick or Treaters

Bring your preschooler out to celebrate Halloween. During this hour, your little ones will participate in an exciting 'Trick or Treat Street', make a Halloween craft and drink a spooky and creepy crawly Frankenstein punch! Be sure to wear your costume!

Ages: 3 - 5 years (Must be accompanied by an actively participating adult)

Day: Friday

Dates: October 11

Time: 9:30 - 10:30am

Cost: \$6 R/\$11 NR

Location: Ogden Community Center

Instructor: OPR Team



PRESCHOOL/YOUTH PROGRAMS

Junior Jammers



Calling all future rock stars! Join us for this harmonious program where we will construct musical instruments each week. Afterwards, we will create wonderful noise as a newly formed OPR Junior Jamboree! This program is perfect for those little ones who love music and creating things with their hands. All supplies will be provided.

Ages: 3 - 5 years (Must be accompanied by an actively participating adult)

Day: Monday and Tuesday

Dates: December 30 - 31

Time: 9:30 - 10:30am

Cost: \$15 R/\$20 NR per child

Location: Ogden Community Center

Instructor: OPR Team

Note: This is not a drop-off program.

Halloween Makeup Tutorial

Take a night to learn makeup techniques that are sure to make your Halloween costume shine! We will learn different techniques and special FX tips that can be used to perfect your Halloween look. All makeup will be supplied.

Ages: 10 years and over

Day: Tuesday

Date: October 29

Time: 6:30 - 8:00pm

Cost: \$30 R/\$35 NR per person

Location: Ogden Community Center

Instructor: Sarah Rivera

Note: Wear an apron, smock or old shirt.



Mighty Dragons Karate

Some of the most grounded and accomplished people attribute their success to the confidence and skills learned while taking karate at a young age. Our classes are taught by some of the area's most respected instructors, in an environment that's safe, motivational and centered around your success.

Ages: 9 -14 years

Day: Mondays

Time: 6:30 - 7:15pm

Session 1: September 2 - 30

Session 2: October 7 - 28

Session 3: November 4 - 25

Session 4: December 2 - 30

Day: Wednesdays

Time: 5:00 - 5:45pm

Session 1: September 4 - 25

Session 2: October 2 - 30

Session 3: November 6 - 27

Session 4: December 4 - 18

Cost: \$90 R/\$95 NR per session

Location: Williams Martial Arts

Instructor: Frank Williams

Note: Two sessions recommended

Mini Chefs

Come learn how to make fun and delicious foods in the hopes of the kids expanding their taste buds and eating new foods. Aprons and chef hats will be provided, but you can also bring your own!

Ages: 3 - 5 years

Day: Friday, November 8

Time: 9:30 - 10:30am

Cost: \$10 R/\$15 NR per session

Location: Ogden Community Center

Note: Please specify good allergies upon registering.

Online Registration



YOUTH PROGRAMS

YOUTH FLAG FOOTBALL LEAGUE



Meet your teammates on the gridiron at Pineway Ponds Park! We are excited to launch a fun, co-ed, non-competitive flag football league. Teams will enjoy a 6-week season with practices and games. Volunteer coaches and officials will coordinate the teams and games. Please wear rubber cleats or sneakers and athletic clothing. Mouth guards are recommended. All other gear will be provided. This program will be held rain or shine.

Ages: Pee Wee: Grades K - 1

Tiny Mite: Grades 2 - 3

Mighty Mite: Grades 4 - 6

Day: Saturdays

Date: September 21 - October 26

(Week 1 will be a skills evaluation)

Time: 1- hour morning times

(times based on number of teams)

Cost: \$60 R/\$65 NR

Location: Pineway Ponds Park

NOTE: Teams will be formed by OPR; team requests are not guaranteed. Don't hesitate to sign up, as this program will fill up fast. Please indicate in the notes section of the registration form if you're willing to coach.



YOUTH PROGRAMS

YOUTH BASKETBALL LEAGUE



Meet your teammates on the court at the Ogden Community Center! We are excited to launch a fun non-competitive co-ed basketball league. Shoot, pass and score your way onto the court. Teams will play a multi-week season with all games scheduled Saturday mornings. The first week, we will hold a skills evaluation clinic to help us create evenly matched teams. Volunteer coaches and officials will coordinate the teams and games. Please wear sneakers and athletic clothing. Mouth guards are required.

Basketballs and team shirts will be provided.

Ages: Pee Wee: Grades K - 1

Tiny Mite: Grades 2 - 3

Mighty Mite: Grades 4 - 6

Day: Saturdays

Dates: December 7 - January 25

(no games 12/28 and 1/4)

(Week 1 will be a skills evaluation)

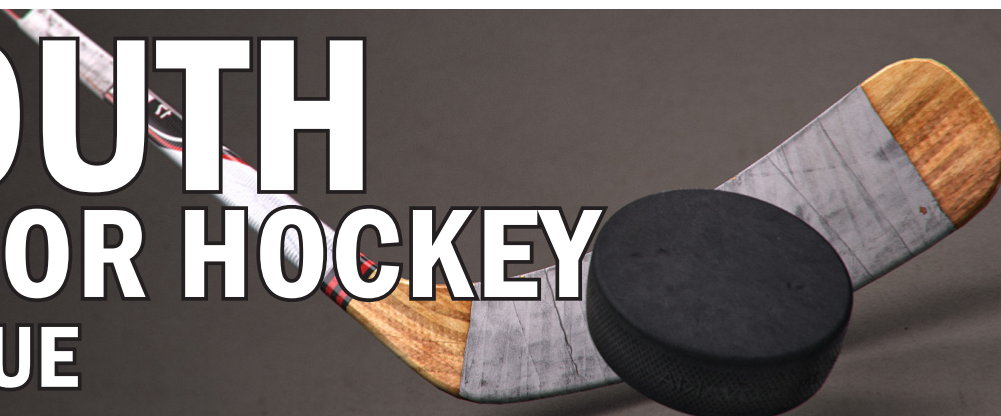
Time: 1-hour morning times (times based on number of teams)

Cost: \$60 R/\$65 NR

Location: Ogden Community Center

NOTE: Teams will be formed by OPR; team requests are not guaranteed. Don't hesitate to sign up, as this program will fill up fast. Please indicate in the notes section of the registration form if you're willing to coach.

YOUTH FLOOR HOCKEY LEAGUE



COMING WINTER 2020!

YOUTH PROGRAMS

Yoga and Mindfulness for Kids

Children learn yoga poses through fun and challenging yoga style games. They will practice simple partner poses, be involved in mindful movement, share circles, breath work and visualization which will teach them how to calm and relax their bodies and release tension. Children work with others, take turns, express themselves creatively, and use their imagination. They will work on mindful activities to help with learning to be present.

Ages: 5 - 10 years

Day: Saturdays

Dates: September 14 – November 2

(no class 10/12 or 10/26)

Time: 9:00 - 10:00am

Cost: \$45 R/\$50 NR

Location: Ogden Community Center

Instructor: Jodi Baker

Babysitters Training

Taught through classroom discussion, instructor lead lecture and supplemented by an interactive video presentation; this 5 hour class for children ages 11 and over, teaches participants the roles and responsibilities of a babysitter including skills in: accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion.

Ages: 11 years and over

Day: Saturday

Date: October 19

Time: 8:00am - 1:00pm

Cost: \$65 R/\$70 NR

Location: Ogden Community Center

Instructor: EPIC Trainings

Note: Each participant should bring a self-addressed stamped envelope to receive their certification card after passing the course.

Home Alone Safety

This class is designed to teach children ages 7-13, who are home alone the importance of behaving responsibly. Topics include, but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child.

Ages: 7 - 13 years

Day: Friday

Date: November 8

Time: 1:00 - 3:00pm

Cost: \$36 R/\$41 NR

Location: Ogden Community Center

Instructor: EPIC Trainings

Note: Each participant should bring a self-addressed stamped envelope to receive their certification card after passing the course.

Ninja Sharks Karate

Some of the most grounded and accomplished people attribute their success to the confidence and skills learned while taking karate at a young age. Our classes are taught by some of the area's most respected instructors, in an environment that's safe, motivational and centered around your success.

Ages: 5 - 8 years

Day: Mondays

Time: 5:00 - 5:45pm

Session 1: September 2 - 30

Session 2: October 7 - 28

Session 3: November 4 - 25

Session 4: December 2 - 30

Cost: \$50 R/\$55 NR per session

Location: Williams Martial Arts

Instructor: Frank Williams



YOUTH/TEEN PROGRAMS



Holiday Science

Not only is the holiday season a time to celebrate, it's also a time for experiments! Gum drops, candy canes, ornaments, and more fill this science program geared around holiday goodies and decorations.

Ages: 6 - 12 years

Day: Tuesday

Date: December 10

Time: 6:00 - 7:00pm

Cost: \$10 R/\$15 NR

Location: Ogden Community Center

Instructor: OPR Team

Note: Please dress for a mess

Kids Night Out

Kids, this is your chance to escape your parents for a few hours and have some fun with your friends. After a pizza dinner, we will have a variety of activities for kids including crafts, games and sports. We will provide a late night snack and a themed movie each evening.

Grades: K - 6

Day: Friday

Session 1: October 25 – Trick or Treat!

Session 2: December 13 – Gaga and Games Galore!

Time: 6:00 - 9:00pm

Cost: \$10 R/\$15 NR per session

Location: Ogden Community Center

Youth Golf

This program is designed to help participants learn and play the game of golf. We will focus on practicing the fundamentals of golf. Each golfer will learn sportsmanship and teamwork.

Ages: 5 - 16 years

Location: Woodlands Driving Range

Instructor: Tom Stanton

Note: Please wear sneakers and bring water. Golf balls are provided. Clubs are available, if needed. Check online for date and time details.

Balloon Twisting Camp

Learn to make the coolest balloon twisting creations! Your instructor Rich The Magic Man who has been balloon twisting for 30 years will help you create balloon sculptures like dogs, cats, dolphins, Spider-Man, sharks, bicycle, rabbits, Elmo, UNICORNS and Fun hats to wear! It will be a unique skill that you can use for a lifetime!

Ages: 5 - 16 years

Day: Saturdays

Dates: December 7 – December 21

Time: 9:00 - 10:15am

Cost: \$70 R/\$75 NR

Location: Ogden Community Center

Instructor: Rich The Magic Man

“Hot” Holiday Hair

Want to look amazing for the Holidays? Learn how to use your hot tools (curling irons and straightening irons) to get those waves, curls and straight hair looks that you have been seeing everywhere! In this class you will learn how to prepare your hair the proper way for the use of hot tools, learn how to use the tools properly for the look you want to create and how to finish the look so it will last through all those Holiday Events.

Ages: 12 years and over

Day: Tuesday

Dates: November 23

Time: 9:30 - 11:00am

Cost: \$15 R/\$20 NR

Location: Ogden Community Center

Instructor: Theresa Milligan, Certified Aromatherapist



RECESS CAMPS

Full Day Recess Camps

Join our Ogden Parks and Recreation team as we engage children with trips, visits, and fun activities during school vacation days. All trips, themed activities, and special visitors are listed below as the theme for the day. Each day includes lunch (please bring a bag lunch and snack daily, unless noted otherwise), gym time, group activities, and crafts. Space is limited; register early.

Ages: Grades K - 6

Time: 7:30am - 5:30pm

Location: Ogden Community Center

Fall Recess Camp – Fall Festival

Friday, October 11 – Stokoe Farms Trip

Monday, October 14 – Kirby’s Farm Market Trip

Wednesday, November 27 – Turkey Day

Fall Recess Days Cost, per day: \$40 R/\$50 NR

Cost for all 3 days: \$105 R/\$135 NR*

*The price will increase to \$120 R/\$150 NR on Friday, October 4

December Recess Camp – Super Mario World Week

Monday, December 23 – Smash Bros. Bash

Thursday, December 26 – The Warrior Factory Trip

Friday, December 27 – RocVentures

Monday, December 30 – Princess Peaches Party

Tuesday, December 31 – The Brick Lab Trip

Thursday, January 2 – Luigi’s Mansion

Friday, January 3 – Bowser’s Kingdom

Cost, per day: \$40 R/\$50 NR

Cost for all 7 days: \$245 R/\$315 NR

*The price will increase to \$280 R/\$350 NR on Monday, December 16



ADULT PROGRAMS

Warriors Karate

We teach adult Karate classes using a diverse array of techniques to accommodate the goals, pace and physical abilities of adults of all ages. Participants will learn: basic karate moves, balance and core stretch, stretching and flexibility, awareness and focus, practical defense techniques and brown and black belt programs.

Ages: 15 years and over

Day: Tuesdays

Time: 7:00 - 8:00pm

Session 1: September 3 - 24

Session 2: October 1 - 29

Session 3: November 5 - 26

Session 4: December 3 - 31

Day: Thursdays

Time: 7:00 - 8:00pm

Session 1: September 5 - 26

Session 2: October 3 - 31

Session 3: November 7 - 21

Session 4: December 5 - 26

Cost: \$90 R/\$95 NR per session

Location: Williams Martial Arts

Instructor: Frank Williams

Note: Two sessions recommended.

Intermediate Pickleball Workshop

This program is designed for intermediate Pickleball players who want to take their game to the next level! Participants will enhance their skills and improve their game by learning how to fix the most common mistakes. The program is structured for a skill level of 3.5 and above.

Ages: 18 years and over

Day: Friday

Dates: November 22

Time: 1:00 - 3:00pm

Cost: \$25 R/\$30 NR

Location: Ogden Community Center

Instructor: Bob Stokes

Note: Bring a paddle if you own one, we have a few to borrow.

Beginner Pickleball Workshop

This program is designed for beginner Pickleball players who want to take their game to the next level! Participants will enhance their skills and improve their game by learning how to fix the most common mistakes. The program is structured for a skill level of 3.5 and below.

Ages: 18 years and over

Day: Friday

Session 1: October 18

Session 2: December 13

Time: 1:00 - 3:00pm

Cost: \$25 R/\$30 NR per session

Location: Ogden Community Center

Instructor: Bob Stokes

Note: Bring a paddle if you own one, we have a few to borrow.

Cardio Kick Boxing

Need to get in shape, increase your stamina and endurance, or strengthen the overall health of your cardiovascular system? Williams Martial Arts offers a series of fun cardio classes to help you shape-up and be the very best version of you. Regardless of whether you've ever taken a Karate class, it's vital to take care of your body's heart and cardiovascular function. Classes are suitable for both beginners and more advanced athletes.

Ages: 18 years and over

Day: Saturdays

Session 1: September 7 - 28

Session 2: October 5 - 26

Session 3: November 2 - 30

Session 4: December 7 - 28

Session 5: January 4 - 25

Time: 9:00 - 10:00am

Cost: \$50 R/\$55 NR per session

Location: Williams Martial Arts

Instructor: Frank Williams



ADULT PROGRAMS

Yoga

Reduce stress, tone muscles, lose weight, gain flexibility, strength, and endurance! This class is offered for beginners to advanced students. No prior yoga experience is necessary. Come and enjoy this great class to relax and invigorate yourself. Moms-to-be can be accommodated as well!

Ages: 16 years and over

Time: 6:30 - 7:45pm

Day: Tuesdays

Session 1: September 10 – October 15

Session 2: October 29 – December 10

(no class 11/26)

Day: Thursdays

Session 1: September 12 – October 17

Session 2: November 7 – December 19 (no class 11/28)

Cost: \$43 R/\$48 NR per session

Location: Pineway Ponds Park, Boetcher Lodge

Instructor: Liberty Lally

Note: Bring a water bottle and a yoga mat.

Women's Drop-In Pickleball

This time slot is just for the ladies. This is recreational play; players make teams on a random basis and play against various levels. Basic skills and game-play knowledge are required. Socialize, develop skills, and have fun! Closings will be announced.

Ages: 18 years and over

Day: Tuesdays and Fridays

Date: September 3 - December 20

Time: 10:00am - 12:00pm

Cost: \$2 R/\$3 NR per visit or \$30 R/\$50 NR for a 20-visit punch card; payment must be made and waiver signed prior to gym entry.

Location: Ogden Community Center

Note: Bring your own labeled paddle.



Mat Pilates

Strengthen and tone your body through Pilates. This total body conditioning workout will increase your flexibility and strength while improving your balance and posture. The class accommodates all skill levels from beginners to advanced.

Ages: 16 years and up

Day: Wednesdays

Time: 6:15 - 7:15pm

Session 1: September 18 - October 23

Session 2: October 30 - December 11

(no class 11/27)

Cost: \$50 R/\$55 NR per session

Location: Ogden Community Center

Instructor: Stephanie Choate

Note: Dress comfortably and bring a mat and water bottle.



Zumba Fitness

When you see a Zumba class in action, you will want to give it a try. These classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you will be getting fit and your energy level will be soaring! It's easy to do, effective, totally exhilarating, and FUN! Class may take place outdoors in warmer temperatures

Ages: 16 years and over

Day: Mondays, Wednesday, & Saturdays (8am-9am)

Date: September 4 - December 28 (closings to be announced)

Time: 6:00 - 7:00pm (Saturdays 8am-9am)

Cost: \$5 per person per class; payable at door

Location: Ogden Community Center

Instructor: Vanessa Ortiz

Note: Payment must be made and waiver signed prior to class. Please have correct change. Bring dry shoes on rainy days.

ADULT PROGRAMS

Strength and Tone

This workout will reshape your body targeting common “trouble spots” while shaping and toning each muscle. Using hand weights and your own body weight as we do a variety of upper and lower body excises. Each class will end with 10 minutes of stretch and cool down. This class is appropriate for all fitness levels. Hand weights will be provided.

Ages: 16 years and over

Mondays

Session 1: September 16 – October 28
(no class 10/14)

Session 2: November 4 – December 16
(no class 11/11)

Wednesdays

Session 1: September 18 - October 23
Session 2: October 30 - December 11
(no class 11/27)

Wednesday Evenings (6:15pm-7:15pm)

Session 1: September 18 - October 23
Session 2: October 30 - December 11
(no class 11/27)

Fridays

Session 1: September 20 - November 1
(no class 10/11)

Time: 9:15 - 10:15am

Cost: \$40 R/\$45 NR per session

Location: Ogden Community Center

Instructor: Stephanie Choate

Online Registration



Adult Group Golf Lessons

Learn to play golf or tune up your skills in a fun, no pressure environment! Every golfer wants to play better and have more fun. This 4-week program is designed to help any golfer (no matter your skill level) play better golf which results in more fun on the course! All skill levels are welcome! More details coming soon!

Ages: 16 years and over

Location: Woodlands Driving Range

Instructor: Tom Stanton

Note: Check online for date and time details.

Open Basketball

All skill levels are welcome for this recreational basketball program. Players rotate through different teams and call their own games. Closings will be announced.

Ages: 18 years and over

Dates: Mondays, September 9 - December 23

Time: 7:00 - 8:30pm

Dates: Saturdays, September 14 – December 21

Time: 9:00 - 10:30am

Cost: \$4 per person, per visit; payment must be made and waiver signed prior to gym entry.

Location: Ogden Community Center

Co-ed Volleyball

Enjoy a night of friendly, fun competition! Knowledge of the game and the ability to bump, set, spike is necessary. Different teams are formed each week. This program fills quickly.

Ages: 18 years and over

Day: Wednesdays

Date: September 18 – December 11 (no program or 11/27)

Time: 7:00 – 9:00pm

Cost: \$54 R/\$59 NR per person

Location: Ogden Community Center

ADULT PROGRAMS

Chair Yoga

Join us for a gentle yoga practice on or behind a chair. Anyone can practice chair yoga but it is geared towards those who have some physical limitations or limited range of motion. It will deepen flexibility and strengthen your muscles. Students will learn poses, breathing techniques, and short meditations. This is a compassionate practice without strain. Please wear sneakers and bring a bottle of water. There is no mat used.

Ages: 18 years and over

Day: Saturdays

Dates: November 9 – December 21
(no class 11/30)

Time: 9:00 - 10:00am

Cost: \$45 R/\$50 NR per session

Location: Ogden Community Center

Instructor: Jodi Baker

Drop-In Pickleball

This is recreational play; skill level 3.5 and below, please. Players will partner up to make teams and rotate in and out of games. Basic skills and game-play knowledge are required. Socialize, develop your skills, and have fun! Closings will be announced.

Ages: 50 years and over

Day: Mondays & Wednesdays

Dates: September 4 - December 18

Time: 10:00am - 12:00pm

Cost: \$2 R/\$3 NR per visit or \$30 R/\$50 NR for a 20-visit punch card; payment must be made and waiver signed prior to gym entry.

Location: Ogden Community Center

Note: Bring your own labeled paddle.

Introduction to Pickleball

This is your chance to learn the sport that is sweeping the nation, Pickleball! Join us in learning the rules, basic strokes, and scoring. Bring a paddle if you own one, we have a few to borrow. This is a popular program, don't miss out!

Ages: 16 years and over

Day: Thursdays

Dates: September 19 - October 10

Time: 6:30 - 7:30pm

Cost: \$28 R/\$33 NR

Location: Ogden Community Center

Instructor: Dave Thomas, USAPA Ambassador

Competitive Drop-In Pickleball

This is advanced, competitive, fast-paced play; all players are required to be 4.0 and higher skill level. Players will partner up (changing partners frequently) to rotate in and out of games. Closings will be announced.

Ages: 18 years and over

Day: Tuesdays & Thursdays

Dates: September 5 - December 19

Time: 1:00 - 3:00pm

Cost: \$2 R/\$3 NR per visit or \$30 R/\$50 NR for a 20-visit punch card; payment must be made and waiver signed prior to gym entry.

Location: Ogden Community Center

Note: Bring your own labeled paddle.



SENIOR PROGRAMS

Weekly Drop-In Programming at the Ogden Community Center 50+ only please; cancellations will be announced.

Pre-registration not required; please sign in and pay where applicable.

Pickleball– Recreational play for skill levels 3.5 and below. Basic skills and game-play knowledge are required; please provide your own paddles.

Mondays and Wednesdays, ongoing program

10:00am - 12:00pm;

\$2 R/\$3 NR per visit or punch card

Bridge– Knowledge of rules and game play are required; once a month a potluck style lunch is served; please bring a dish to pass.

Fridays, ongoing program

12:00 - 3:00pm

Free

See Pages 21-24 for other Adult Programming!

DID YOU KNOW?

The Senior Center Offers Lunch!
(Details Listed Below)



Monday/Wednesday/Friday: A delicious hot lunch is served at 12:00 noon (voluntary contribution of \$3.50), and days are filled from 9:00am-3:00pm with cards, board games, exercise, speakers, BINGO, euchre, and classes.

Tuesday/Thursday: Bring lunch and enjoy card games at 11:30am.

The Ogden Senior Center (OSC) is located at 200 South Union Street in Spencerport. This gorgeous, home-like setting is owned and maintained by SAHARO (a 501(c)3 foundation). The Ogden Senior Citizens are a vibrant, active group of over-60's that enjoy a busy and exciting schedule. OSC sponsors free instructional programs on nutrition, safe driving, diabetes control, tax preparation, and many other topics of interest. An Eldersource Care Manager is available on-site twice a month, and Medical Motors pick up is available in the Ogden area.

The Ogden Senior Center is a fun, friendly place to meet new friends and visit with long-time acquaintances. Call 352-3250 for more information or check out our monthly calendar at www.ogdenny.com/QualityofLife/OgdenSeniorCenter.

PRESCHOOL PROGRAMS



Little Red Schoolhouse

416 Washington Street,
Adams Basin
lrschool@ogdenny.com
585-352-2119



Ogden Community Center

269 Ogden Center Road,
Spencerport
occpreschool@ogdenny.com
585-617-6173



Two's Preschool at LRS and OCC

416 Washington Street
269 Ogden Center Road
twospreschool@ogdenny.com
585-617-6174



Please call for program availability. Registration packets may be downloaded and printed from our website or picked up at the OPRD Office. For times/fees/more information, visit www.ogdenparksandrec.com

2-year Olds...Your 2-year old will explore a classroom of toys and other play opportunities as they enjoy being with other children in a warm, guided environment. They will be introduced to experiences such as painting, beginning scissor activities, play dough, and water play to name a few. Children learn basic group games, songs, and finger plays as they interact with their classmates and teachers. Our curriculum presents such themes as Nursery Rhymes, Transportation, Seasons, and Holidays. They will enjoy a snack and a story each day. Children will participate in occasional field trips.

3-year Olds...Our 3-year olds will enjoy a socialization time learning how to make friends, share, and "use their words" in interactions. The children are introduced to recognizing their names, shapes, colors, numbers and counting, and the alphabet. The children participate in songs, fingerplays, flannel board, games, and stories each day. Routines are established through guided play and circle-time activities. A theme-related project is planned for each class. Children will participate in field trips.

4 & 5-year Olds...Readiness for kindergarten is the main goal of this program as we focus on preschool skills, independence, and communication. It is our hope that the children in our class will enjoy being a part of a class where they will make new friends, be able to experience new activities, and learn about our world through our curriculum themes. The children will strengthen their cognitive and fine motor skills; including: alphabet letters, numbers and counting, cutting and gluing, writing/recognizing names, and learning addresses and phone numbers. We also provide opportunities for large motor activities, music, projects, stories, and free play as we practice listening and cooperation. Children will participate in field trips

BEFORE AND AFTER SCHOOL

Grades: (current) Kindergarten - 6th Grade*

(*6th Grade is Morning Care Only)

Hours of Operation:

Morning Care - 6:30am until Bus Arrival

Afternoon Care - 3:30pm until 6:00pm

Transportation provided to and from

Spencerport School District only.

2019 - 20 Monthly Fees

AM or PM: \$160 first child
\$135 add'l child

AM and PM: \$270 first child
\$245 add'l child

A \$30 fee per family applies to non-residents, each school year

Breakfast Program

\$32 per month; Choices change regularly!




In this popular program, your child will participate in a variety of recreational programming. Our morning program offers use of our full-size gymnasium, a variety of activity centers, homework and breakfast areas. Breakfast can be provided for a small fee when you join our Breakfast Club. During our after-school program, a snack and a drink are provided to your child. In addition, we offer an arts and crafts program, a quiet space, and full use of the gymnasium. Registration options available for both AM and PM program, as well as AM or PM program.

Program Openings are limited; please contact us for most up-to-date status. Registration packets can be downloaded and printed from our website or picked up at the Office. For more information, please visit www.ogdenparksandrec.com

FACILITY RENTALS

Are you looking for that wonderful and affordable place to have your party, family gathering, or group meeting? We have a full-size gymnasium and a multipurpose room that may be rented out for your next event!


(*Please note: Some activities require proof of insurance.*)



Gymnasium

Residents
\$50 First Hour
\$40 Each Additional Hour

Non-Residents
\$65 First Hour
\$55 Each Additional Hour



DID YOU KNOW ?

KNOW ■

YOU CAN RENT OUR PARTY BIN!

Rent our party bin for use in the gymnasium. Bin includes basketballs, soccer balls, footballs, and more equipment to make your party rock!

Multi-purpose Room

Residents
\$30 First Hour
\$25 Each Additional Hour

Non-Residents
\$40 First Hour
\$35 Each Additional Hour

FITNESS CENTER

Are you looking for a great workout at an affordable price? Tired of packed fitness centers and waiting in line to use a machine? Our fitness center consists of a 6-station, 12-exercise weight training circuit that will work every major muscle group. Cardio equipment includes: ellipticals, recumbent bike, and treadmills. We also have trained staff that will demonstrate the proper use of each piece of equipment!

Membership Options

(16 yrs. and older)

Daily: \$5 R/\$7 NR

1 month: \$30 R/\$40 NR

3 Months: \$55 R/\$65 NR

6 Months: \$75 R/\$85 NR

1 Year: \$120 R/\$130 NR

Membership freeze (up to 1 month): \$15 R/\$20 NR

Closed most holidays

Fitness Center may close early if there are no patrons 30 minutes prior to closing.

HOURS *(subject to change)*

September

Monday-Thursday: 8:00am-8:00pm

Friday: 8:00am-4:00pm

Saturday: 8:00am-10:30am

Sunday: Closed

October-December

Monday-Thursday: 8:00am-9:00pm

Friday: 8:00am-4:00pm

Saturday: 8:00am-12:00pm

Sunday: Closed



Town of Ogden Parks and Recreation
269 Ogden Center Road
Spencerport, NY 14559
(585) 617-6174



Fitness Center Registration Form

- Once Form and Payment are received, you may begin using the Fitness Center
- Fitness Center is for those ages 16 and over. Persons under 16 years of age are not allowed.
 - Registered members must sign in/out during each visit.
- Proper exercise attire, including sneakers, is to be worn at all times while in the Fitness Center.
 - If orientation with the equipment is needed, please let us know.
 - Seasonal hours will be posted.
 - Memberships can be frozen (for up to 1 month fees apply.)

Online Registration available at www.ogdenparksandrec.com

Please make checks payable to: Town of Ogden

Mail Payments to Ogden Parks & Recreation, 269 Ogden Center Road, Spencerport, NY 14559

| | | |
|---------------------------------------------------------|-------|------------------------------------------------------------------------------------------|
| Registrant's Name: | | Birthdate: |
| Are you renewing your membership? Yes No | | If yes indicate any changes to the information in sections below & on reverse |
| Address: | City: | Zip: |
| Email (Home): | | Phone: |

IN CASE OF EMERGENCY, PLEASE NOTIFY...

| | | |
|----------------|-------|--------|
| Name: | | Phone: |
| Address: | City: | Zip: |
| Doctor: | | Phone: |
| Address: | City: | Zip: |

Waiver must be read and signed before registration is accepted. I assume all risks and hazards incidental to the conduct of the Ogden Fitness Center and to hereby further release and hold harmless the Town of Ogden & Town of Ogden Parks and Recreation staff. I give permission to a licensed physician or hospital staff to administer emergency medical care deemed necessary for myself when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Ogden does not provide insurance coverage. I understand refunds are not given for this program, unless a doctor's note is provided.

Registrant Signature *Date*
 (If Registrant is Under 18, Parent or Guardian Must Sign)



Participation Authorization & Release
269 Ogden Center Road
Spencerport, NY 14559
(585) 617-6174



We advise that if you have any physical ailment, are taking medication or are otherwise not in excellent physical condition suitable for strenuous activity, your participation may be injurious to you. The following questions are designed to alert you to factors, which may place you at risk from strenuous exercise. They do not include all physical risks.

If you answer “YES” to any question below, you must consult with your physician.

Y N

- Has a physician ever said you have heart trouble?
- Do you often feel faint or have spells of severe dizziness?
- Are you over age 50 and not accustomed to vigorous exercise?
- Have you had surgery in the past 3 months?
- Are you overweight (more than 20 pounds)?
- Do you have a history of lung problems?
- Do you frequently have pains in your heart or chest?
- Has a physician ever said your blood pressure was too high?
- Have you ever been advised not to exercise?
- Are you now or have you been pregnant in the past 3 months?
- Do you have a smoking habit now or within the past year?
- Do you have either high blood cholesterol and/or triglyceride levels?
- Is there any good physical reason not mentioned here why you should not follow an activity program?

These questions are designed to help you. Please seriously consider whether any other problem, condition or medication suggests that you should seek medical advice before participating in the exercise program.

I have read all of the above and I do not need to consult my physician further.

Please Initial: _____

PARKS

The Town of Ogden is filled with wonderful passive and active opportunities through our many different parks. We encourage you to visit and see what we can offer you!

***All of our Parks and Open Space lands are Smoke Free!**
A permit/insurance may be required for usage of a court/field/open space.



Water's Edge Drive



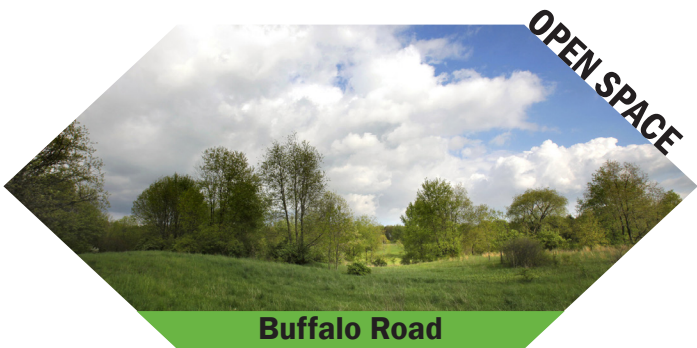
Canal Road



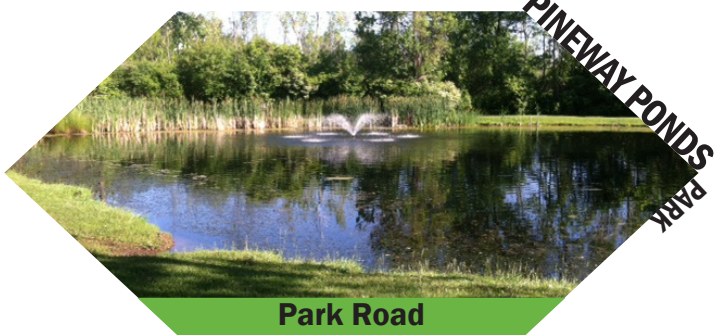
Union Street



Big Ridge Road



Buffalo Road



Park Road



LODGES

Boetcher

Available year-round

Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and grills.

Seating capacity is 96

\$195 R/\$235 NR

\$15 add't. rate 11/1-4/30



Owens

Available year-round

Amenities include: heat, electric, refrigerator, stove, microwave, water, bathroom, and outdoor grills.

Seating capacity is 60

\$135 R/\$165 NR

\$15 add't. rate 11/1-4/30



Canal Days

Available May-October

Amenities include: electric, refrigerator, stove, microwave, and outdoor grills.

Seating capacity is 50

\$110 R/\$135 NR



Gravelle

Available May-October

Amenities include: electric, refrigerator, stove, microwave, outdoor grills.

Seating capacity is 60

\$110 R/\$135 NR



Rent a lodge for your family gathering, birthday party, baptism, wedding reception, school reunion, or just because!

Residents (R) may reserve lodges up to 1 year in advance.

Non-Residents (NR) may reserve lodges up to 6 months in advance.

Call our office at 585-617-6174 to find out lodge availability. Lodge reservations are accepted in house or via usps, reservations are not accepted online or over the phone.

Please note: All prices below are through April, 2020.

TRAILS IN THE OGDEN AREA



**Pineway Ponds Walking Trail,
Pineway Ponds Park**



**Rose Turner Park Trail,
Big Ridge Road**



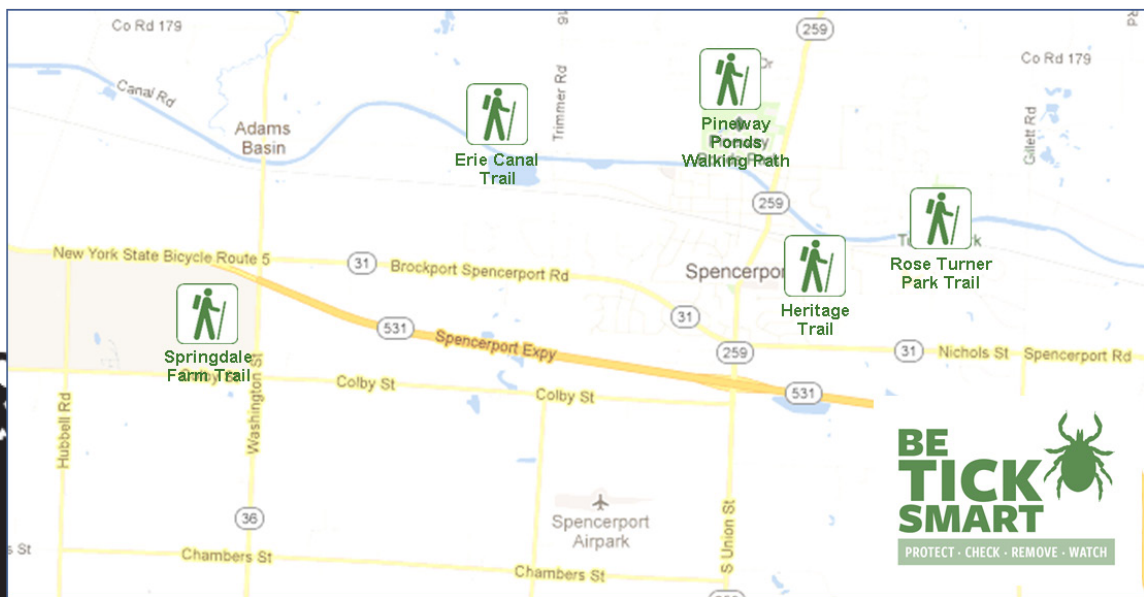
**Northampton Park Creek Trail,
304 Salmon Creek Road**



**Springdale Farm Trail,
700 Colby Street**



**Heritage Trail,
Waters Edge Drive**



Ogden Parks and Recreation Calendar



Pizza and
Pickleball

**September
14th!**



Pineway Ponds
5k

**September
28th!**



Townwide
Garage Sale

**October
19th!**



Town
Trick or Treat

**October
26th!**



Chili
Cookoff

**November
23rd!**



Dinner with
Santa

**December
6th!**



**Online Registration
now available at
ogdenparksandrec.com**

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- Click "New Account"
- Fill out account information
- Sign up for programs online!



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2019 AT A GLANCE



